

British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 1 Women 18-24 1500 LC Meter Freestyle****Championship: 17:31.94 C 2006 Philippa Davies**

Name	Age	Team	Seed Time	Finals Time	Points
1 Alex Christie	24	READING-	22:50.00	22:49.04	
37.49	1:20.11 (42.62)	2:04.84 (44.73)	2:50.08 (45.24)		
3:35.98 (45.90)	4:22.05 (46.07)	5:07.49 (45.44)	5:54.27 (46.78)		
6:39.70 (45.43)	7:25.63 (45.93)	8:12.09 (46.46)	8:58.62 (46.53)		
9:45.42 (46.80)	10:32.87 (47.45)	11:19.02 (46.15)	12:06.42 (47.40)		
12:52.10 (45.68)	13:38.89 (46.79)	14:24.44 (45.55)	15:10.69 (46.25)		
15:56.98 (46.29)	16:43.48 (46.50)	17:29.75 (46.27)	18:15.71 (45.96)		
19:01.76 (46.05)	19:48.72 (46.96)	20:34.68 (45.96)	21:20.40 (45.72)		
22:05.65 (45.25)	22:49.04 (43.39)				

Event 1 Women 30-34 1500 LC Meter Freestyle**Championship: 18:55.62 C 2005 Nicola Latty**

1 Kay Hamilton	34	ROMFORD TOWN-	20:15.48	20:27.16	
34.63		1:53.52 ()			
3:14.53 ()	3:55.06 (40.53)	4:35.40 (40.34)	5:16.31 (40.91)		
5:57.04 (40.73)	6:38.02 (40.98)	7:18.81 (40.79)	7:59.72 (40.91)		
8:40.83 (41.11)	9:22.09 (41.26)	10:03.62 (41.53)	10:45.17 (41.55)		
11:26.94 (41.77)	12:08.73 (41.79)	12:50.25 (41.52)	13:32.08 (41.83)		
14:13.74 (41.66)	14:55.86 (42.12)	15:38.07 (42.21)	16:19.97 (41.90)		
17:01.89 (41.92)	17:43.87 (41.98)	18:25.50 (41.63)	19:07.05 (41.55)		
19:47.94 (40.89)	20:27.16 (39.22)				
2 Emma Davies	33	LONG EATON SC-	21:30.00	20:57.81	
35.75	1:15.62 (39.87)	1:56.24 (40.62)	2:37.00 (40.76)		
3:17.92 (40.92)	3:58.81 (40.89)	4:40.13 (41.32)	5:21.82 (41.69)		
6:03.80 (41.98)	6:45.87 (42.07)	7:27.97 (42.10)	8:10.47 (42.50)		
8:53.01 (42.54)	9:35.64 (42.63)	10:18.15 (42.51)	11:00.74 (42.59)		
11:43.43 (42.69)	12:25.96 (42.53)	13:09.44 (43.48)	13:51.94 (42.50)		
14:34.62 (42.68)	15:17.16 (42.54)	16:00.20 (43.04)	16:42.72 (42.52)		
17:26.14 (43.42)	18:08.82 (42.68)	18:51.59 (42.77)	19:34.47 (42.88)		
20:16.59 (42.12)	20:57.81 (41.22)				
3 Lucy Ogilvie	32	CAMDEN SWISS COTTAGE S.C.-	21:30.00	21:51.67	
36.45	1:16.84 (40.39)	1:58.66 (41.82)	2:41.08 (42.42)		
3:24.34 (43.26)	4:08.08 (43.74)	4:52.25 (44.17)	5:36.38 (44.13)		
6:20.72 (44.34)	7:04.72 (44.00)	7:49.02 (44.30)	8:33.63 (44.61)		
9:18.08 (44.45)	10:02.71 (44.63)	10:47.05 (44.34)	11:31.45 (44.40)		
12:16.22 (44.77)	13:00.76 (44.54)	13:45.51 (44.75)	14:29.87 (44.36)		
15:14.53 (44.66)	15:59.24 (44.71)	16:43.99 (44.75)	17:28.99 (45.00)		
18:13.46 (44.47)	18:58.26 (44.80)	19:41.97 (43.71)	20:25.92 (43.95)		
21:08.89 (42.97)	21:51.67 (42.78)				

Event 1 Women 40-44 1500 LC Meter Freestyle**Championship: 18:15.98 C 2004 Nuala Muir-Cochr**

1 Lucy Roper	40	READING-	24:00.00	23:57.53	
42.28	1:28.46 (46.18)	2:14.91 (46.45)	3:01.92 (47.01)		
3:48.96 (47.04)	4:36.39 (47.43)	5:24.01 (47.62)	6:12.17 (48.16)		
7:00.91 (48.74)	7:49.79 (48.88)	8:37.92 (48.13)	9:26.63 (48.71)		
10:14.89 (48.26)	11:03.17 (48.28)	11:51.12 (47.95)	12:39.32 (48.20)		
13:27.76 (48.44)	14:16.02 (48.26)	15:04.17 (48.15)	15:52.91 (48.74)		
16:41.44 (48.53)	17:30.77 (49.33)	18:19.07 (48.30)	19:08.54 (49.47)		
19:56.87 (48.33)	20:46.22 (49.35)	21:34.63 (48.41)	22:23.59 (48.96)		
23:11.41 (47.82)	23:57.53 (46.12)				



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2	Geertje Van Keulen	43	WELSH WANDERERS-	24:00.00	24:23.53
	40.21	1:25.84 (45.63)	2:13.34 (47.50)	3:01.49 (48.15)	
	3:50.08 (48.59)	4:38.39 (48.31)	5:27.24 (48.85)	6:15.98 (48.74)	
	7:04.98 (49.00)	7:53.78 (48.80)	8:43.18 (49.40)	9:32.71 (49.53)	
	10:22.20 (49.49)	11:11.37 (49.17)	12:01.31 (49.94)	12:50.84 (49.53)	
	13:40.58 (49.74)	14:30.46 (49.88)	15:19.69 (49.23)	16:09.91 (50.22)	
	16:59.33 (49.42)	17:48.83 (49.50)	18:38.12 (49.29)	19:27.40 (49.28)	
	20:16.80 (49.40)	21:06.94 (50.14)	21:56.71 (49.77)	22:46.60 (49.89)	
	23:35.14 (48.54)	24:23.53 (48.39)			

Event 1 Women 45-49 1500 LC Meter Freestyle

Championship: 20:08.52		C	17/03/2012	Nuala Muir-Cochrane	Camden Swiss
1	Nuala Muir-Cochrane	48	CAMDEN SWISS COTTAGE S.C.-	23:30.12	20:08.52 C
	35.98	1:15.37 (39.39)	1:56.06 (40.69)	2:36.22 (40.16)	
	3:16.24 (40.02)	3:56.45 (40.21)	4:36.73 (40.28)	5:17.24 (40.51)	
	5:57.51 (40.27)	6:37.69 (40.18)	7:17.95 (40.26)	7:58.49 (40.54)	
	8:39.13 (40.64)	9:19.64 (40.51)	10:00.37 (40.73)	10:41.06 (40.69)	
	11:21.93 (40.87)	12:02.47 (40.54)	12:43.23 (40.76)	13:23.84 (40.61)	
	14:04.26 (40.42)	14:45.12 (40.86)	15:26.14 (41.02)	16:06.64 (40.50)	
	16:47.49 (40.85)	17:28.18 (40.69)	18:09.16 (40.98)	18:50.02 (40.86)	
	19:29.95 (39.93)	20:08.52 (38.57)			
2	Sonja Haglund	46	KUNGSBACKA SIMSALLSKAP-	25:00.00	24:27.31
	41.76	1:27.90 (46.14)	2:15.25 (47.35)	3:04.33 (49.08)	
	3:53.72 (49.39)	4:42.60 (48.88)	5:31.63 (49.03)	6:20.66 (49.03)	
	7:09.47 (48.81)	7:58.22 (48.75)	8:47.92 (49.70)	9:37.55 (49.63)	
	10:27.06 (49.51)	11:16.85 (49.79)	12:06.65 (49.80)	12:55.94 (49.29)	
	13:45.18 (49.24)	14:34.71 (49.53)	15:23.86 (49.15)	16:13.14 (49.28)	
	17:02.38 (49.24)	17:51.99 (49.61)	18:41.21 (49.22)	19:31.13 (49.92)	
	20:20.87 (49.74)	21:10.66 (49.79)	22:00.96 (50.30)	22:51.27 (50.31)	
	23:40.28 (49.01)	24:27.31 (47.03)			

Event 1 Women 50-54 1500 LC Meter Freestyle

Championship: 20:53.94		C	2010	Stel Farrar	
1	Stella Farrar	53	ARFON MASTERS-	21:55.03	21:19.55
	38.13	1:20.08 (41.95)	2:02.42 (42.34)	2:44.58 (42.16)	
	3:26.74 (42.16)	4:09.43 (42.69)	4:52.37 (42.94)	5:35.26 (42.89)	
	6:18.66 (43.40)	7:01.84 (43.18)	7:44.79 (42.95)	8:27.97 (43.18)	
	9:11.01 (43.04)	9:54.08 (43.07)	10:37.13 (43.05)	11:20.25 (43.12)	
	12:03.10 (42.85)	12:46.19 (43.09)	13:28.79 (42.60)	14:11.97 (43.18)	
	14:54.60 (42.63)	15:37.62 (43.02)	16:20.39 (42.77)	17:03.63 (43.24)	
	17:46.70 (43.07)	18:29.30 (42.60)	19:12.72 (43.42)	19:55.82 (43.10)	
	20:38.02 (42.20)	21:19.55 (41.53)			
2	Maggie Smith	54	CITY OF OXFORD-	24:00.00	21:59.70
	40.19	1:23.62 (43.43)	2:07.71 (44.09)	2:51.72 (44.01)	
	3:35.89 (44.17)	4:19.80 (43.91)	5:04.14 (44.34)	5:48.81 (44.67)	
	6:32.99 (44.18)	7:17.00 (44.01)	8:00.92 (43.92)	8:45.23 (44.31)	
	9:29.51 (44.28)	10:14.35 (44.84)	10:58.55 (44.20)	11:42.98 (44.43)	
	12:27.01 (44.03)	13:11.38 (44.37)	13:55.30 (43.92)	14:39.79 (44.49)	
	15:23.59 (43.80)	16:07.86 (44.27)	16:52.15 (44.29)	17:36.72 (44.57)	
	18:20.93 (44.21)	19:05.59 (44.66)	19:49.59 (44.00)	20:34.02 (44.43)	
	21:17.95 (43.93)	21:59.70 (41.75)			



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3	Lesley Cook	54	OTTERS SWIMMING CLUB-	24:30.00	22:36.21
	39.73	1:23.79 (44.06)	2:08.69 (44.90)	2:54.35 (45.66)	
	3:40.19 (45.84)	4:25.97 (45.78)	5:11.78 (45.81)	5:57.86 (46.08)	
	6:43.41 (45.55)	7:29.02 (45.61)	8:14.43 (45.41)	9:00.27 (45.84)	
	9:45.22 (44.95)	10:31.45 (46.23)	11:16.82 (45.37)	12:02.55 (45.73)	
	12:48.45 (45.90)	13:34.38 (45.93)	14:19.73 (45.35)	15:05.57 (45.84)	
	15:51.55 (45.98)	16:37.56 (46.01)	17:22.71 (45.15)	18:07.96 (45.25)	
	18:53.60 (45.64)	19:39.03 (45.43)	20:23.88 (44.85)	21:09.04 (45.16)	
	21:53.43 (44.39)	22:36.21 (42.78)			
4	Catherine Hartle	54	SPENCER SWIM TEAM-	22:57.00	23:01.91
	41.67	1:26.85 (45.18)	2:12.18 (45.33)	2:57.46 (45.28)	
	3:42.48 (45.02)	4:26.91 (44.43)	5:11.84 (44.93)	5:56.72 (44.88)	
	6:42.08 (45.36)	7:27.39 (45.31)	8:13.16 (45.77)	8:59.15 (45.99)	
	9:45.17 (46.02)	10:31.21 (46.04)	11:17.25 (46.04)	12:03.26 (46.01)	
	12:49.15 (45.89)	13:35.32 (46.17)	14:22.09 (46.77)	15:08.84 (46.75)	
	15:56.00 (47.16)	16:42.85 (46.85)	17:30.08 (47.23)	18:16.99 (46.91)	
	19:04.29 (47.30)	19:51.67 (47.38)	20:39.83 (48.16)	21:27.60 (47.77)	
	22:15.05 (47.45)	23:01.91 (46.86)			
5	Carolyn Fox	51	READING-	22:50.00	23:10.77
	39.70	1:24.65 (44.95)	2:10.96 (46.31)		
	3:44.22 ()		5:17.00 ()		
	6:50.42 ()		8:24.01 ()		
	9:58.24 ()	10:45.25 (47.01)	11:32.06 (46.81)		
	13:06.78 ()		14:39.94 ()		
	16:12.73 ()		17:45.62 ()		
	19:19.44 ()		20:52.88 ()		
	22:25.20 ()	23:10.77 (45.57)			
6	Delia Keen	51	CARMARTHESHIRE MASTERS	30:01.75	32:43.53
	53.46	1:53.93 (1:00.47)	2:55.17 (1:01.24)	3:57.86 (1:02.69)	
	5:01.39 (1:03.53)	6:06.99 (1:05.60)	7:12.45 (1:05.46)	8:18.26 (1:05.81)	
	9:23.73 (1:05.47)	10:28.87 (1:05.14)	11:35.24 (1:06.37)	12:40.94 (1:05.70)	
	13:46.01 (1:05.07)	14:52.69 (1:06.68)	15:59.30 (1:06.61)	17:06.21 (1:06.91)	
	18:12.91 (1:06.70)	19:19.19 (1:06.28)	20:26.36 (1:07.17)	21:33.60 (1:07.24)	
	22:39.95 (1:06.35)	23:47.45 (1:07.50)	24:54.23 (1:06.78)	26:01.16 (1:06.93)	
	27:09.60 (1:08.44)	28:17.39 (1:07.79)	29:24.54 (1:07.15)	30:32.03 (1:07.49)	
	31:39.56 (1:07.53)	32:43.53 (1:03.97)			
7	Gill Miles	52	BRISTOL HENLEAZE-	35:00.00	33:23.66
	55.86		3:01.05 ()		
	5:10.43 ()		7:21.52 ()		
	9:35.14 ()		11:47.56 ()		
	14:02.02 ()		16:15.80 ()		
	18:31.05 ()		20:46.86 ()		
	23:06.07 ()		25:23.98 ()		
	27:43.52 ()		30:00.64 ()	31:08.48 (1:07.84)	
	32:18.49 (1:10.01)	33:23.66 (1:05.17)			



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 1 Women 55-59 1500 LC Meter Freestyle**

Championship: 21:27.92 C 17/03/2012		Anne Bourne		Camphill Ed	
1	Anne Bourne	58	CAMPHILL EDWARDIANS-	21:18.31	21:27.92 C
	38.23	1:20.60 (42.37)	2:04.51 (43.91)	2:48.13 (43.62)	
	3:31.97 (43.84)	4:15.84 (43.87)	4:59.36 (43.52)	5:43.14 (43.78)	
	6:26.94 (43.80)	7:10.45 (43.51)	7:53.76 (43.31)	8:37.25 (43.49)	
	9:20.17 (42.92)	10:03.26 (43.09)	10:46.12 (42.86)	11:29.10 (42.98)	
	12:11.61 (42.51)	12:54.43 (42.82)	13:36.85 (42.42)	14:19.59 (42.74)	
	15:02.18 (42.59)	15:45.02 (42.84)	16:27.89 (42.87)	17:11.34 (43.45)	
	17:54.31 (42.97)	18:37.91 (43.60)	19:21.13 (43.22)	20:04.72 (43.59)	
	20:46.93 (42.21)	21:27.92 (40.99)			
2	Beverley Best	57	PONTYPOOL SC-	30:36.00	28:08.46
	51.91	1:47.25 (55.34)	2:44.34 (57.09)	3:42.00 (57.66)	
	4:38.24 (56.24)	5:35.20 (56.96)	6:31.55 (56.35)	7:28.79 (57.24)	
	8:25.16 (56.37)	9:21.57 (56.41)	10:17.60 (56.03)	11:14.46 (56.86)	
	12:10.68 (56.22)	13:07.91 (57.23)	14:04.68 (56.77)	15:01.41 (56.73)	
	15:57.78 (56.37)	16:54.79 (57.01)	17:51.33 (56.54)	18:47.83 (56.50)	
	19:43.95 (56.12)	20:40.37 (56.42)	21:37.37 (57.00)	22:34.19 (56.82)	
	23:30.82 (56.63)	24:27.43 (56.61)	25:24.74 (57.31)	26:22.53 (57.79)	
	27:16.34 (53.81)	28:08.46 (52.12)			
3	Lorraine Crook	58	CALDICOT-	30:12.89	31:12.49
	53.82	1:53.07 (59.25)	2:54.13 (1:01.06)	3:55.31 (1:01.18)	
	4:58.19 (1:02.88)	6:00.30 (1:02.11)	7:03.61 (1:03.31)	8:06.27 (1:02.66)	
	9:08.97 (1:02.70)	10:12.93 (1:03.96)	11:16.09 (1:03.16)	12:19.17 (1:03.08)	
	13:22.06 (1:02.89)	14:24.68 (1:02.62)	15:27.27 (1:02.59)	16:29.79 (1:02.52)	
	17:32.56 (1:02.77)	18:35.15 (1:02.59)	19:37.51 (1:02.36)	20:40.70 (1:03.19)	
	21:43.42 (1:02.72)	22:47.12 (1:03.70)	23:50.29 (1:03.17)	24:54.11 (1:03.82)	
	25:58.69 (1:04.58)	27:02.55 (1:03.86)	28:06.60 (1:04.05)	29:09.84 (1:03.24)	
	30:12.65 (1:02.81)	31:12.49 (59.84)			

Event 1 Women 60-64 1500 LC Meter Freestyle

Championship: 22:10.65 C 17/03/2012		Susan Haigh		Tiverton	
1	Susan Haigh	60	TIVERTON-	22:30.00	22:10.65 C
	38.82	1:21.67 (42.85)	2:05.87 (44.20)	2:49.93 (44.06)	
	3:34.76 (44.83)	4:19.44 (44.68)	5:04.04 (44.60)	5:48.26 (44.22)	
	6:33.18 (44.92)	7:17.82 (44.64)	8:03.05 (45.23)	8:48.05 (45.00)	
	9:33.01 (44.96)	10:17.79 (44.78)	11:03.06 (45.27)	11:47.90 (44.84)	
	12:32.83 (44.93)	13:17.66 (44.83)	14:02.53 (44.87)	14:47.07 (44.54)	
	15:31.93 (44.86)	16:16.45 (44.52)	17:01.19 (44.74)	17:45.78 (44.59)	
	18:30.63 (44.85)	19:15.22 (44.59)	20:00.56 (45.34)	20:45.21 (44.65)	
	21:29.54 (44.33)	22:10.65 (41.11)			
2	Karen Bellas	60	CAMDEN SWISS COTTAGE S.C.-	23:28.53	24:20.34
	42.43	1:29.19 (46.76)	2:16.76 (47.57)	3:04.99 (48.23)	
	3:53.45 (48.46)	4:42.17 (48.72)	5:30.85 (48.68)	6:19.67 (48.82)	
	7:08.15 (48.48)	7:56.79 (48.64)	8:45.39 (48.60)	9:34.65 (49.26)	
	10:23.98 (49.33)	11:13.29 (49.31)	12:02.31 (49.02)	12:51.82 (49.51)	
	13:41.41 (49.59)	14:31.24 (49.83)	15:20.49 (49.25)	16:09.30 (48.81)	
	16:58.70 (49.40)	17:47.85 (49.15)	18:36.96 (49.11)	19:26.07 (49.11)	
	20:15.15 (49.08)	21:04.47 (49.32)	21:54.00 (49.53)	22:43.01 (49.01)	
	23:31.89 (48.88)	24:20.34 (48.45)			



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3	Jane Leslie	63	BUDE SHARKS-	25:15.00	25:45.22
	43.50	1:31.22 (47.72)	2:21.37 (50.15)	3:12.68 (51.31)	
	4:03.67 (50.99)	4:55.12 (51.45)	5:46.82 (51.70)	6:39.03 (52.21)	
	7:31.28 (52.25)	8:23.43 (52.15)	9:15.07 (51.64)	10:07.07 (52.00)	
	10:58.57 (51.50)	11:51.05 (52.48)	12:42.86 (51.81)	13:34.71 (51.85)	
	14:26.73 (52.02)	15:18.92 (52.19)	16:11.32 (52.40)	17:03.92 (52.60)	
	17:56.07 (52.15)	18:47.93 (51.86)	19:40.60 (52.67)	20:33.33 (52.73)	
	21:26.24 (52.91)	22:19.37 (53.13)	23:11.92 (52.55)	24:04.73 (52.81)	
	24:56.26 (51.53)	25:45.22 (48.96)			

Event 1 Women 65-69 1500 LC Meter Freestyle

Championship: 25:44.61		C	17/03/2012	Rose Dudeny	MS Marlins
1	Rose Dudeny	65	MID SUSSEX MARLINS-	25:39.00	25:44.61 C
	46.29	1:37.15 (50.86)	2:28.66 (51.51)	3:20.35 (51.69)	
	4:12.77 (52.42)	5:04.85 (52.08)	5:57.00 (52.15)	6:48.97 (51.97)	
	7:41.03 (52.06)	8:32.78 (51.75)	9:25.15 (52.37)	10:17.19 (52.04)	
	11:09.00 (51.81)	12:01.27 (52.27)	12:52.73 (51.46)	13:44.36 (51.63)	
	14:36.42 (52.06)	15:28.30 (51.88)	16:20.41 (52.11)	17:12.26 (51.85)	
	18:04.47 (52.21)	18:56.89 (52.42)	19:49.28 (52.39)	20:41.13 (51.85)	
	21:32.46 (51.33)	22:24.61 (52.15)	23:16.36 (51.75)	24:07.74 (51.38)	
	24:57.72 (49.98)	25:44.61 (46.89)			

Event 1 Women 75-79 1500 LC Meter Freestyle

Championship: 24:41.76		C	2006	Jane Asher	
1	Ann Humphris	75	BARNSTAPLE-	37:00.00	38:14.51
	1:06.28	2:21.11 (1:14.83)	3:36.08 (1:14.97)		
	6:09.47 ()	7:27.19 (1:17.72)	8:43.15 (1:15.96)	9:59.28 (1:16.13)	
	11:17.22 (1:17.94)	12:31.59 (1:14.37)	13:47.80 (1:16.21)	15:03.62 (1:15.82)	
	16:20.81 (1:17.19)		18:55.97 ()	20:12.94 (1:16.97)	
	21:29.94 (1:17.00)		24:04.75 ()	25:21.05 (1:16.30)	
	26:39.04 (1:17.99)	27:57.09 (1:18.05)	29:17.32 (1:20.23)	30:32.78 (1:15.46)	
	31:50.66 (1:17.88)		34:24.09 ()	35:40.72 (1:16.63)	
	36:58.66 (1:17.94)	38:14.51 (1:15.85)			

Event 1 Men 18-24 1500 LC Meter Freestyle

Championship: 17:03.92		C	17/03/2012	Craig Nelson	Swansea Perf
1	Craig Nelson	22	SWANSEA PERFORMANCE CENT	16:40.81	17:03.92 C
	30.48	1:03.90 (33.42)	1:38.64 (34.74)	2:12.91 (34.27)	
	2:47.15 (34.24)	3:21.30 (34.15)	3:56.15 (34.85)	4:30.79 (34.64)	
	5:05.76 (34.97)	5:39.27 (33.51)	6:12.64 (33.37)	6:46.37 (33.73)	
	7:20.65 (34.28)	7:54.39 (33.74)	8:28.81 (34.42)	9:02.62 (33.81)	
	9:38.03 (35.41)	10:12.40 (34.37)	10:46.98 (34.58)	11:21.41 (34.43)	
	11:56.56 (35.15)	12:31.04 (34.48)	13:05.03 (33.99)	13:39.97 (34.94)	
	14:14.79 (34.82)	14:49.10 (34.31)	15:23.88 (34.78)	15:58.37 (34.49)	
	16:32.72 (34.35)	17:03.92 (31.20)			
2	Kieran Mackenzie	18	BRIDGEND CTY-	17:27.21	17:23.78
	31.04	1:04.21 (33.17)	1:38.97 (34.76)	2:13.26 (34.29)	
	2:47.62 (34.36)	3:21.56 (33.94)	3:56.29 (34.73)	4:30.93 (34.64)	
	5:05.58 (34.65)	5:39.70 (34.12)	6:13.83 (34.13)	6:48.33 (34.50)	
	7:23.18 (34.85)	7:58.37 (35.19)	8:33.63 (35.26)	9:08.97 (35.34)	
	9:44.26 (35.29)	10:19.53 (35.27)	10:54.99 (35.46)	11:30.58 (35.59)	
	12:05.85 (35.27)	12:41.55 (35.70)	13:16.82 (35.27)	13:52.36 (35.54)	
	14:27.63 (35.27)	15:03.28 (35.65)	15:38.49 (35.21)	16:14.43 (35.94)	
	16:49.48 (35.05)	17:23.78 (34.30)			



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 1 Men 25-29 1500 LC Meter Freestyle****Championship: 18:25.63 C 2009****Rhys Smith**

1	Chris Johns	27	LLANTRISANT-	25:00.00	24:30.05
	40.36	1:25.04 (44.68)	2:10.36 (45.32)	2:57.82 (47.46)	
	3:46.72 (48.90)	4:35.19 (48.47)	5:24.14 (48.95)	6:12.82 (48.68)	
	7:02.06 (49.24)	7:51.61 (49.55)	8:41.77 (50.16)	9:31.76 (49.99)	
	10:21.53 (49.77)	11:11.32 (49.79)	12:00.92 (49.60)	12:51.14 (50.22)	
	13:41.15 (50.01)	14:30.42 (49.27)	15:21.21 (50.79)	16:10.88 (49.67)	
	17:01.55 (50.67)	17:51.56 (50.01)	18:42.51 (50.95)	19:33.16 (50.65)	
	20:24.26 (51.10)	21:14.51 (50.25)	22:05.68 (51.17)	22:55.55 (49.87)	
	23:43.15 (47.60)	24:30.05 (46.90)			
2	Ben Preston	29	FISHGUARD FLYERS SC-	27:00.00	27:29.97
	46.08	1:35.34 (49.26)	2:28.92 (53.58)	3:23.67 (54.75)	
	4:19.24 (55.57)	5:15.32 (56.08)	6:11.89 (56.57)	7:07.59 (55.70)	
	8:03.50 (55.91)	8:59.72 (56.22)	9:55.64 (55.92)	10:52.28 (56.64)	
	11:48.59 (56.31)	12:45.39 (56.80)	13:41.70 (56.31)	14:38.18 (56.48)	
	15:33.76 (55.58)	16:30.24 (56.48)	17:26.06 (55.82)	18:21.85 (55.79)	
	19:18.08 (56.23)	20:13.92 (55.84)	21:08.84 (54.92)	22:03.14 (54.30)	
	22:59.31 (56.17)	23:53.48 (54.17)	24:49.79 (56.31)	25:45.66 (55.87)	
	26:41.26 (55.60)	27:29.97 (48.71)			

Event 1 Men 30-34 1500 LC Meter Freestyle**Championship: 18:40.60 C 2005****Justin Palfrey**

1	Chris Bumby	31	CAMDEN SWISS COTTAGE S.C.-	19:15.00	19:39.01
	34.99	1:12.70 (37.71)	1:51.26 (38.56)	2:30.74 (39.48)	
	3:10.81 (40.07)	3:50.26 (39.45)	4:30.06 (39.80)	5:10.00 (39.94)	
	5:50.11 (40.11)	6:30.21 (40.10)	7:09.89 (39.68)	7:49.67 (39.78)	
	8:29.40 (39.73)	9:09.23 (39.83)	9:49.67 (40.44)	10:29.19 (39.52)	
	11:09.17 (39.98)	11:48.99 (39.82)	12:28.67 (39.68)	13:08.54 (39.87)	
	13:48.43 (39.89)	14:27.76 (39.33)	15:07.13 (39.37)	15:46.15 (39.02)	
	16:25.47 (39.32)	17:04.69 (39.22)	17:43.75 (39.06)	18:22.79 (39.04)	
	19:01.23 (38.44)	19:39.01 (37.78)			
2	Sam Chadwick	33	GODALMING-	20:00.00	19:45.48
	33.85	1:11.70 (37.85)	1:49.84 (38.14)	2:28.57 (38.73)	
	3:07.51 (38.94)	3:47.14 (39.63)	4:26.97 (39.83)	5:07.51 (40.54)	
	5:47.50 (39.99)	6:27.45 (39.95)	7:07.59 (40.14)	7:48.09 (40.50)	
	8:28.13 (40.04)	9:08.54 (40.41)	9:48.32 (39.78)	10:29.05 (40.73)	
	11:09.18 (40.13)	11:49.43 (40.25)	12:29.24 (39.81)	13:09.47 (40.23)	
	13:49.51 (40.04)	14:29.93 (40.42)	15:09.75 (39.82)	15:50.14 (40.39)	
	16:30.10 (39.96)	17:10.38 (40.28)	17:50.02 (39.64)	18:29.97 (39.95)	
	19:08.69 (38.72)	19:45.48 (36.79)			
3	Iain Barrett	31	WELSH INDIVIDUAL-	20:00.00	20:36.50
	34.09	1:10.99 (36.90)	1:48.77 (37.78)	2:27.27 (38.50)	
	3:06.57 (39.30)	3:46.61 (40.04)	4:27.36 (40.75)	5:09.00 (41.64)	
	5:50.31 (41.31)	6:32.22 (41.91)	7:14.07 (41.85)	7:56.34 (42.27)	
	8:38.58 (42.24)	9:20.85 (42.27)	10:02.29 (41.44)	10:44.85 (42.56)	
	11:26.33 (41.48)	12:08.18 (41.85)	12:51.04 (42.86)	13:33.56 (42.52)	
	14:16.67 (43.11)	14:59.69 (43.02)	15:42.71 (43.02)	16:26.16 (43.45)	
	17:09.28 (43.12)	17:52.25 (42.97)	18:34.41 (42.16)	19:15.64 (41.23)	
	19:57.22 (41.58)	20:36.50 (39.28)			



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 1 Men 35-39 1500 LC Meter Freestyle****Championship: 17:33.87 C 2004****Colin Ovington**

1 Joel Winter	39	READING-	19:06.48	19:12.22
33.21	1:10.07 (36.86)	1:48.20 (38.13)	2:26.46 (38.26)	
3:05.01 (38.55)	3:43.43 (38.42)	4:21.94 (38.51)	5:00.58 (38.64)	
5:39.12 (38.54)	6:17.59 (38.47)	6:56.29 (38.70)	7:34.84 (38.55)	
8:13.35 (38.51)	8:51.83 (38.48)	9:30.43 (38.60)	10:09.15 (38.72)	
10:47.98 (38.83)	11:26.84 (38.86)	12:05.84 (39.00)	12:44.68 (38.84)	
13:23.70 (39.02)	14:02.39 (38.69)	14:41.10 (38.71)	15:19.76 (38.66)	
15:58.75 (38.99)	16:37.79 (39.04)	17:16.61 (38.82)	17:55.66 (39.05)	
18:34.33 (38.67)	19:12.22 (37.89)			
2 Andrew Martin	37	CITY OF CARDIFF-	19:29.00	20:04.21
34.60	1:12.20 (37.60)	1:51.22 (39.02)	2:30.33 (39.11)	
3:10.28 (39.95)	3:50.05 (39.77)	4:29.88 (39.83)	5:09.92 (40.04)	
5:50.02 (40.10)	6:30.01 (39.99)	7:10.07 (40.06)	7:50.29 (40.22)	
8:30.48 (40.19)	9:10.79 (40.31)	9:51.57 (40.78)	10:32.49 (40.92)	
11:13.48 (40.99)	11:54.40 (40.92)	12:35.32 (40.92)	13:15.91 (40.59)	
13:57.14 (41.23)	14:38.07 (40.93)	15:19.00 (40.93)	15:59.89 (40.89)	
16:40.81 (40.92)	17:21.79 (40.98)	18:02.55 (40.76)	18:43.39 (40.84)	
19:24.55 (41.16)	20:04.21 (39.66)			

Event 1 Men 40-44 1500 LC Meter Freestyle**Championship: 18:31.10 C 2005****Andrew Gristwood**

1 Gregory Clements	41	STROUD MASTERS-	23:37.00	23:28.71
39.00	1:21.53 (42.53)	2:06.34 (44.81)	2:51.87 (45.53)	
3:38.82 (46.95)	4:26.15 (47.33)	5:12.87 (46.72)	6:00.46 (47.59)	
6:48.37 (47.91)	7:36.25 (47.88)	8:23.87 (47.62)	9:11.86 (47.99)	
9:59.76 (47.90)	10:48.07 (48.31)	11:35.28 (47.21)	12:22.64 (47.36)	
13:10.43 (47.79)	13:57.75 (47.32)	14:45.74 (47.99)	15:34.29 (48.55)	
16:21.32 (47.03)	17:10.19 (48.87)	17:56.61 (46.42)	18:43.74 (47.13)	
19:32.93 (49.19)	20:21.54 (48.61)	21:08.28 (46.74)	21:56.79 (48.51)	
22:43.08 (46.29)	23:28.71 (45.63)			
2 Gary Flower	44	LLANTRISANT-	28:00.00	28:00.14
47.12	1:39.56 (52.44)	2:33.86 (54.30)	3:29.81 (55.95)	
4:26.15 (56.34)	5:23.10 (56.95)	6:20.55 (57.45)	7:16.94 (56.39)	
8:12.88 (55.94)	9:08.09 (55.21)	10:04.06 (55.97)	10:59.36 (55.30)	
11:55.03 (55.67)	12:50.07 (55.04)	13:45.18 (55.11)	14:39.51 (54.33)	
15:34.77 (55.26)	16:31.57 (56.80)		18:24.04 ()	
	20:17.56 ()	21:13.79 (56.23)	22:11.01 (57.22)	
23:08.63 (57.62)	24:08.21 (59.58)	25:07.75 (59.54)	26:06.44 (58.69)	
27:04.84 (58.40)	28:00.14 (55.30)			
3 Robin Baker	42	FISHGUARD FLYERS SC-	30:00.00	31:51.54
49.82	1:48.23 (58.41)	2:50.25 (1:02.02)	3:54.16 (1:03.91)	
4:59.50 (1:05.34)		7:09.55 ()	8:14.30 (1:04.75)	
9:19.68 (1:05.38)	10:24.51 (1:04.83)	11:29.35 (1:04.84)	12:32.73 (1:03.38)	
13:37.61 (1:04.88)	14:41.33 (1:03.72)	15:45.93 (1:04.60)	16:49.90 (1:03.97)	
17:53.60 (1:03.70)	18:57.78 (1:04.18)	20:02.36 (1:04.58)	21:06.37 (1:04.01)	
22:10.37 (1:04.00)	23:16.48 (1:06.11)	24:21.56 (1:05.08)	25:26.17 (1:04.61)	
26:32.08 (1:05.91)	27:38.31 (1:06.23)	28:44.44 (1:06.13)	29:50.45 (1:06.01)	
30:52.80 (1:02.35)	31:51.54 (58.74)			



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 1 Men 45-49 1500 LC Meter Freestyle****Championship: 17:36.74 C 2009****Calum McKinlay**

1	Andy Thomas	47	DAVID LLOYDS SC-	21:00.00	22:11.17
	35.51	1:14.63 (39.12)	1:56.35 (41.72)	2:38.32 (41.97)	
	3:21.11 (42.79)		4:47.71 ()	5:40.81 (53.10)	
	6:15.52 (34.71)	6:59.43 (43.91)	7:43.81 (44.38)	8:28.47 (44.66)	
	9:13.04 (44.57)	9:57.80 (44.76)	10:43.02 (45.22)	11:27.93 (44.91)	
	12:13.32 (45.39)	12:58.42 (45.10)	13:45.05 (46.63)	14:31.86 (46.81)	
	15:17.69 (45.83)	16:03.84 (46.15)	16:50.10 (46.26)	17:36.69 (46.59)	
	18:22.28 (45.59)	19:08.50 (46.22)	19:55.05 (46.55)	20:41.26 (46.21)	
	21:27.09 (45.83)	22:11.17 (44.08)			
2	Brian Phillips	49	HEADS OF THE VALLEYS-	23:00.00	22:32.84
	39.94	1:24.34 (44.40)	2:10.25 (45.91)	2:56.88 (46.63)	
	3:42.32 (45.44)	4:28.37 (46.05)	5:13.94 (45.57)	5:59.78 (45.84)	
	6:45.46 (45.68)	7:31.22 (45.76)	8:16.59 (45.37)	9:01.44 (44.85)	
	9:47.14 (45.70)	10:32.83 (45.69)	11:18.23 (45.40)	12:03.30 (45.07)	
	12:48.00 (44.70)	13:33.29 (45.29)	14:18.54 (45.25)	15:04.24 (45.70)	
	15:48.93 (44.69)	16:34.46 (45.53)	17:20.59 (46.13)	18:05.83 (45.24)	
	18:51.85 (46.02)	19:38.39 (46.54)	20:23.38 (44.99)	21:09.01 (45.63)	
	21:53.92 (44.91)	22:32.84 (38.92)			
3	Oggy East	45	ARFON MASTERS-	27:18.15	25:35.96
	44.25	1:33.04 (48.79)	2:22.95 (49.91)	3:14.64 (51.69)	
	4:06.70 (52.06)	4:59.21 (52.51)	5:51.56 (52.35)	6:44.01 (52.45)	
	7:36.05 (52.04)	8:28.23 (52.18)	9:19.84 (51.61)	10:11.54 (51.70)	
	11:03.54 (52.00)	11:55.36 (51.82)	12:47.11 (51.75)	13:39.27 (52.16)	
	14:31.00 (51.73)	15:22.74 (51.74)	16:15.26 (52.52)	17:07.33 (52.07)	
	17:59.96 (52.63)	18:52.23 (52.27)	19:44.47 (52.24)	20:36.30 (51.83)	
	21:27.65 (51.35)	22:18.61 (50.96)	23:09.73 (51.12)	24:01.17 (51.44)	
	24:50.73 (49.56)	25:35.96 (45.23)			
4	Neil Wyllis	48	LLANTRISANT-	28:00.00	25:36.11
	46.65	1:37.85 (51.20)	2:31.73 (53.88)	3:25.06 (53.33)	
	4:18.36 (53.30)	5:11.01 (52.65)	6:05.95 (54.94)	7:00.54 (54.59)	
	7:55.85 (55.31)	8:49.02 (53.17)	9:43.34 (54.32)	10:36.90 (53.56)	
	11:29.27 (52.37)	12:18.81 (49.54)	13:10.37 (51.56)	14:00.74 (50.37)	
	14:51.87 (51.13)	15:42.03 (50.16)	16:29.78 (47.75)	17:20.43 (50.65)	
	18:09.42 (48.99)		19:49.79 ()	20:39.30 (49.51)	
		22:21.45 ()	23:11.37 (49.92)	24:01.53 (50.16)	
	24:52.37 (50.84)	25:36.11 (43.74)			
5	Steve Davies	47	LLANTRISANT-	28:00.00	27:38.08
	43.99	1:36.18 (52.19)	2:30.76 (54.58)	3:26.13 (55.37)	
	4:23.22 (57.09)	5:20.93 (57.71)	6:18.65 (57.72)	7:17.28 (58.63)	
	8:13.80 (56.52)	9:09.35 (55.55)	10:06.66 (57.31)	11:03.08 (56.42)	
	11:59.76 (56.68)	12:55.16 (55.40)	13:50.23 (55.07)	14:46.18 (55.95)	
	15:42.91 (56.73)	16:40.04 (57.13)	17:36.46 (56.42)	18:32.30 (55.84)	
	19:28.75 (56.45)	20:24.93 (56.18)	21:20.20 (55.27)	22:16.27 (56.07)	
	23:12.09 (55.82)	24:05.57 (53.48)	25:01.67 (56.10)	25:56.80 (55.13)	
	26:49.43 (52.63)	27:38.08 (48.65)			



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 1 Men 60-64 1500 LC Meter Freestyle****Championship: 19:39.24 C 2005****Duncan McCreddie**

1 Peter Rank	60 CITY OF CAMBRIDGE-	25:50.00	26:09.28
44.93	1:34.94 (50.01)	2:26.82 (51.88)	3:18.94 (52.12)
4:13.21 (54.27)	5:05.88 (52.67)	5:59.99 (54.11)	6:52.49 (52.50)
7:45.86 (53.37)		9:30.79 ()	
11:15.56 ()	12:07.68 (52.12)	13:01.41 (53.73)	13:54.71 (53.30)
14:47.20 (52.49)		16:33.22 ()	17:25.14 (51.92)
18:18.44 (53.30)	19:10.34 (51.90)	20:03.67 (53.33)	20:55.65 (51.98)
21:49.07 (53.42)		23:34.52 ()	
25:20.88 ()	26:09.28 (48.40)		

Event 1 Men 70-74 1500 LC Meter Freestyle**Championship: 22:55.35 C 2009****Geoff Stokes**

1 Paul Clarke	70 TEAM LUTON SWIMMING-	34:30.00	37:20.58
58.04	2:05.77 (1:07.73)	3:16.03 (1:10.26)	4:25.81 (1:09.78)
5:38.46 (1:12.65)	6:51.99 (1:13.53)	8:06.01 (1:14.02)	9:20.78 (1:14.77)
10:36.98 (1:16.20)	11:52.99 (1:16.01)	13:07.97 (1:14.98)	14:22.84 (1:14.87)
15:39.36 (1:16.52)	16:53.97 (1:14.61)	18:12.73 (1:18.76)	19:32.40 (1:19.67)
20:49.19 (1:16.79)	22:02.47 (1:13.28)	23:19.31 (1:16.84)	
25:55.50 ()	27:12.71 (1:17.21)	28:30.75 (1:18.04)	29:47.65 (1:16.90)
31:02.66 (1:15.01)	32:19.93 (1:17.27)	33:40.13 (1:20.20)	34:56.53 (1:16.40)
36:13.72 (1:17.19)	37:20.58 (1:06.86)		

Event 1 Men 75-79 1500 LC Meter Freestyle**Championship: 27:46.51 C 2008****Edward Askew**

1 John Perks	77 TEWKESBURY-	28:55.83	29:01.54
53.74	1:52.00 (58.26)	2:50.41 (58.41)	3:48.62 (58.21)
4:47.88 (59.26)	5:45.16 (57.28)	6:42.76 (57.60)	7:40.53 (57.77)
8:37.98 (57.45)		10:34.74 ()	11:32.04 (57.30)
12:31.64 (59.60)	13:28.57 (56.93)	14:26.30 (57.73)	15:23.93 (57.63)
16:22.12 (58.19)	17:21.72 (59.60)	18:19.75 (58.03)	19:19.08 (59.33)
20:17.77 (58.69)	21:17.33 (59.56)	22:15.58 (58.25)	23:13.83 (58.25)
24:14.50 (1:00.67)	25:13.50 (59.00)	26:11.59 (58.09)	27:08.12 (56.53)
28:08.73 (1:00.61)	29:01.54 (52.81)		
2 Richard Skerrett	77 CARMARTHESHIRE MASTERS	43:00.00	41:36.96
1:11.55	2:32.27 (1:20.72)	3:54.24 (1:21.97)	5:14.61 (1:20.37)
6:36.07 (1:21.46)	7:57.14 (1:21.07)	9:19.72 (1:22.58)	10:43.25 (1:23.53)
12:10.14 (1:26.89)	13:34.33 (1:24.19)		16:18.97 ()
17:44.84 (1:25.87)	19:08.52 (1:23.68)	20:33.25 (1:24.73)	21:56.05 (1:22.80)
23:20.37 (1:24.32)	24:43.93 (1:23.56)	26:06.42 (1:22.49)	27:32.28 (1:25.86)
28:55.90 (1:23.62)	30:20.19 (1:24.29)	31:56.91 (1:36.72)	33:21.52 (1:24.61)
34:44.78 (1:23.26)	36:06.84 (1:22.06)	37:30.20 (1:23.36)	38:55.44 (1:25.24)
40:17.74 (1:22.30)	41:36.96 (1:19.22)		

Event 2 Women 200-239 200 LC Meter Medley Relay**Championship: 2:43.34 C 2004****Barnet Cophthall**

1 ARFON MASTERS	'''	A	3:30.00	3:18.04
1) Helen Hughes W70	2) Bridget Edwards W52	3) Allison Donnelly W45	4) Stella Farrar W53	
52.81	1:51.91 (59.10)	2:39.92 (48.01)	3:18.04 (38.12)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 2 Women 280-319 200 LC Meter Medley Relay**

Championship: 2:57.25 C 17/03/2012 Spencer Swim Team **Spencer Swim**
J Brown, M Hitchcock, D Ford, C Fellows

1	SPENCER SWIM TEAM	A	NT	2:57.25 C
	1) Janet Brown W71	2) Muriel Hitchcock W74	3) Diane Ford W69	4) Carol Fellows W66
	46.13	1:36.38 (50.25)	2:19.60 (43.22)	2:57.25 (37.65)

Event 3 Men 160-199 200 LC Meter Medley Relay

Championship: 2:07.54 C 17/03/2012 City of Cardiff **CO Cardiff**
P Gore, J Banns, P Pycroft, A Martin

1	CITY OF CARDIFF	A	NT	2:07.54 C
	1) Patrick Gore M44	2) Joe Banns M25	3) Paul Pycroft M54	4) Andrew Martin M37
	32.40	1:05.33 (32.93)	1:38.93 (33.60)	2:07.54 (28.61)

Event 3 Men 200-239 200 LC Meter Medley Relay

Championship: 2:17.28 C 2005 Gloucester Mast

1	ARFON MASTERS	A	3:30.00	3:07.89
	1) Basil Owen M82	2) Pete Edwards M28	3) Keith Rothwell M63	4) Oggy East M45
	1:05.71	1:47.05 (41.34)	2:31.46 (44.41)	3:07.89 (36.43)

Event 3 Men 240-279 200 LC Meter Medley Relay

Championship: 2:36.13 C 17/03/2012 Spencer Swim Team **Spencer Swim**
N Salsbury, H Dick, T Hitchcock, G Stokes

1	SPENCER SWIM TEAM	A	NT	2:36.13 C
	1) Nigel Salsbury M72	2) Morris Dick M70	3) Timothy Hitchcock M47	4) Geoff Stokes M73
	41.77	1:25.80 (44.03)	1:59.76 (33.96)	2:36.13 (36.37)

Event 4 Women 25-29 200 LC Meter Breaststroke

Championship: 2:43.69 C 2010 Louise Henley

1	Kimberley Durno	25	CITY OF CARDIFF-	3:05.00	3:13.58
	43.98	1:31.63 (47.65)	2:22.37 (50.74)	3:13.58 (51.21)	

Event 4 Women 35-39 200 LC Meter Breaststroke

Championship: 2:53.69 C 2009 Helen Gorman

1	Sharon Burchell	36	CRAWLEY-	2:55.22	2:55.73
	39.55	1:24.33 (44.78)	2:09.09 (44.76)	2:55.73 (46.64)	
2	Jessica Wooddisse	37	STROUD MASTERS-	3:10.00	3:11.15
	44.85	1:33.09 (48.24)	2:22.07 (48.98)	3:11.15 (49.08)	

Event 4 Women 40-44 200 LC Meter Breaststroke

Championship: 2:47.83 C 17/03/2012 Helen Gorman **Long Eaton**

1	Helen Gorman	40	LONG EATON SC-	2:53.00	2:47.83 C
	38.63	1:21.63 (43.00)	2:04.20 (42.57)	2:47.83 (43.63)	
2	Sharon Lock	43	MELTON M'BRY-	2:59.67	2:55.12
	39.35	1:24.02 (44.67)	2:10.04 (46.02)	2:55.12 (45.08)	

Event 4 Women 45-49 200 LC Meter Breaststroke

Championship: 3:04.35 C 2008 Ruth Cheema

1	Hannah Ueckermann	49	WITHAM DOLPHINS-	3:08.68	3:05.63
	44.17	1:29.95 (45.78)	2:17.99 (48.04)	3:05.63 (47.64)	
2	Anne Raymond	49	SEVENOAKS TRI-SWIM CLUB-	3:33.00	3:29.16
	46.22	1:39.51 (53.29)	2:34.96 (55.45)	3:29.16 (54.20)	
3	Allison Donnelly	45	ARFON MASTERS-	4:19.11	4:31.60
		2:07.76 ()	3:19.96 (1:12.20)	4:31.60 (1:11.64)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 4 Women 50-54 200 LC Meter Breaststroke**

Championship:	3:05.81	C	2011	Judith Hattle		
1	Bridget Edwards			52 ARFON MASTERS-	4:30.00	4:27.38
	1:01.21		2:13.05 (1:11.84)	3:21.93 (1:08.88)	4:27.38 (1:05.45)	

Event 4 Women 55-59 200 LC Meter Breaststroke

Championship:	3:08.93	C	17/03/2012	Amanda Heath	Spencer Swim	
1	Amanda Heath			55 SPENCER SWIM TEAM-	3:10.00	3:08.93 C
	44.02		1:31.69 (47.67)	2:21.02 (49.33)	3:08.93 (47.91)	
2	Sara Perry			55 CAMDEN SWISS COTTAGE S.C.-	3:31.34	3:27.96
	46.84		1:40.70 (53.86)	2:34.42 (53.72)	3:27.96 (53.54)	

Event 4 Women 60-64 200 LC Meter Breaststroke

Championship:	3:19.71	C	17/03/2012	Jennifer Merritt	Spondon M	
1	Jennifer Merritt			61 SPONDON MASTERS-	3:20.00	3:19.71 C
	44.67		1:35.50 (50.83)	2:27.27 (51.77)	3:19.71 (52.44)	
2	Karen Bellas			60 CAMDEN SWISS COTTAGE S.C.-	3:45.00	3:44.95
	53.02		1:50.26 (57.24)	2:49.27 (59.01)	3:44.95 (55.68)	

Event 4 Women 65-69 200 LC Meter Breaststroke

Championship:	3:27.24	C	2008	Diane Ford		
1	Diane Ford			69 SPENCER SWIM TEAM-	3:40.00	3:41.17
	49.80		1:46.08 (56.28)	2:44.14 (58.06)	3:41.17 (57.03)	
2	Rose Dudeny			65 MID SUSSEX MARLINS-	4:10.00	4:07.75
	58.64		2:01.65 (1:03.01)	3:06.57 (1:04.92)	4:07.75 (1:01.18)	

Event 4 Women 70-74 200 LC Meter Breaststroke

Championship:	4:15.27	C	17/03/2012	Muriel Hitchcock	Spencer Swim	
1	Muriel Hitchcock			74 SPENCER SWIM TEAM-	4:15.00	4:15.27 C
	59.95		2:04.64 (1:04.69)	3:11.51 (1:06.87)	4:15.27 (1:03.76)	

Event 5 Men 18-24 200 LC Meter Breaststroke

Championship:	2:35.49	C	2009	Mark Williamson		
1	David Cocks			22 CITY OF CARDIFF-	2:40.60	2:41.29
	36.53		1:18.68 (42.15)	1:59.66 (40.98)	2:41.29 (41.63)	
2	Jamie Rush			24 DISS OTTERS-	2:58.06	3:05.80
	39.70		1:25.58 (45.88)	2:15.84 (50.26)	3:05.80 (49.96)	

Event 5 Men 25-29 200 LC Meter Breaststroke

Championship:	2:26.79	C	2006	Neil vanden Broek		
1	Andrew Young			28 CAMDEN SWISS COTTAGE S.C.-	2:42.10	2:42.01
	36.61		1:18.04 (41.43)	2:00.28 (42.24)	2:42.01 (41.73)	
2	Pete Edwards			28 ARFON MASTERS-	3:48.60	3:26.09
	44.63		1:38.74 (54.11)	2:35.38 (56.64)	3:26.09 (50.71)	

Event 5 Men 30-34 200 LC Meter Breaststroke

Championship:	2:38.55	C	2007	David Morgan		
1	Chris Bumby			31 CAMDEN SWISS COTTAGE S.C.-	3:00.12	3:08.56
	43.49		1:32.22 (48.73)	2:21.90 (49.68)	3:08.56 (46.66)	

Event 5 Men 35-39 200 LC Meter Breaststroke

Championship:	2:24.89	C	2004	Nick Gillingham		
1	Gary Wraight			35 ROMFORD TOWN-	2:58.00	2:58.06
	38.77		1:24.01 (45.24)	2:10.92 (46.91)	2:58.06 (47.14)	



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2	Stuart Thomas	37	SOUNDWELL SC-	3:30.00	3:18.63
	46.08	1:35.22 (49.14)	2:27.72 (52.50)	3:18.63 (50.91)	

Event 5 Men 45-49 200 LC Meter Breaststroke**Championship: 2:49.44 C 2004 Walter Syrett**

---	Timothy Hitchcock	47	SPENCER SWIM TEAM-	4:00.00	DQ
	43.80	1:32.13 (48.33)	2:24.55 (52.42)	DQ (52.67)	

Event 5 Men 60-64 200 LC Meter Breaststroke**Championship: 3:21.40 C 2004 Morris Dick**

1	Keith Rothwell	63	ARFON MASTERS-	3:40.76	3:50.46
	53.42	1:50.44 (57.02)	2:51.25 (1:00.81)	3:50.46 (59.21)	
2	Chris Thorp	62	CITY OF DERBY-	3:30.00	3:50.84
	49.11	1:48.25 (59.14)	2:51.62 (1:03.37)	3:50.84 (59.22)	

Event 5 Men 70-74 200 LC Meter Breaststroke**Championship: 3:17.84 C 2006 Tom Walker**

1	Morris Dick	70	SPENCER SWIM TEAM-	3:38.88	3:38.25
	50.40	1:45.33 (54.93)	2:41.67 (56.34)	3:38.25 (56.58)	
2	Robert Lloyd-Evans	70	POOLE-	3:38.00	3:40.23
	49.66	1:46.73 (57.07)	2:44.72 (57.99)	3:40.23 (55.51)	

Event 5 Men 75-79 200 LC Meter Breaststroke**Championship: 4:11.88 C 2011 Ted Evans**

1	Richard Skerrett	77	CARMARTHESHIRE MASTERS	5:19.00	5:14.64
	1:15.01	2:35.13 (1:20.12)	3:58.01 (1:22.88)	5:14.64 (1:16.63)	

Event 5 Men 80-84 200 LC Meter Breaststroke**Championship: 4:38.29 C 2004 John Davis**

1	Basil Owen	82	ARFON MASTERS-	5:26.46	5:43.75
	1:19.11	2:48.80 (1:29.69)	4:17.50 (1:28.70)	5:43.75 (1:26.25)	

Event 6 Women 18-24 200 LC Meter IM**Championship: 2:32.30 C 2007 Helen Smale**

1	Bronwen Morgan	19	CITY OF CARDIFF-	2:49.51	2:55.28
	37.10	1:22.17 (45.07)	2:14.41 (52.24)	2:55.28 (40.87)	
2	Beatrice Holmberg	21	MALARHOJDENS SIMALLSKAP-	3:05.10	2:59.05
	38.46	1:24.26 (45.80)	2:15.49 (51.23)	2:59.05 (43.56)	

Event 6 Women 25-29 200 LC Meter IM**Championship: 2:38.97 C 2009 Gemma Howells**

1	Laure Bacher-Fuentes	29	OTTERS SWIMMING CLUB-	2:40.00	2:39.21
	34.62	1:15.28 (40.66)	2:03.45 (48.17)	2:39.21 (35.76)	
2	Fiona Kinsella	28	CITY OF CARDIFF-	2:41.28	2:45.48
	36.00	1:19.27 (43.27)	2:07.04 (47.77)	2:45.48 (38.44)	
3	Kimberley Durno	25	CITY OF CARDIFF-	2:50.00	3:02.15
	39.45	1:30.25 (50.80)	2:18.73 (48.48)	3:02.15 (43.42)	
4	Fiona Mcwhirter	28	CAMDEN SWISS COTTAGE S.C.-	3:25.00	3:17.30
	47.48	1:34.52 (47.04)	2:32.39 (57.87)	3:17.30 (44.91)	

Event 6 Women 30-34 200 LC Meter IM**Championship: 2:35.47 C 2011 Katie Henderson**

1	Michelle Matson	34	BASINGSTOKE-	2:52.50	2:51.02
	35.09	1:19.18 (44.09)	2:09.39 (50.21)	2:51.02 (41.63)	



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2	Lucy Ogilvie	32	CAMDEN SWISS COTTAGE S.C.-	3:00.00	2:55.81
	36.24	1:22.67 (46.43)	2:14.66 (51.99)	2:55.81 (41.15)	

Event 6 Women 40-44 200 LC Meter IM

Championship: 2:37.78 C 2007		Kate Veale			
1	Helen Gorman	40	LONG EATON SC-	2:40.00	2:41.22
	36.74	1:22.48 (45.74)	2:04.61 (42.13)	2:41.22 (36.61)	
2	Nicola Latty	41	OUNDLE & DISTRICT-	2:42.50	2:41.50
	34.46	1:17.90 (43.44)	2:41.50 (1:23.60)		

Event 6 Women 45-49 200 LC Meter IM

Championship: 2:46.57 C 2011		Allie Price			
1	Allie Price	47	CITY OF CARDIFF-	2:46.57	2:49.63
	35.71	1:19.34 (43.63)	2:10.03 (50.69)	2:49.63 (39.60)	
2	Allison Donnelly	45	ARFON MASTERS-	4:00.09	4:01.56
	47.11	1:54.07 (1:06.96)	4:01.56 (2:07.49)		

Event 6 Women 50-54 200 LC Meter IM

Championship: 2:43.96 C 17/03/2012		Judy Hattle		Carlisle Masters	
1	Judy Hattle	52	CARLISLE MASTERS-	2:44.69	2:43.96 C
	34.49	1:18.87 (44.38)	2:06.04 (47.17)	2:43.96 (37.92)	
2	Heidi Gore	50	CITY OF CARDIFF-	3:03.83	3:05.24
	38.04	1:27.33 (49.29)	2:20.85 (53.52)	3:05.24 (44.39)	
3	Carolyn Fox	51	READING-	3:14.00	3:14.25
	45.34	1:36.00 (50.66)	2:31.83 (55.83)	3:14.25 (42.42)	
4	Lesley Cook	54	OTTERS SWIMMING CLUB-	3:25.16	3:23.24
	44.02	1:40.20 (56.18)	2:40.49 (1:00.29)	3:23.24 (42.75)	
5	Lesley Davies	52	OTTERS SWIMMING CLUB-	3:59.54	3:59.72
	59.94	2:04.51 (1:04.57)	3:08.62 (1:04.11)	3:59.72 (51.10)	
6	Delia Keen	51	CARMARTHENSHIRE MASTERS	4:21.84	4:23.88
	1:05.65	2:20.74 (1:15.09)	3:27.95 (1:07.21)	4:23.88 (55.93)	

Event 6 Women 55-59 200 LC Meter IM

Championship: 3:02.14 C 2009		Sue Haigh			
1	Catherine Chase	55	CAMPBILL EDWARDS-	3:09.52	3:05.25
	41.77	1:33.37 (51.60)	2:25.38 (52.01)	3:05.25 (39.87)	
2	Clare Willison	57	BOGNOR REGIS SC-	3:04.00	3:07.44
	38.90	1:29.16 (50.26)	2:22.84 (53.68)	3:07.44 (44.60)	
3	Lorraine Crook	58	CALDICOT-	4:12.01	4:20.70
	59.07	2:09.99 (1:10.92)	3:19.15 (1:09.16)	4:20.70 (1:01.55)	

Event 6 Women 60-64 200 LC Meter IM

Championship: 3:16.11 C 17/03/2012		Kath Tunnicliffe		Etwall Eagles	
1	Kath Tunnicliffe	60	ETWALL EAGLES-	3:15.00	3:16.11 C
	40.40	1:28.26 (47.86)	2:30.54 (1:02.28)	3:16.11 (45.57)	
2	Karen Bellas	60	CAMDEN SWISS COTTAGE S.C.-	3:30.00	3:31.56
	45.10	1:45.68 (1:00.58)	2:44.60 (58.92)	3:31.56 (46.96)	

Event 6 Women 65-69 200 LC Meter IM

Championship: 3:26.96 C 1996		Jane Asher			
1	Elaine Blower	67	BARNETT COPTHALL-	3:43.98	3:42.73
	52.65	1:49.39 (56.74)	2:54.17 (1:04.78)	3:42.73 (48.56)	



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Championship:	3:38.12	C	2006	Jane Asher		
1 Helen Hughes				70 ARFON MASTERS-	4:18.00	4:19.81
	1:04.42		2:11.30 (1:06.88)	3:27.96 (1:16.66)	4:19.81 (51.85)	
2 Muriel Hitchcock				74 SPENCER SWIM TEAM-	4:20.00	4:20.35
	1:04.42		2:11.67 (1:07.25)	3:19.62 (1:07.95)	4:20.35 (1:00.73)	

Event 6 Women 80-84 200 LC Meter IM

Championship:	3:57.96	C	17/03/2012	Jane Asher	Kings Corm	
1 Jane Asher				81 KINGS CORMORANTS-	4:00.00	3:57.96 C
	55.76		2:01.71 (1:05.95)	3:10.28 (1:08.57)	3:57.96 (47.68)	

Event 7 Men 25-29 200 LC Meter IM

Championship:	2:13.32	C	2004	Matthew Chappell		
1 Neal Taylor				27 CAMDEN SWISS COTTAGE S.C.-	2:23.50	2:23.99
	29.70		1:08.98 (39.28)	1:51.56 (42.58)	2:23.99 (32.43)	
2 Joe Banns				25 CITY OF CARDIFF-	2:26.82	2:24.27
	30.13		1:07.27 (37.14)	1:49.11 (41.84)	2:24.27 (35.16)	
3 Andrew Young				28 CAMDEN SWISS COTTAGE S.C.-	2:26.49	2:26.60
	30.44		1:08.62 (38.18)	1:51.35 (42.73)	2:26.60 (35.25)	
4 Elias Inatty				28 CAMDEN SWISS COTTAGE S.C.-	2:27.75	2:30.23
	30.40		1:09.58 (39.18)	1:53.88 (44.30)	2:30.23 (36.35)	
5 Alex Boyce				29 CAMDEN SWISS COTTAGE S.C.-	2:40.00	2:47.42
	29.12		1:10.39 (41.27)	2:05.35 (54.96)	2:47.42 (42.07)	

Event 7 Men 30-34 200 LC Meter IM

Championship:	2:10.36	C	2005	Andrew Zaharov		
1 Sam Chadwick				33 GODALMING-	2:42.00	2:35.99
	32.95		1:14.59 (41.64)	2:00.90 (46.31)	2:35.99 (35.09)	

Event 7 Men 35-39 200 LC Meter IM

Championship:	2:17.85	C	2007	Chris Jones		
1 Andrew Martin				37 CITY OF CARDIFF-	2:40.71	2:42.94
	33.05		1:18.63 (45.58)	2:05.23 (46.60)	2:42.94 (37.71)	
2 Stuart Thomas				37 SOUNDWELL SC-	3:30.00	3:02.78
	38.02		1:27.47 (49.45)	2:21.25 (53.78)	3:02.78 (41.53)	

Event 7 Men 40-44 200 LC Meter IM

Championship:	2:30.47	C	1996	Eddie Riach		
1 Henrik Holmberg				43 KUNGSBACKA SIMSALLSKAP-	2:51.30	2:54.03
	35.75		1:25.30 (49.55)	2:13.07 (47.77)	2:54.03 (40.96)	

Event 7 Men 45-49 200 LC Meter IM

Championship:	2:30.03	C	2008	Wray Shewell-Cooper		
1 Peter Weideling				45 CAMDEN SWISS COTTAGE S.C.-	2:35.66	2:36.65
	31.88		1:12.66 (40.78)	2:02.02 (49.36)	2:36.65 (34.63)	
2 Darren Beer				45 CREDITON-	2:40.10	2:37.76
	33.80			2:01.33 ()	2:37.76 (36.43)	
3 Mark Partridge				49 STROUD MASTERS-	2:45.00	2:48.06
	32.44		1:18.19 (45.75)	2:05.16 (46.97)	2:48.06 (42.90)	

Event 7 Men 50-54 200 LC Meter IM

Championship:	2:29.63	C	2007	Simon Veale		
1 Jon Hopkins				52 CITY OF CARDIFF-	2:37.00	2:40.24
	33.49		1:14.13 (40.64)	2:01.77 (47.64)	2:40.24 (38.47)	



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2	Ian Yates	50	BRIDGEND CTY-	2:55.00	3:07.44
	35.72	1:23.12 (47.40)	2:19.81 (56.69)	3:07.44 (47.63)	

Event 7 Men 55-59 200 LC Meter IM**Championship: 3:02.14 C 1996****Keith Ingram**

1	Vladimirs Sveds	56	CITY OF CARDIFF-	3:05.00	3:15.42
	41.51	1:34.67 (53.16)	2:30.22 (55.55)	3:15.42 (45.20)	

Event 7 Men 60-64 200 LC Meter IM**Championship: 2:56.69 C 2008****James Arthur**

1	Keith Rothwell	63	ARFON MASTERS-	3:32.00	3:42.64
	48.89	1:53.38 (1:04.49)	2:54.60 (1:01.22)	3:42.64 (48.04)	

Event 7 Men 65-69 200 LC Meter IM**Championship: 3:03.85 C 2006****Bill Letch**

1	Chris Trueman	65	UEA CITY OF NORWICH-	3:45.00	3:41.51
	44.09	1:46.56 (1:02.47)	2:51.56 (1:05.00)	3:41.51 (49.95)	

Event 7 Men 70-74 200 LC Meter IM**Championship: 3:24.92 C 2010****Garfield Thomas**

1	Paul Clarke	70	TEAM LUTON SWIMMING-	4:10.00	4:13.97
	54.22	2:09.46 (1:15.24)	3:16.78 (1:07.32)	4:13.97 (57.19)	

Event 7 Men 75-79 200 LC Meter IM**Championship: 3:57.25 C 2011****Ted Evans**

1	Richard Skerrett	77	CARMARTHESHIRE MASTERS	5:35.00	5:49.53
	1:57.32	3:16.28 (1:18.96)	4:37.91 (1:21.63)	5:49.53 (1:11.62)	

Event 7 Men 80-84 200 LC Meter IM**Championship: 4:24.22 C 2004****Don Leader**

1	Basil Owen	82	ARFON MASTERS-	5:27.06	5:52.97
	1:51.95		4:41.64 ()	5:52.97 (1:11.33)	

Event 8 Women 18-24 100 LC Meter Freestyle**Championship: 1:01.06 C 2011****Hayley Bird**

1	Claire Waters	19	LLANTRISANT-	1:00.91	1:02.13
	29.12	1:02.13 (33.01)			
2	Jenny Jones	22	CITY OF CARDIFF-	1:05.00	1:04.99
	31.24	1:04.99 (33.75)			
3	Bronwen Morgan	19	CITY OF CARDIFF-	1:10.68	1:10.86
	34.68	1:10.86 (36.18)			
4	Alex Christie	24	READING-	1:12.37	1:10.98
	34.46	1:10.98 (36.52)			

Event 8 Women 25-29 100 LC Meter Freestyle**Championship: 1:03.24 C 2007****Helen Woodbridge**

1	Amy Crampton	27	WELSH INDIVIDUAL-	1:08.51	1:09.25
	32.18	1:09.25 (37.07)			

Event 8 Women 35-39 100 LC Meter Freestyle**Championship: 1:01.45 C 2007****Ana Paula Grilo**

1	Gina Hobson	35	OTTERS SWIMMING CLUB-	1:03.00	1:02.13
	29.46	1:02.13 (32.67)			



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2	Jessica Wooddissie	37	STROUD MASTERS-	1:09.27	1:08.57
	33.80		1:08.57 (34.77)		
3	Michelle Senecal	35	OTTERS SWIMMING CLUB-	1:06.50	1:08.88
	33.18		1:08.88 (35.70)		

Event 8 Women 45-49 100 LC Meter Freestyle**Championship: 1:05.29 C 2009 Hayley Bettinson**

1	Rebecca Jenkinson	49	EXETER CITY-	1:11.00	1:08.32
	31.58		1:08.32 (36.74)		
2	Ceri Thomas	47	CITY OF CARDIFF-	1:10.31	1:15.45
	35.83		1:15.45 (39.62)		

Event 8 Women 50-54 100 LC Meter Freestyle**Championship: 1:08.35 C 1996 Carol Fellows**

1	Helen Kula-Przewanski	53	BRISTOL MASTERS-	1:15.00	1:14.31
	35.70		1:14.31 (38.61)		
2	Catherine Hartle	54	SPENCER SWIM TEAM-	1:18.00	1:19.14
	38.22		1:19.14 (40.92)		
3	Bridget Edwards	52	ARFON MASTERS-	1:50.00	1:57.79
	55.08		1:57.79 (1:02.71)		

Event 8 Women 55-59 100 LC Meter Freestyle**Championship: 1:11.02 C 2009 Sue Haigh**

1	Anne Bourne	58	CAMPHILL EDWARDS-	1:13.97	1:13.79
	36.21		1:13.79 (37.58)		
2	Barbara Boxall	57	ROMFORD TOWN-	1:15.35	1:15.52
	36.63		1:15.52 (38.89)		
3	Sara Perry	55	CAMDEN SWISS COTTAGE S.C.-	1:20.00	1:18.18
	37.62		1:18.18 (40.56)		
4	Marianne Davey	59	DORKING-	1:36.20	1:36.11
	46.06		1:36.11 (50.05)		

Event 8 Women 60-64 100 LC Meter Freestyle**Championship: 1:17.27 C 17/03/2012 Alison Gwynn****Spencer Swim**

1	Alison Gwynn	64	SPENCER SWIM TEAM-	1:20.00	1:17.27 C
	37.18		1:17.27 (40.09)		

Event 8 Women 65-69 100 LC Meter Freestyle**Championship: 1:14.98 C 2009 Jean Howard-Jones**

1	Carol Fellows	66	SPENCER SWIM TEAM-	1:17.00	1:24.70
	40.55		1:24.70 (44.15)		

Event 9 Men 18-24 100 LC Meter Freestyle**Championship: 52.76 C 2008 Ian Hulme**

1	Bradley Price	20	LLANTRISANT-	52.33	53.25
	25.15		53.25 (28.10)		
2	Ellis Davies	19	LLANTRISANT-	53.07	53.87
	25.27		53.87 (28.60)		
3	Craig Thomas	21	LLANTRISANT-	53.58	53.98
	26.17		53.98 (27.81)		
4	Gareth Cocks	23	CITY OF CARDIFF-	58.21	56.79
	27.06		56.79 (29.73)		



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5	Craig Nelson	22	SWANSEA PERFORMANCE CENT	56.32	56.92
	28.30		56.92 (28.62)		

Event 9 Men 25-29 100 LC Meter Freestyle**Championship: 53.86 C 2011 Brian Steatham**

1	Phil Muspratt	27	SALISBURY STINGRAYS ASC-	52.72	53.90
	25.54		53.90 (28.36)		
2	Neal Taylor	27	CAMDEN SWISS COTTAGE S.C.-	55.90	57.41
	27.73		57.41 (29.68)		
3	Matt Hockin	28	CREDITON-	1:00.44	1:03.65
	30.16		1:03.65 (33.49)		
4	Elias Inatty	28	CAMDEN SWISS COTTAGE S.C.-	1:01.00	1:04.54
	31.01		1:04.54 (33.53)		
5	Pete Edwards	28	ARFON MASTERS-	1:37.90	1:24.80
	37.76		1:24.80 (47.04)		

Event 9 Men 30-34 100 LC Meter Freestyle**Championship: 54.76 C 2005 Karl Buchholtz**

1	Andrew Louw	33	OTTERS SWIMMING CLUB-	57.00	57.59
	27.52		57.59 (30.07)		
2	Chris Knee	33	EAST LEEDS-	59.32	59.52
	27.81		59.52 (31.71)		
3	Sam Chadwick	33	GODALMING-	1:03.00	1:02.04
	30.68		1:02.04 (31.36)		
4	Bahram Benisi	34	BLETCHLEY & DISTRICT-	1:03.87	1:03.27
	30.62		1:03.27 (32.65)		

Event 9 Men 40-44 100 LC Meter Freestyle**Championship: 56.37 C 2006 Mark Reynolds**

1	Paul Clemence	42	EAST LEEDS-	57.97	57.56
	27.38		57.56 (30.18)		
2	Stretch Lane	41	ROMFORD TOWN-	56.00	57.66
	27.17		57.66 (30.49)		
3	David Stannard	41	READING-	1:02.00	1:01.42
	30.19		1:01.42 (31.23)		
4	Robin Baker	42	FISHGUARD FLYERS SC-	1:50.00	1:32.71
	42.56		1:32.71 (50.15)		

Event 9 Men 45-49 100 LC Meter Freestyle**Championship: 55.77 C 2008 Mark Reynolds**

1	Timothy Hitchcock	47	SPENCER SWIM TEAM-	1:10.00	1:09.85
	32.77		1:09.85 (37.08)		
2	Brian Phillips	49	HEADS OF THE VALLEYS-	1:09.48	1:09.97
	34.60		1:09.97 (35.37)		
3	Paul Mason	49	FISHGUARD FLYERS SC-	1:14.14	1:13.49
	34.79		1:13.49 (38.70)		

Event 9 Men 50-54 100 LC Meter Freestyle**Championship: 58.77 C 17/03/2012 Alec Johnson****Trafford Metro**

1	Alec Johnson	50	TRAFFORD METRO BOR-	59.10	58.77 C
	27.99		58.77 (30.78)		
2	Colin Stephenson	54	GLOUCESTER MASTERS-	1:01.50	1:00.62
	29.33		1:00.62 (31.29)		



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3	Tom Enright	53	ROMFORD TOWN-	1:05.00	1:06.54
	31.71	1:06.54	(34.83)		
4	Paul Pycroft	54	CITY OF CARDIFF-	1:07.00	1:08.48
	31.95	1:08.48	(36.53)		
5	Mark Straw	54	BASINGSTOKE-	1:11.44	1:10.42
	33.60	1:10.42	(36.82)		
6	Patrick Allen	50	GLOUCESTER MASTERS-	1:15.00	1:10.44
	33.88	1:10.44	(36.56)		

Event 9 Men 55-59 100 LC Meter Freestyle

Championship:		1:03.56	C	2009	Peter Rae	
1	Steve Weston	57	GLOUCESTER MASTERS-	1:06.50	1:05.74	
	31.11	1:05.74	(34.63)			
2	Gordon Baxter	58	CITY OF CARDIFF-	1:16.00	1:15.12	
	36.65	1:15.12	(38.47)			

Event 9 Men 60-64 100 LC Meter Freestyle

Championship:		1:09.35	C	2008	James Arthur	
1	Keith Rothwell	63	ARFON MASTERS-	1:25.10	1:25.04	
	40.54	1:25.04	(44.50)			
2	Ian Davies	63	NEWCASTLE EMLYN SC-	1:50.00	1:33.25	
	44.18	1:33.25	(49.07)			

Event 9 Men 65-69 100 LC Meter Freestyle

Championship:		1:07.94	C	2006	Bill Letch	
1	John Webb	66	SPENCER SWIM TEAM-	1:15.75	1:17.36	
	37.75	1:17.36	(39.61)			

Event 9 Men 70-74 100 LC Meter Freestyle

Championship:		1:15.70	C	17/03/2012	Tony Cherrington	Glos Masters
1	Tony Cherrington	70	GLOUCESTER MASTERS-	1:12.50	1:15.70	C
	35.88	1:15.70	(39.82)			
2	Geoff Stokes	73	SPENCER SWIM TEAM-	1:18.00	1:18.76	
	38.67	1:18.76	(40.09)			
3	Paul Clarke	70	TEAM LUTON SWIMMING-	1:42.00	1:38.91	
	44.93	1:38.91	(53.98)			

Event 10 Women 18-24 50 LC Meter Backstroke

Championship:		32.97	C	2005	Sian Boulton	
1	Beatrice Holmberg	21	MALARHOJDENS SIMALLSKAP-	39.10	39.01	

Event 10 Women 25-29 50 LC Meter Backstroke

Championship:		33.22	C	2011	Anna Fenton	
1	Fiona Mcwhirter	28	CAMDEN SWISS COTTAGE S.C.-	40.00	41.01	

Event 10 Women 30-34 50 LC Meter Backstroke

Championship:		34.26	C	2004	A. Bensley-Chilton	
1	Anna Fenton	30	CAMDEN SWISS COTTAGE S.C.-	34.00	34.61	

Event 10 Women 35-39 50 LC Meter Backstroke

Championship:		34.04	C	17/03/2012	Gina Hobson	Otters
1	Gina Hobson	35	OTTERS SWIMMING CLUB-	33.80	34.04	C



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Championship:	33.66	C	2007	Kate Veale		
1	Penny Skyrme	42	CARMARTHESHIRE MASTERS	40.00		37.89
2	Marie Holmberg	43	KUNGSBACKA SIMSALLSKAP-	38.00		38.57

Event 10 Women 45-49 50 LC Meter Backstroke

Championship:	35.62	C	2005	Lesley Wilde		
1	Allie Price	47	CITY OF CARDIFF-	36.59		36.81
2	Rebecca Jenkinson	49	EXETER CITY-	37.50		36.99
3	Hannah Ueckermann	49	WITHAM DOLPHINS-	42.50		40.52

Event 10 Women 50-54 50 LC Meter Backstroke

Championship:	36.40	C	17/03/2012	Judy Hattle		Carlisle Masters
1	Judy Hattle	52	CARLISLE MASTERS-	36.97		36.40C
2	Helen Kula-Przewanski	53	BRISTOL MASTERS-	39.00		39.73
3	Bridget Edwards	52	ARFON MASTERS-	1:00.00		55.58

Event 10 Women 55-59 50 LC Meter Backstroke

Championship:	41.03	C	17/03/2012	Amanda Heath		Spencer Swim
1	Amanda Heath	55	SPENCER SWIM TEAM-	40.90		41.03C
2	Marianne Davey	59	DORKING-	48.00		49.39
3	Beverly Best	57	PONTYPOOL SC-	55.00		50.80

Event 10 Women 60-64 50 LC Meter Backstroke

Championship:	41.06	C	2007	Susie Breslin		
1	Mary Johnson	62	MID SUSSEX MARLINS-	42.77		42.09
2	Alison Gwynn	64	SPENCER SWIM TEAM-	44.50		45.27

Event 10 Women 65-69 50 LC Meter Backstroke

Championship:	43.30	C	2007	Janet Brown		
1	Carol Fellows	66	SPENCER SWIM TEAM-	42.50		43.89

Event 10 Women 70-74 50 LC Meter Backstroke

Championship:	46.53	C	17/03/2012	Janet Brown		Spencer Swim
1	Janet Brown	71	SPENCER SWIM TEAM-	44.50		46.53C

Event 10 Women 80-84 50 LC Meter Backstroke

Championship:	50.27	C	17/03/2012	Jane Asher		Kings Corm
1	Jane Asher	81	KINGS CORMORANTS-	51.00		50.27C

Event 10 Women 85-89 50 LC Meter Backstroke

Championship:	1:06.66	C	2005	Willy van Rysel		
1	Susan Halter	85	CAMDEN SWISS COTTAGE S.C.-	1:08.42		1:10.37

Event 11 Men 18-24 50 LC Meter Backstroke

Championship:	29.40	C	2009	John Howells		
1	Bradley Price	20	LLANTRISANT-	28.06		29.87
2	Gareth Fowler	23	AMERSHAM SC-	29.99		30.25

Event 11 Men 25-29 50 LC Meter Backstroke

Championship:	29.79	C	1996	Paul Griffiths		
1	Phil Muspratt	27	SALISBURY STINGRAYS ASC-	30.00		30.80
2	Robert Langan	25	SALISBURY STINGRAYS ASC-	30.42		31.12
3	Alex Boyce	29	CAMDEN SWISS COTTAGE S.C.-	31.40		33.46
4	Pete Edwards	28	ARFON MASTERS-	1:02.80		50.90



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Championship: 30.64 C 1996 Mark Jenkins
 1 Andrew Louw 33 OTTERS SWIMMING CLUB- 31.00 31.86

Event 11 Men 40-44 50 LC Meter Backstroke

Championship: 30.75 C 2010 Chris Archer-Brown
 1 Patrick Gore 44 CITY OF CARDIFF- 32.60 32.71

Event 11 Men 45-49 50 LC Meter Backstroke

Championship: 32.63 C 2008 Cristian Rentsch
 1 Peter Weideling 45 CAMDEN SWISS COTTAGE S.C.- 33.10 33.34
 2 Alexei Zhurov 45 CITY OF CARDIFF- 39.00 41.28
 3 Brian Phillips 49 HEADS OF THE VALLEYS- 47.95 41.97

Event 11 Men 50-54 50 LC Meter Backstroke

Championship: 34.13 C 2006 Phil Norman
 1 Keith Williams 54 GLOUCESTER MASTERS- 45.00 50.64

Event 11 Men 60-64 50 LC Meter Backstroke

Championship: 35.27 C 2007 Eric Hodgson
 1 Chris Thorp 62 CITY OF DERBY- 39.42 40.16
 2 Ian Davies 63 NEWCASTLE EMLYN SC- 1:00.00 53.38

Event 11 Men 65-69 50 LC Meter Backstroke

Championship: 37.88 C 2009 Nigel Salsbury
 1 John Webb 66 SPENCER SWIM TEAM- 41.80 44.02

Event 11 Men 70-74 50 LC Meter Backstroke

Championship: 39.40 C 2010 Nigel Salsbury
 1 Nigel Salsbury 72 SPENCER SWIM TEAM- 40.00 41.43

Event 12 Women 160-199 400 LC Meter Freestyle Relay

Championship: 5:09.22 C 17/03/2012 City of Cardiff CO Cardiff
A Price, C Thomas, C Kinson, K Durno
 1 CITY OF CARDIFF A NT 5:09.22 C
 1) Allie Price W47 35.88 2) Ceri Thomas W47 1:14.79 (1:14.79) 3) Charmaine Kinson W44 2:33.00 (1:18.21) 4) Kimberley Durno W25 5:09.22 (1:19.27)
 3:09.43 (36.43) 3:49.95 (1:16.95) 4:27.86 (37.91) 5:09.22 (1:19.27)

Event 12 Women 200-239 400 LC Meter Freestyle Relay

Championship: 6:53.16 C 17/03/2012 Arfon Masters Arfon Masters
H Hughes, B Edwards, A Donnelly, S Farrar
 1 ARFON MASTERS A 6:30.00 6:53.16 C
 1) Helen Hughes W70 48.46 2) Bridget Edwards W52 1:42.29 (1:42.29) 3) Allison Donnelly W45 3:46.78 (2:04.49) 4) Stella Farrar W53 6:53.16 (1:21.46)
 4:33.30 (46.52) 5:31.70 (1:44.92) 6:10.87 (39.17) 6:53.16 (1:21.46)

Event 12 Women 280-319 400 LC Meter Freestyle Relay

Championship: 6:36.76 C 17/03/2012 Spencer Swim Team Spencer Swim
C Fellows, D Ford, J Brown, M Hitchcock
 1 SPENCER SWIM TEAM A NT 6:36.76 C
 1) Carol Fellows W66 42.26 2) Diane Ford W69 1:27.33 (1:27.33) 3) Janet Brown W71 2:59.55 (1:32.22) 4) Muriel Hitchcock W74 6:36.76 (1:51.58)
 3:48.91 (49.36) 4:45.18 (1:45.63) 5:35.34 (50.16) 6:36.76 (1:51.58)



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 13 Men 160-199 400 LC Meter Freestyle Relay**

Championship: 4:19.43 C 17/03/2012 City of Cardiff CO Cardiff
P Gore, J Banns, P Pycroft, A Martin

1	CITY OF CARDIFF	A	NT	4:19.43 C
	1) Patrick Gore M44	2) Joe Banns M25	3) Paul Pycroft M54	4) Andrew Martin M37
	31.42	1:04.15 (1:04.15)	1:32.61 (28.46)	2:04.41 (1:00.26)
	2:38.28 (33.87)	3:15.96 (1:11.55)	3:46.25 (30.29)	4:19.43 (1:03.47)

Event 13 Men 200-239 400 LC Meter Freestyle Relay

Championship: 7:06.76 C 17/03/2012 Arfon Masters Arfon Masters
O East, B Owen, K Rothwell, P Edwards

1	ARFON MASTERS	A	6:30.00	7:06.76 C
	1) Oggy East M45	2) Basil Owen M82	3) Keith Rothwell M63	4) Pete Edwards M28
	37.78	1:17.37 (1:17.37)	2:34.65 (1:17.28)	4:02.82 (2:45.45)
	4:45.34 (42.52)	5:36.92 (1:34.10)	6:17.77 (40.85)	7:06.76 (1:29.84)

Event 13 Men 280-319 400 LC Meter Freestyle Relay

Championship: 5:49.43 C 17/03/2012 Spencer Swim Team Spencer Swim
G Stokes, N Salisbury, H Dick, J Webb

1	SPENCER SWIM TEAM	A	NT	5:49.43 C
	1) Geoff Stokes M73	2) Nigel Salisbury M72	3) Morris Dick M70	4) John Webb M66
	39.79	1:20.83 (1:20.83)	2:05.10 (44.27)	2:51.33 (1:30.50)
	3:35.45 (44.12)	4:23.55 (1:32.22)	5:05.41 (41.86)	5:49.43 (1:25.88)

Event 14 Women 18-24 200 LC Meter Freestyle

Championship: 2:15.51 C 2008 Kathy Siuda

1	Alex Christie	24	READING-	2:35.00	2:37.53
	36.53	1:16.71 (40.18)	1:59.17 (42.46)	2:37.53 (38.36)	

Event 14 Women 25-29 200 LC Meter Freestyle

Championship: 2:14.84 C 2009 Katie Henderson

1	Laure Bacher-Fuentes	29	OTTERS SWIMMING CLUB-	2:20.00	2:20.23
	32.38	1:07.74 (35.36)	1:43.64 (35.90)	2:20.23 (36.59)	
2	Fiona Kinsella	28	CITY OF CARDIFF-	2:45.20	2:30.99
	33.99	1:11.73 (37.74)	1:51.48 (39.75)	2:30.99 (39.51)	
3	Fiona Mcwhirter	28	CAMDEN SWISS COTTAGE S.C.-	2:50.00	3:01.12
	39.73	1:26.18 (46.45)	2:15.17 (48.99)	3:01.12 (45.95)	

Event 14 Women 35-39 200 LC Meter Freestyle

Championship: 2:22.23 C 2010 Sarah Vale

1	Jessica Wooddisse	37	STROUD MASTERS-	2:23.39	2:23.38
	34.21	1:10.71 (36.50)	1:47.34 (36.63)	2:23.38 (36.04)	

Event 14 Women 40-44 200 LC Meter Freestyle

Championship: 2:17.99 C 2004 Nuala Muir-Cochran

1	Marie Holmberg	43	KUNGSBACKA SIMSALLSKAP-	2:35.10	2:35.52
	36.45	1:15.59 (39.14)	1:56.38 (40.79)	2:35.52 (39.14)	
2	Karen Molloy	40	AERLINGUS-	2:45.00	3:13.47
	43.38	1:32.00 (48.62)	2:23.53 (51.53)	3:13.47 (49.94)	

Event 14 Women 45-49 200 LC Meter Freestyle

Championship: 2:32.07 C 2011 Allie Price

1	Ceri Thomas	47	CITY OF CARDIFF-	2:38.54	2:42.28
	37.55	1:19.01 (41.46)	2:00.70 (41.69)	2:42.28 (41.58)	



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2	Anne Raymond	49	SEVENOAKS TRI-SWIM CLUB-	3:00.00	3:01.62
	40.26	1:26.63 (46.37)	2:14.19 (47.56)	3:01.62 (47.43)	

Event 14 Women 50-54 200 LC Meter Freestyle

Championship: 2:23.15 C 17/03/2012		Dymphna Morris		Aerlingus	
1	Dymphna Morris	51	AERLINGUS-	2:25.00	2:23.15 C
	33.86	1:10.02 (36.16)	1:46.77 (36.75)	2:23.15 (36.38)	
2	Maggie Smith	54	CITY OF OXFORD-	2:41.00	2:40.32
	37.17	1:17.85 (40.68)	1:59.94 (42.09)	2:40.32 (40.38)	
3	Stella Farrar	53	ARFON MASTERS-	2:51.93	2:41.88
	37.25	1:18.29 (41.04)	2:00.53 (42.24)	2:41.88 (41.35)	
4	Heidi Gore	50	CITY OF CARDIFF-	2:44.66	2:47.44
	37.21	1:18.90 (41.69)	2:02.93 (44.03)	2:47.44 (44.51)	
5	Catherine Hartle	54	SPENCER SWIM TEAM-	2:49.00	2:49.70
	39.34	1:22.77 (43.43)	2:06.75 (43.98)	2:49.70 (42.95)	
6	Lesley Cook	54	OTTERS SWIMMING CLUB-	3:00.00	2:50.37
	39.85	1:24.06 (44.21)	2:07.78 (43.72)	2:50.37 (42.59)	
7	Gill Miles	52	BRISTOL HENLEAZE-	3:58.00	4:02.06
	55.44	1:56.30 (1:00.86)	2:59.63 (1:03.33)	4:02.06 (1:02.43)	
8	Bridget Edwards	52	ARFON MASTERS-	4:10.00	4:22.57
	58.64	2:05.98 (1:07.34)	3:18.13 (1:12.15)	4:22.57 (1:04.44)	

Event 14 Women 55-59 200 LC Meter Freestyle

Championship: 2:36.24 C 2009		Sue Haigh			
1	Anne Bourne	58	CAMPBILL EDWARDS-	2:38.34	2:36.77
	37.15	1:17.28 (40.13)	1:57.82 (40.54)	2:36.77 (38.95)	
2	Barbara Boxall	57	ROMFORD TOWN-	2:55.03	2:49.55
	38.71	1:21.42 (42.71)	2:06.81 (45.39)	2:49.55 (42.74)	
3	Sara Perry	55	CAMDEN SWISS COTTAGE S.C.-	2:51.76	2:52.04
	39.50	1:24.10 (44.60)	2:09.51 (45.41)	2:52.04 (42.53)	
4	Marianne Davey	59	DORKING-	3:26.40	3:35.65
	50.01	1:45.77 (55.76)	2:43.55 (57.78)	3:35.65 (52.10)	

Event 14 Women 60-64 200 LC Meter Freestyle

Championship: 2:42.26 C 17/03/2012		Susan Haigh		Tiverton	
1	Susan Haigh	60	TIVERTON-	2:39.62	2:42.26 C
	37.63	1:19.65 (42.02)	2:01.95 (42.30)	2:42.26 (40.31)	
2	Karen Bellas	60	CAMDEN SWISS COTTAGE S.C.-	2:53.12	2:57.44
	40.62	1:25.88 (45.26)	2:12.57 (46.69)	2:57.44 (44.87)	
3	Alison Gwynn	64	SPENCER SWIM TEAM-	3:01.50	3:03.98
	41.42	1:28.72 (47.30)	2:17.48 (48.76)	3:03.98 (46.50)	
4	Mary Johnson	62	MID SUSSEX MARLINS-	3:10.00	3:05.05
	42.51	1:28.40 (45.89)	2:18.54 (50.14)	3:05.05 (46.51)	

Event 14 Women 65-69 200 LC Meter Freestyle

Championship: 3:00.15 C 2009		Jean Howard-Jones			
1	Elaine Blower	67	BARNETT COPTHALL-	3:09.00	3:04.78
	43.38	1:30.84 (47.46)	2:18.98 (48.14)	3:04.78 (45.80)	

Event 14 Women 70-74 200 LC Meter Freestyle

Championship: 3:03.26 C 2005		Jane Asher			
1	Helen Hughes	70	ARFON MASTERS-	3:45.00	3:45.96
	52.46	1:50.43 (57.97)	2:47.51 (57.08)	3:45.96 (58.45)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 14 Women 75-79 200 LC Meter Freestyle**

Championship:	3:01.84	C	2008	Jane Asher		
1 Ann Humphris				75 BARNSTAPLE-	4:40.00	4:45.19
	1:04.40		2:17.26 (1:12.86)		3:33.26 (1:16.00)	4:45.19 (1:11.93)

Event 14 Women 80-84 200 LC Meter Freestyle

Championship:	3:07.40	C	2011	Jane Asher		
1 Jane Asher				81 KINGS CORMORANTS-	3:20.00	3:15.01
	45.96		1:36.15 (50.19)		2:27.52 (51.37)	3:15.01 (47.49)

Event 15 Men 18-24 200 LC Meter Freestyle

Championship:	1:55.60	C	17/03/2012	Dan Waddingham	Swansea Perf	
1 Dan Waddingham				22 SWANSEA PERFORMANCE CENT	1:53.17	1:55.60 C
	27.28		56.82 (29.54)		1:26.09 (29.27)	1:55.60 (29.51)

Event 15 Men 25-29 200 LC Meter Freestyle

Championship:	2:05.34	C	2007	Dylan Malagrino		
1 Phil Muspratt				27 SALISBURY STINGRAYS ASC-	2:02.50	2:05.68
	27.37		58.54 (31.17)		1:31.48 (32.94)	2:05.68 (34.20)
2 Neal Taylor				27 CAMDEN SWISS COTTAGE S.C.-	2:08.50	2:07.45
	29.82		1:01.96 (32.14)		1:35.26 (33.30)	2:07.45 (32.19)
3 Joe Banns				25 CITY OF CARDIFF-	2:08.42	2:10.14
	29.91		1:02.92 (33.01)		1:36.74 (33.82)	2:10.14 (33.40)
4 Andrew Young				28 CAMDEN SWISS COTTAGE S.C.-	2:12.74	2:11.86
	30.51		1:03.93 (33.42)		1:38.33 (34.40)	2:11.86 (33.53)
5 Robert Langan				25 SALISBURY STINGRAYS ASC-	2:10.77	2:16.55
	30.34		1:04.83 (34.49)		1:40.96 (36.13)	2:16.55 (35.59)
6 Elias Inatty				28 CAMDEN SWISS COTTAGE S.C.-	2:15.00	2:19.87
	31.93		1:07.50 (35.57)		1:44.01 (36.51)	2:19.87 (35.86)
7 Matt Hockin				28 CREDITON-	2:18.60	2:25.65
	32.50		1:09.33 (36.83)		1:48.05 (38.72)	2:25.65 (37.60)
8 Pete Edwards				28 ARFON MASTERS-	3:29.60	3:17.00
	40.96		1:32.16 (51.20)		2:27.39 (55.23)	3:17.00 (49.61)

Event 15 Men 30-34 200 LC Meter Freestyle

Championship:	2:05.41	C	2009	Karl Buchholtz		
1 Sam Chadwick				33 GODALMING-	2:24.00	2:18.69
	32.37		1:08.42 (36.05)		1:45.04 (36.62)	2:18.69 (33.65)
2 Chris Knee				33 EAST LEEDS-	2:20.00	2:27.15
	29.39		1:00.66 (31.27)		1:45.96 (45.30)	2:27.15 (41.19)
3 Bahram Benisi				34 BLETCHLEY & DISTRICT-	2:27.42	2:29.60
	33.97		1:12.92 (38.95)		1:51.92 (39.00)	2:29.60 (37.68)

Event 15 Men 35-39 200 LC Meter Freestyle

Championship:	2:06.93	C	2004	Colin Ovington		
1 Joel Winter				39 READING-	2:11.58	2:14.84
	31.25		1:05.27 (34.02)		1:40.45 (35.18)	2:14.84 (34.39)

Event 15 Men 40-44 200 LC Meter Freestyle

Championship:	2:06.72	C	2005	Peter Long		
1 David Stannard				41 READING-	2:14.00	2:13.46
	31.21		1:06.20 (34.99)		1:40.14 (33.94)	2:13.46 (33.32)
2 Henrik Holmberg				43 KUNGSBACKA SIMSALLSKAP-	2:26.30	2:31.23
	33.81		1:10.56 (36.75)		1:49.99 (39.43)	2:31.23 (41.24)



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 15 Men 45-49 200 LC Meter Freestyle**

Championship:	2:03.55	C	2009	Calum McKinlay		
1 Mark Partridge				49 STROUD MASTERS-	2:25.00	2:29.17
	31.75		1:08.40 (36.65)	1:47.93 (39.53)	2:29.17 (41.24)	
2 Brian Phillips				49 HEADS OF THE VALLEYS-	2:37.07	2:40.87
	37.03		1:18.18 (41.15)	2:01.55 (43.37)	2:40.87 (39.32)	
3 Oggy East				45 ARFON MASTERS-	2:51.64	2:49.80
	40.14		1:24.15 (44.01)	2:08.65 (44.50)	2:49.80 (41.15)	
4 Paul Mason				49 FISHGUARD FLYERS SC-	2:40.00	2:55.09
	39.22		1:22.40 (43.18)	2:10.74 (48.34)	2:55.09 (44.35)	

Event 15 Men 50-54 200 LC Meter Freestyle

Championship:	2:12.96	C	2007	Simon Veale		
1 Jon Hopkins				52 CITY OF CARDIFF-	2:24.00	2:23.54
	31.71		1:07.99 (36.28)	1:46.30 (38.31)	2:23.54 (37.24)	
2 Tom Enright				53 ROMFORD TOWN-	2:35.00	2:32.94
	34.83		1:14.84 (40.01)	1:54.57 (39.73)	2:32.94 (38.37)	
3 Mark Straw				54 BASINGSTOKE-	2:38.78	2:33.70
	35.05		1:14.50 (39.45)	1:54.18 (39.68)	2:33.70 (39.52)	
4 Paul Pycroft				54 CITY OF CARDIFF-	2:30.00	2:35.37
	34.18		1:13.49 (39.31)	1:55.14 (41.65)	2:35.37 (40.23)	
5 Patrick Allen				50 GLOUCESTER MASTERS-	3:00.00	2:38.47
	37.56		1:17.17 (39.61)	1:59.14 (41.97)	2:38.47 (39.33)	

Event 15 Men 60-64 200 LC Meter Freestyle

Championship:	2:35.76	C	2009	James Arthur		
1 Peter Rank				60 CITY OF CAMBRIDGE-	3:01.00	3:04.80
	40.69		1:27.31 (46.62)	2:17.43 (50.12)	3:04.80 (47.37)	
2 Ian Davies				63 NEWCASTLE EMLYN SC-	3:50.00	3:39.23
	49.56		1:45.61 (56.05)	2:44.43 (58.82)	3:39.23 (54.80)	

Event 15 Men 70-74 200 LC Meter Freestyle

Championship:	2:39.55	C	2009	Geoff Stokes		
1 Tony Cherrington				70 GLOUCESTER MASTERS-	2:45.00	2:50.08
	40.18		1:24.71 (44.53)	2:10.31 (45.60)	2:50.08 (39.77)	
2 Geoff Stokes				73 SPENCER SWIM TEAM-	3:00.00	2:50.62
	39.33		1:23.39 (44.06)	2:08.20 (44.81)	2:50.62 (42.42)	
3 Paul Clarke				70 TEAM LUTON SWIMMING-	3:55.00	3:49.00
	50.04		1:49.64 (59.60)	2:51.06 (1:01.42)	3:49.00 (57.94)	

Event 15 Men 75-79 200 LC Meter Freestyle

Championship:	4:02.78	C	2011	Irving Dixon		
1 Richard Skerrett				77 CARMARTHESHIRE MASTERS	4:59.00	4:51.16
	1:06.13		2:21.15 (1:15.02)	3:35.69 (1:14.54)	4:51.16 (1:15.47)	

Event 16 Women 30-34 200 LC Meter Butterfly

Championship:	2:28.38	C	2005	Nicola Latty		
1 Kay Hamilton				34 ROMFORD TOWN-	2:57.74	2:57.71
	37.35		1:21.17 (43.82)	2:09.57 (48.40)	2:57.71 (48.14)	
2 Michelle Matson				34 BASINGSTOKE-	3:00.00	3:06.85
	36.77		1:20.34 (43.57)	2:11.15 (50.81)	3:06.85 (55.70)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 16 Women 40-44 200 LC Meter Butterfly**

Championship:	2:31.44	C	17/03/2012	Nicola Latty	Oundle & Dist
1 Nicola Latty	35.39	1:13.96 (38.57)	41	OUNDL E & DISTRICT-	2:33.30
				1:52.89 (38.93)	2:31.44 (38.55)
2 Catherine Shearn	40.34	1:27.51 (47.17)	43	BASINGSTOKE-	3:13.95
				2:18.60 (51.09)	3:07.42 (48.82)
3 Lucy Roper	52.80	1:49.95 (57.15)	40	READING-	4:30.00
				2:52.00 (1:02.05)	3:52.71 (1:00.71)

Event 16 Women 45-49 200 LC Meter Butterfly

Championship:	2:55.98	C	2009	Sandy Jones	
--- Allison Donnelly	52.93	2:02.76 (1:09.83)	45	ARFON MASTERS-	4:25.00
				3:19.94 (1:17.18)	DQ (1:15.55)

Event 16 Women 50-54 200 LC Meter Butterfly

Championship:	2:42.30	C	17/03/2012	Judy Hattle	Carlisle Masters
1 Judy Hattle	36.16	1:17.60 (41.44)	52	CARLISLE MASTERS-	2:45.12
				1:59.88 (42.28)	2:42.30 (42.42)
2 Stella Farrar	44.92	1:39.20 (54.28)	53	ARFON MASTERS-	3:45.00
				2:36.97 (57.77)	3:29.70 (52.73)

Event 16 Women 55-59 200 LC Meter Butterfly

Championship:	3:14.41	C	17/03/2012	Amanda Heath	Spencer Swim
1 Amanda Heath	40.11	1:29.84 (49.73)	55	SPENCER SWIM TEAM-	3:15.00
				2:21.82 (51.98)	3:14.41 (52.59)
2 Lorraine Crook	59.45	2:08.57 (1:09.12)	58	CALDICOT-	4:21.99
				3:17.89 (1:09.32)	4:25.43 (1:07.54)

Event 16 Women 60-64 200 LC Meter Butterfly

Championship:	3:39.40	C	2009	Julie Crayford	
1 Karen Bellas	48.94	1:49.93 (1:00.99)	60	CAMDEN SWISS COTTAGE S.C.-	3:38.00
				2:52.83 (1:02.90)	3:49.93 (57.10)

Event 17 Men 18-24 200 LC Meter Butterfly

Championship:	2:18.59	C	2006	Adam Preece	
1 Gareth Cocks	28.92	1:04.16 (35.24)	23	CITY OF CARDIFF-	2:15.75
				1:41.51 (37.35)	2:20.86 (39.35)

Event 17 Men 45-49 200 LC Meter Butterfly

Championship:	2:44.00	C	17/03/2012	Darren Beer	Crediton
1 Darren Beer	35.00	1:16.21 (41.21)	45	CREDITON-	2:42.50
				2:00.31 (44.10)	2:44.00 (43.69)
2 Alexei Zhurov	45.21	1:35.28 (50.07)	45	CITY OF CARDIFF-	3:15.00
				2:28.10 (52.82)	3:20.18 (52.08)

Event 17 Men 55-59 200 LC Meter Butterfly

Championship:	2:54.92	C	1996	Roger Lloyd-Mostyn	
1 Vladimirs Sveds		1:42.02 ()	56	CITY OF CARDIFF-	3:30.00
				2:40.23 (58.21)	3:39.05 (58.82)

Event 17 Men 60-64 200 LC Meter Butterfly

Championship:	2:48.65	C	2004	Derek Parr	
1 Keith Rothwell	52.36	1:55.75 (1:03.39)	63	ARFON MASTERS-	4:05.00
				3:03.49 (1:07.74)	4:10.16 (1:06.67)



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 18 Women 18-24 100 LC Meter Backstroke****Championship: 1:10.61 C 2011 Hayley Bird**

1	Alex Christie	24	READING-	1:21.47	1:25.19
	41.64		1:25.19 (43.55)		

Event 18 Women 25-29 100 LC Meter Backstroke**Championship: 1:14.15 C 2006 Gina Hobson**

1	Fiona Mcwhirter	28	CAMDEN SWISS COTTAGE S.C.-	1:30.00	1:33.73
	46.25		1:33.73 (47.48)		

Event 18 Women 30-34 100 LC Meter Backstroke**Championship: 1:12.81 C 2005 Alison Usher**

1	Anna Fenton	30	CAMDEN SWISS COTTAGE S.C.-	1:12.00	1:18.14
	38.42		1:18.14 (39.72)		

Event 18 Women 45-49 100 LC Meter Backstroke**Championship: 1:19.12 C 2010 Allie Price**

1	Allie Price	47	CITY OF CARDIFF-	1:18.88	1:19.73
	39.11		1:19.73 (40.62)		
2	Rebecca Jenkinson	49	EXETER CITY-	1:22.00	1:22.50
	40.51		1:22.50 (41.99)		

Event 18 Women 50-54 100 LC Meter Backstroke**Championship: 1:27.46 C 2011 Amanda Heath**

1	Helen Kula-Przewanski	53	BRISTOL MASTERS-	1:27.00	1:27.49
	42.86		1:27.49 (44.63)		
2	Carolyn Fox	51	READING-	1:31.00	1:33.55
	46.12		1:33.55 (47.43)		
3	Catherine Hartle	54	SPENCER SWIM TEAM-	1:37.00	1:38.26
	47.72		1:38.26 (50.54)		
4	Bridget Edwards	52	ARFON MASTERS-	2:00.00	1:59.47
	57.56		1:59.47 (1:01.91)		

Event 18 Women 55-59 100 LC Meter Backstroke**Championship: 1:28.68 C 2009 Pauline Inwood**

1	Marianne Davey	59	DORKING-	1:51.46	1:51.01
	55.26		1:51.01 (55.75)		

Event 18 Women 60-64 100 LC Meter Backstroke**Championship: 1:28.27 C 17/03/2012 Kath Tunnicliffe****Etwall Eagles**

1	Kath Tunnicliffe	60	ETWALL EAGLES-	1:26.00	1:28.27 C
	40.90		1:28.27 (47.37)		
2	Alison Gwynn	64	SPENCER SWIM TEAM-	1:40.50	1:41.17
	49.47		1:41.17 (51.70)		

Event 18 Women 70-74 100 LC Meter Backstroke**Championship: 1:44.24 C 2008 Brenda Walker**

1	Janet Brown	71	SPENCER SWIM TEAM-	1:44.70	1:45.07
	50.73		1:45.07 (54.34)		

Event 18 Women 80-84 100 LC Meter Backstroke**Championship: 1:46.35 C 2011 Jane Asher**

1	Jane Asher	81	KINGS CORMORANTS-	1:50.00	1:52.96
	55.47		1:52.96 (57.49)		



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 18 Women 85-89 100 LC Meter Backstroke****Championship: 2:26.07 C 2005 Willy van Rysel**

1	Susan Halter	85	CAMDEN SWISS COTTAGE S.C.-	2:44.36	2:40.70
		1:17.60	2:40.70 (1:23.10)		

Event 19 Men 18-24 100 LC Meter Backstroke**Championship: 1:05.80 C 17/03/2012 Gareth Fowler Amersham**

1	Gareth Fowler	23	AMERSHAM SC-	1:05.32	1:05.80 C
		33.24	1:05.80 (32.56)		

Event 19 Men 25-29 100 LC Meter Backstroke**Championship: 57.69 C 2008 Matt Bowe**

1	Robert Langan	25	SALISBURY STINGRAYS ASC-	1:05.23	1:06.87
		32.55	1:06.87 (34.32)		
2	Phil Muspratt	27	SALISBURY STINGRAYS ASC-	1:06.00	1:07.43
		31.94	1:07.43 (35.49)		
3	Joe Banns	25	CITY OF CARDIFF-	1:07.12	1:07.48
		33.33	1:07.48 (34.15)		
4	Andrew Young	28	CAMDEN SWISS COTTAGE S.C.-	1:09.30	1:09.64
		34.00	1:09.64 (35.64)		

Event 19 Men 35-39 100 LC Meter Backstroke**Championship: 1:01.27 C 2006 Chris Jones**

1	Joel Winter	39	READING-	NT	1:14.33
		35.67	1:14.33 (38.66)		

Event 19 Men 40-44 100 LC Meter Backstroke**Championship: 1:08.78 C 2004 Mike Brett**

1	Patrick Gore	44	CITY OF CARDIFF-	1:10.30	1:11.63
		35.44	1:11.63 (36.19)		

Event 19 Men 45-49 100 LC Meter Backstroke**Championship: 1:12.78 C 2008 Jon Hopkins**

1	Brian Phillips	49	HEADS OF THE VALLEYS-	1:42.23	1:33.10
		47.50	1:33.10 (45.60)		

Event 19 Men 50-54 100 LC Meter Backstroke**Championship: 1:09.85 C 2008 John Rittenhouse**

1	Colin Stephenson	54	GLOUCESTER MASTERS-	1:18.60	1:18.16
		38.54	1:18.16 (39.62)		
2	Keith Williams	54	GLOUCESTER MASTERS-	1:50.00	1:55.14
		57.44	1:55.14 (57.70)		

Event 19 Men 55-59 100 LC Meter Backstroke**Championship: 1:20.24 C 2008 Malcolm Wilson**

1	Vladimirs Sveds	56	CITY OF CARDIFF-	1:32.50	1:37.34
		47.47	1:37.34 (49.87)		

Event 19 Men 60-64 100 LC Meter Backstroke**Championship: 1:19.01 C 2007 Eric Hodgson**

1	Chris Thorp	62	CITY OF DERBY-	1:30.93	1:33.90
		44.95	1:33.90 (48.95)		
2	Ian Davies	63	NEWCASTLE EMLYN SC-	2:00.00	1:58.39
		56.82	1:58.39 (1:01.57)		



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Championship:	1:29.99	C	2010	Nigel Salsbury		
1	Nigel Salsbury			72	SPENCER SWIM TEAM-	1:32.00
	46.44		1:34.28 (47.84)			1:34.28
2	Paul Clarke			70	TEAM LUTON SWIMMING-	1:54.00
	57.13		2:02.16 (1:05.03)			2:02.16

Event 19 Men 75-79 100 LC Meter Backstroke

Championship:	2:05.58	C	2006	Baz Owen		
1	Richard Skerrett			77	CARMARTHESHIRE MASTERS	2:34.00
	1:14.92		2:32.15 (1:17.23)			2:32.15

Event 19 Men 80-84 100 LC Meter Backstroke

Championship:	1:51.79	C	2004	Tony Summers		
1	Robert Curr			83	SERPENTINE-	2:50.00
	1:19.01		2:53.59 (1:34.58)			2:53.59

Event 19 Men 85-89 100 LC Meter Backstroke

Championship:	2:09.07	C	2009	Tony Summers		
1	Tony Summers			88	CITY OF NEWPORT-	3:00.00
	1:12.43		2:31.49 (1:19.06)			2:31.49

Event 20 Women 18-24 50 LC Meter Breaststroke

Championship:	33.27	C	2008	Louise Henley		
1	Beatrice Holmberg			21	MALARHOJDENS SIMALLSKAP-	42.15
						42.90

Event 20 Women 25-29 50 LC Meter Breaststroke

Championship:	34.97	C	2006	Fiona Marshall		
1	Emma Power			27	CREDITON-	40.53
						40.25
2	Amy Crampton			27	WELSH INDIVIDUAL-	40.25
						42.37

Event 20 Women 35-39 50 LC Meter Breaststroke

Championship:	37.62	C	17/03/2012	Sharon Burchell	Crawley	
1	Sharon Burchell			36	CRAWLEY-	37.41
						37.62 C
2	Gina Hobson			35	OTTERS SWIMMING CLUB-	43.00
						40.57

Event 20 Women 40-44 50 LC Meter Breaststroke

Championship:	38.01	C	17/03/2012	Sharon Lock	Melton M'bry	
1	Sharon Lock			43	MELTON M'BRY-	38.23
						38.01 C
2	Penny Skyrme			42	CARMARTHESHIRE MASTERS	47.00
						44.76

Event 20 Women 45-49 50 LC Meter Breaststroke

Championship:	37.70	C	2008	Ruth Cheema		
1	Allison Donnelly			45	ARFON MASTERS-	54.20
						56.10

Event 20 Women 50-54 50 LC Meter Breaststroke

Championship:	39.34	C	2007	Amanda Heath		
1	Bridget Edwards			52	ARFON MASTERS-	1:00.00
						55.97
2	Delia Keen			51	CARMARTHESHIRE MASTERS	58.16
						1:00.29

Event 20 Women 55-59 50 LC Meter Breaststroke

Championship:	40.47	C	2006	Jennifer Merrit		
1	Amanda Heath			55	SPENCER SWIM TEAM-	40.50
						41.27
2	Catherine Chase			55	CAMPHILL EDWARDS-	44.70
						44.54
3	Marianne Davey			59	DORKING-	1:00.00
						55.39



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 20 Women 65-69 50 LC Meter Breaststroke**

Championship:	43.46	C	2009	Diane Ford		
1	Diane Ford			69	SPENCER SWIM TEAM-	46.50 45.71

Event 20 Women 70-74 50 LC Meter Breaststroke

Championship:	48.01	C	2011	Muriel Hitchcock		
1	Muriel Hitchcock			74	SPENCER SWIM TEAM-	52.00 51.68
2	Helen Hughes			70	ARFON MASTERS-	1:10.00 1:04.96

Event 21 Men 18-24 50 LC Meter Breaststroke

Championship:	30.93	C	2006	Nathan Ford		
1	David Cocks			22	CITY OF CARDIFF-	34.31 32.75

Event 21 Men 25-29 50 LC Meter Breaststroke

Championship:	30.09	C	2006	Ross Nicholas		
1	Robert Brimacombe			29	CREDITON-	33.42 35.47
2	Pete Edwards			28	ARFON MASTERS-	47.90 43.67

Event 21 Men 35-39 50 LC Meter Breaststroke

Championship:	30.39	C	2004	Nick Gillingham		
1	Gary Wraight			35	ROMFORD TOWN-	35.50 35.36

Event 21 Men 40-44 50 LC Meter Breaststroke

Championship:	33.44	C	2009	Richard Slater		
1	Stretch Lane			41	ROMFORD TOWN-	34.50 34.68
2	Henrik Holmberg			43	KUNGSBACKA SIMSALLSKAP-	37.20 38.21

Event 21 Men 45-49 50 LC Meter Breaststroke

Championship:	33.49	C	2007	Walter Syrett		
1	Mark Partridge			49	STROUD MASTERS-	34.00 34.88
2	Timothy Hitchcock			47	SPENCER SWIM TEAM-	42.00 42.60
3	Oggy East			45	ARFON MASTERS-	45.93 45.15

Event 21 Men 50-54 50 LC Meter Breaststroke

Championship:	34.16	C	2009	Walter Syrett		
1	Ian Yates			50	BRIDGEND CTY-	38.06 38.89

Event 21 Men 55-59 50 LC Meter Breaststroke

Championship:	36.61	C	2011	Graham Pearson		
1	Steve Weston			57	GLOUCESTER MASTERS-	40.00 41.00

Event 21 Men 60-64 50 LC Meter Breaststroke

Championship:	40.46	C	1996	Geoffrey Bishop		
1	Keith Rothwell			63	ARFON MASTERS-	43.90 45.19
2	Ian Davies			63	NEWCASTLE EMLYN SC-	55.00 50.48

Event 21 Men 65-69 50 LC Meter Breaststroke

Championship:	40.31	C	2008	Morris Dick		
1	Chris Trueman			65	UEA CITY OF NORWICH-	43.00 43.78

Event 21 Men 70-74 50 LC Meter Breaststroke

Championship:	39.60	C	2006	Tom Walker		
1	Morris Dick			70	SPENCER SWIM TEAM-	43.42 44.64
2	Robert Lloyd-Evans			70	POOLE-	47.10 47.65



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 21 Men 80-84 50 LC Meter Breaststroke**

Championship: 57.50 C 2006 John Davis
 1 Robert Curr 83 SERPENTINE- 1:10.00 1:12.78

Event 22 Mixed 100-119 400 LC Meter Freestyle Relay

Championship: 4:42.07 C 17/03/2012 Camden Swiss Cottage S.C. Camden Swiss
N Taylor, E Inatty, A Fenton, F Mcwhirter
 1 CAMDEN SWISS COTTAGE S. A 4:15.87 4:42.07 C
 1) Neal Taylor M27 2) Elias Inatty M28 3) Anna Fenton W30 4) Fiona Mcwhirter W28
 41.30 1:29.87 (1:29.87) 2:03.88 (34.01) 2:41.30 (1:11.43)
 3:11.68 (30.38) 3:44.41 (1:03.11) 4:12.21 (27.80) 4:42.07 (57.66)

Event 22 Mixed 160-199 400 LC Meter Freestyle Relay

Championship: 4:33.09 C 17/03/2012 Romford Town Romford Town
 1 ROMFORD TOWN A NT 4:33.09 C
 34.89 1:12.63 (1:12.63) 1:48.00 (35.37) 2:28.37 (1:15.74)
 2:57.06 (28.69) 3:31.42 (1:03.05) 3:59.80 (28.38) 4:33.09 (1:01.67)
 2 ARFON MASTERS A NT 5:51.95
 1) Keith Rothwell M63 2) Stella Farrar W53 3) Allison Donnelly W45 4) Pete Edwards M28
 37.64 1:17.87 (1:17.87) 1:58.13 (40.26) 2:46.06 (1:28.19)
 3:30.52 (44.46) 4:26.41 (1:40.35) 5:06.07 (39.66) 5:51.95 (1:25.54)

Event 22 Mixed 200-239 400 LC Meter Freestyle Relay

Championship: 5:04.99 C 17/03/2012 City of Cardiff CO Cardiff
H Gore, C Kinson, P Pycroft, V Sveds
 1 CITY OF CARDIFF A NT 5:04.99 C
 1) Heidi Gore W50 2) Charmaine Kinson W44 3) Paul Pycroft M54 4) Vladimirs Sveds M56
 36.79 1:16.70 (1:16.70) 1:53.69 (36.99) 2:34.12 (1:17.42)
 3:07.47 (33.35) 3:45.34 (1:11.22) 4:22.91 (37.57) 5:04.99 (1:19.65)

Event 23 Mixed 72-99 200 LC Meter Medley Relay

Championship: 2:08.24 C 17/03/2012 City of Cardiff CO Cardiff
G Cocks, D Cocks, J Jones, B Morgan
 1 CITY OF CARDIFF A NT 2:08.24 C
 1) Gareth Cocks M23 2) David Cocks M22 3) Jenny Jones W22 4) Bronwen Morgan W19
 31.14 1:03.60 (32.46) 1:36.49 (32.89) 2:08.24 (31.75)

Event 23 Mixed 100-119 200 LC Meter Medley Relay

Championship: 2:02.95 C 2006 Otter
 1 CAMDEN SWISS COTTAGE S. '' A 2:25.45 2:13.78
 1) Anna Fenton W30 2) Andrew Young M28 3) Alex Boyce M29 4) Fiona Mcwhirter W28
 34.53 1:08.51 (33.98) 1:36.62 (28.11) 2:13.78 (37.16)

Event 23 Mixed 160-199 200 LC Meter Medley Relay

Championship: 2:05.89 C 2004 Nottm Leander
 1 CITY OF CARDIFF '' A NT 2:18.99
 1) Patrick Gore M44 2) Kimberley Durno W25 3) Allie Price W47 4) Jon Hopkins M52
 33.82 1:16.62 (42.80) 1:50.18 (33.56) 2:18.99 (28.81)



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 23 Mixed 240-279 200 LC Meter Medley Relay**

Championship: 2:43.15 C 17/03/2012 Spencer Swim Team **Spencer Swim**
J Brown, H Dick, T Hitchcock, C Hartle

1	SPENCER SWIM TEAM	A	NT	2:43.15 C
	1) Janet Brown W71	2) Morris Dick M70	3) Timothy Hitchcock M47	4) Catherine Hartle W54
	46.75	1:32.44 (45.69)	2:07.81 (35.37)	2:43.15 (35.34)
2	ARFON MASTERS	A	3:45.00	3:43.73
	1) Helen Hughes W70	2) Bridget Edwards W52	3) Basil Owen M82	4) Oggy East M45
	55.71	1:54.45 (58.74)	2:35.76 (41.31)	3:43.73 (1:07.97)

Event 23 Mixed 280-319 200 LC Meter Medley Relay

Championship: 2:35.86 C 2011 Spencer

1	SPENCER SWIM TEAM	'''	NT	2:56.49
	1) Nigel Salisbury M72	2) Muriel Hitchcock W74	3) Diane Ford W69	4) Geoff Stokes M73
	42.58	1:34.06 (51.48)	2:20.07 (46.01)	2:56.49 (36.42)

Event 25 Women 200-239 800 LC Meter Freestyle Relay

Championship: 15:48.28 C 18/03/2012 Caldicot **Caldicot**
L Crook, A Varley, M Weare, D Cuer

1	CALDICOT	A	16:00.00	15:48.28 C
	1) Lorraine Crook W58	2) Alison Varley W60	3) Margaret Weare W68	4) Denise Cuer W44
	55.90	1:58.17 (1:58.17)	3:01.36 (3:01.36)	
	4:52.27 ()	5:55.68 ()	7:03.05 ()	8:02.68 ()
	9:00.99 (58.31)	10:07.13 (2:04.45)	11:14.26 (3:11.58)	12:21.12 (4:18.44)
	13:06.79 (45.67)	14:00.46 (1:39.34)	14:56.09 (2:34.97)	15:48.28 (3:27.16)

Event 27 Women 18-24 400 LC Meter Freestyle

Championship: 4:31.47 C 2006 Izzi Newman

1	Beatrice Holmberg	21	MALARHOJDENS SIMALLSKAP-	5:39.50	5:41.14
	36.93	1:17.77 (40.84)	2:00.03 (42.26)	2:42.96 (42.93)	
	3:27.00 (44.04)	4:11.92 (44.92)	4:57.29 (45.37)	5:41.14 (43.85)	
2	Cari Randall	24	CITY OF CARDIFF-	6:03.29	5:47.93
	38.44	1:20.60 (42.16)	2:04.68 (44.08)	2:50.60 (45.92)	
	3:35.53 (44.93)	4:20.66 (45.13)	5:05.65 (44.99)	5:47.93 (42.28)	

Event 27 Women 25-29 400 LC Meter Freestyle

Championship: 4:44.60 C 2010 Katie Henderson

1	Laure Bacher-Fuentes	29	OTTERS SWIMMING CLUB-	5:00.00	4:57.18
	33.40	1:10.34 (36.94)	1:48.29 (37.95)	2:26.50 (38.21)	
	3:04.17 (37.67)	3:41.95 (37.78)	4:19.94 (37.99)	4:57.18 (37.24)	

Event 27 Women 30-34 400 LC Meter Freestyle

Championship: 4:47.05 C 2011 Katie Henderson

1	Kay Hamilton	34	ROMFORD TOWN-	5:10.23	5:12.49
	34.68	1:13.69 (39.01)	1:53.79 (40.10)	2:33.88 (40.09)	
	3:14.21 (40.33)	3:54.12 (39.91)	4:33.90 (39.78)	5:12.49 (38.59)	

Event 27 Women 40-44 400 LC Meter Freestyle

Championship: 4:44.64 C 2004 Nuala Muir-Cochran

1	Marie Holmberg	43	KUNGSBACKA SIMSALLSKAP-	5:35.30	5:32.27
	36.97	1:17.79 (40.82)	1:59.89 (42.10)	2:42.23 (42.34)	
	3:24.75 (42.52)	4:08.20 (43.45)	4:51.25 (43.05)	5:32.27 (41.02)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****(Event 27 Women 40-44 400 LC Meter Freestyle)**

2	Karen Molloy	40	AERLINGUS-	7:55.00	6:47.51
	45.79	1:35.72 (49.93)	2:26.66 (50.94)	3:18.55 (51.89)	
	4:11.50 (52.95)	5:04.82 (53.32)	5:57.45 (52.63)	6:47.51 (50.06)	

Event 27 Women 45-49 400 LC Meter Freestyle**Championship: 5:21.50 C 2010 Allie Price**

1	Anne Raymond	49	SEVENOAKS TRI-SWIM CLUB-	6:15.00	6:19.82
	42.36	1:29.79 (47.43)	2:18.28 (48.49)	3:06.83 (48.55)	
	3:55.92 (49.09)	4:44.45 (48.53)	5:33.04 (48.59)	6:19.82 (46.78)	

Event 27 Women 50-54 400 LC Meter Freestyle**Championship: 5:03.73 C 18/03/2012 Dymphna Morris Aerlingus**

1	Dymphna Morris	51	AERLINGUS-	5:10.00	5:03.73 C
	34.65	1:11.95 (37.30)	1:50.14 (38.19)	2:29.46 (39.32)	
	3:07.93 (38.47)	3:47.15 (39.22)	4:26.08 (38.93)	5:03.73 (37.65)	
2	Stella Farrar	53	ARFON MASTERS-	5:48.18	5:36.89
	38.40	1:19.86 (41.46)	2:03.76 (43.90)	2:46.53 (42.77)	
	3:29.96 (43.43)	4:12.87 (42.91)	4:55.93 (43.06)	5:36.89 (40.96)	
3	Maggie Smith	54	CITY OF OXFORD-	5:35.00	5:37.16
	38.09	1:20.46 (42.37)	2:04.03 (43.57)	2:47.04 (43.01)	
	3:30.79 (43.75)	4:13.76 (42.97)	4:56.56 (42.80)	5:37.16 (40.60)	
4	Lesley Cook	54	OTTTERS SWIMMING CLUB-	6:05.10	5:51.19
	39.64	1:23.23 (43.59)	2:07.78 (44.55)	2:52.37 (44.59)	
	3:38.17 (45.80)	4:23.60 (45.43)	5:08.63 (45.03)	5:51.19 (42.56)	
5	Catherine Hartle	54	SPENCER SWIM TEAM-	5:48.00	5:55.16
	39.94	1:23.68 (43.74)	2:08.37 (44.69)	2:54.01 (45.64)	
	3:39.65 (45.64)	4:25.78 (46.13)	5:11.55 (45.77)	5:55.16 (43.61)	
6	Carolyn Fox	51	READING-	5:50.00	5:57.63
	39.74	1:23.84 (44.10)	2:09.28 (45.44)	2:54.82 (45.54)	
	3:41.43 (46.61)	4:27.64 (46.21)	5:13.61 (45.97)	5:57.63 (44.02)	
7	Gill Miles	52	BRISTOL HENLEAZE-	8:30.00	8:27.91
	58.43	1:59.91 (1:01.48)	3:04.06 (1:04.15)	4:07.32 (1:03.26)	
	5:11.89 (1:04.57)	6:18.13 (1:06.24)	7:24.24 (1:06.11)	8:27.91 (1:03.67)	

Event 27 Women 55-59 400 LC Meter Freestyle**Championship: 5:25.92 C 2009 Anne Bourne**

1	Anne Bourne	58	CAMPHILL EDWARDIANS-	5:31.13	5:27.34
	37.99	1:19.80 (41.81)	2:01.98 (42.18)	2:44.30 (42.32)	
	3:25.44 (41.14)	4:06.65 (41.21)	4:47.88 (41.23)	5:27.34 (39.46)	
2	Catherine Chase	55	CAMPHILL EDWARDIANS-	5:47.55	5:36.44
	40.15	1:23.89 (43.74)	2:06.83 (42.94)	2:49.87 (43.04)	
	3:32.59 (42.72)	4:14.67 (42.08)	4:57.00 (42.33)	5:36.44 (39.44)	
3	Amanda Heath	55	SPENCER SWIM TEAM-	5:40.00	5:36.57
	39.44	1:21.58 (42.14)	2:04.24 (42.66)	2:47.50 (43.26)	
	3:30.76 (43.26)	4:13.80 (43.04)	4:56.85 (43.05)	5:36.57 (39.72)	
4	Elsa Stewart	58	CITY OF CARDIFF-	7:12.89	6:48.16
	44.64	1:35.31 (50.67)	2:28.03 (52.72)	3:20.57 (52.54)	
	4:13.67 (53.10)	5:06.29 (52.62)	5:59.33 (53.04)	6:48.16 (48.83)	



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Championship:	5:58.72	C	18/03/2012	Karen Bellas	Camden Swiss
1	Karen Bellas	60	CAMDEN SWISS COTTAGE S.C.-	5:52.00	5:58.72 C
	41.32	1:26.11 (44.79)	2:12.66 (46.55)	2:59.85 (47.19)	
	3:46.57 (46.72)	4:31.91 (45.34)	5:17.23 (45.32)	5:58.72 (41.49)	
2	Kath Tunnicliffe	60	ETWALL EAGLES-	5:58.00	6:00.79
	44.76	1:30.95 (46.19)	2:17.92 (46.97)	3:05.54 (47.62)	
	3:49.88 (44.34)	4:34.87 (44.99)	5:19.61 (44.74)	6:00.79 (41.18)	
3	Jane Leslie	63	BUDE SHARKS-	6:30.00	6:37.52
	42.68	1:30.09 (47.41)	2:19.84 (49.75)	3:11.24 (51.40)	
	4:03.08 (51.84)	4:55.25 (52.17)	5:47.32 (52.07)	6:37.52 (50.20)	

Event 27 Women 65-69 400 LC Meter Freestyle

Championship:	6:41.78	C	18/03/2012	Rose Dudeney	MS Marlins
1	Rose Dudeney	65	MID SUSSEX MARLINS-	6:40.00	6:41.78 C
	46.24	1:36.65 (50.41)	2:27.47 (50.82)	3:19.06 (51.59)	
	4:10.57 (51.51)	5:02.57 (52.00)	5:53.17 (50.60)	6:41.78 (48.61)	

Event 27 Women 75-79 400 LC Meter Freestyle

Championship:	6:29.04	C	2008	Jane Asher	
1	Ann Humphris	75	BARNSTAPLE-	9:30.00	9:46.55
	1:03.99	2:17.97 (1:13.98)	3:33.50 (1:15.53)	4:51.17 (1:17.67)	
	6:05.24 (1:14.07)	7:20.08 (1:14.84)	8:34.07 (1:13.99)	9:46.55 (1:12.48)	

Event 27 Women 80-84 400 LC Meter Freestyle

Championship:	6:46.82	C	18/03/2012	Jane Asher	Kings Corm
1	Jane Asher	81	KINGS CORMORANTS-	6:50.00	6:46.82 C
	46.85	1:38.87 (52.02)	2:31.00 (52.13)	3:22.98 (51.98)	
	4:15.56 (52.58)	5:07.69 (52.13)	5:59.60 (51.91)	6:46.82 (47.22)	

Event 27 Men 18-24 400 LC Meter Freestyle

Championship:	4:19.45	C	2008	Rob Welbourn	
1	Craig Nelson	22	SWANSEA PERFORMANCE CENTI	4:11.36	4:22.93
	29.31	1:02.33 (33.02)	1:36.29 (33.96)	2:10.30 (34.01)	
	2:43.23 (32.93)	3:17.18 (33.95)	3:51.84 (34.66)	4:22.93 (31.09)	

Event 27 Men 25-29 400 LC Meter Freestyle

Championship:	4:34.23	C	2009	Rhys Smith	
1	Joe Banns	25	CITY OF CARDIFF-	4:26.62	4:37.69
	30.45	1:04.00 (33.55)	1:38.65 (34.65)	2:13.83 (35.18)	
	2:48.94 (35.11)	3:25.34 (36.40)	4:01.82 (36.48)	4:37.69 (35.87)	
2	Adam Trapp	27	EXMOUTH SWIMMING CLUB-	4:52.00	4:52.27
	32.54	1:08.81 (36.27)	1:45.79 (36.98)	2:23.11 (37.32)	
	3:00.34 (37.23)	3:38.40 (38.06)	4:16.07 (37.67)	4:52.27 (36.20)	
3	Richard Lander	26	EXMOUTH SWIMMING CLUB-	4:52.21	4:55.27
	31.67	1:07.56 (35.89)	1:44.32 (36.76)	2:22.52 (38.20)	
	3:00.93 (38.41)	3:39.83 (38.90)	4:18.55 (38.72)	4:55.27 (36.72)	

Event 27 Men 30-34 400 LC Meter Freestyle

Championship:	4:37.31	C	2005	David Stannard	
1	Olly White	34	EXMOUTH SWIMMING CLUB-	4:52.00	4:57.79
	32.87	1:09.34 (36.47)	1:46.87 (37.53)	2:24.90 (38.03)	
	3:02.87 (37.97)	3:41.23 (38.36)	4:20.44 (39.21)	4:57.79 (37.35)	



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Championship: 4:33.50 C 2005		Peter Long	
1 David Stannard	41	READING-	4:48.00
	32.63	1:09.33 (36.70)	1:47.14 (37.81)
	3:01.33 (36.49)	3:37.26 (35.93)	4:12.73 (35.47)
			2:24.84 (37.70)
			4:47.48 (34.75)
2 Henrik Holmberg	43	KUNGSBACKA SIMSALLSKAP-	5:29.30
	37.25	1:17.59 (40.34)	1:58.61 (41.02)
	3:23.05 (42.66)	4:05.15 (42.10)	4:45.93 (40.78)
			2:40.39 (41.78)
			5:26.07 (40.14)

Event 27 Men 45-49 400 LC Meter Freestyle

Championship: 4:27.25 C 2009		Calum McKinlay	
1 Mark Partridge	49	STROUD MASTERS-	5:15.00
	34.59	1:13.32 (38.73)	1:52.74 (39.42)
	3:13.47 (40.16)	3:53.93 (40.46)	4:34.34 (40.41)
			2:33.31 (40.57)
			5:12.01 (37.67)
2 Brian Phillips	49	HEADS OF THE VALLEYS-	5:30.46
	38.54	1:20.91 (42.37)	2:03.63 (42.72)
	3:30.73 (43.62)	4:14.85 (44.12)	4:58.46 (43.61)
			2:47.11 (43.48)
			5:37.11 (38.65)
3 Oggy East	45	ARFON MASTERS-	6:09.32
	41.25	1:27.22 (45.97)	2:14.33 (47.11)
	3:49.68 (47.37)	4:38.15 (48.47)	5:26.18 (48.03)
			3:02.31 (47.98)
			6:10.59 (44.41)

Event 27 Men 50-54 400 LC Meter Freestyle

Championship: 4:48.58 C 2009		Tony Morris	
1 Mark Straw	54	BASINGSTOKE-	5:44.46
	35.57	1:16.16 (40.59)	1:57.37 (41.21)
	3:22.03 (42.63)	4:04.69 (42.66)	4:46.67 (41.98)
			2:39.40 (42.03)
			5:28.23 (41.56)
2 Michael Battersby	54	CITY OF CARDIFF-	6:05.00
	38.87	1:23.70 (44.83)	2:08.54 (44.84)
	3:42.49 (46.77)	4:30.16 (47.67)	5:16.46 (46.30)
			2:55.72 (47.18)
			6:00.94 (44.48)
3 Keith Williams	54	GLOUCESTER MASTERS-	6:28.00
	44.08	1:34.62 (50.54)	2:25.79 (51.17)
	4:09.71 (52.76)	4:59.94 (50.23)	5:52.18 (52.24)
			3:16.95 (51.16)
			6:41.07 (48.89)

Event 27 Men 55-59 400 LC Meter Freestyle

Championship: 4:55.91 C 2009		Peter Rae	
1 Jon Greenwood	59	BRISTOL MASTERS-	7:37.00
	49.11	1:43.73 (54.62)	2:43.94 (1:00.21)
	4:50.25 (1:03.90)	5:52.46 (1:02.21)	6:55.41 (1:02.95)
			3:46.35 (1:02.41)
			7:53.39 (57.98)

Event 27 Men 60-64 400 LC Meter Freestyle

Championship: 5:35.45 C 2009		James Arthur	
1 Peter Rank	60	CITY OF CAMBRIDGE-	6:25.00
	42.91	1:30.97 (48.06)	2:19.81 (48.84)
	3:58.83 (49.16)	4:50.10 (51.27)	5:40.26 (50.16)
			3:09.67 (49.86)
			6:27.90 (47.64)

Event 27 Men 70-74 400 LC Meter Freestyle

Championship: 5:40.19 C 2009		Geoff Stokes	
1 Geoff Stokes	73	SPENCER SWIM TEAM-	6:15.00
	42.08	1:27.95 (45.87)	2:15.43 (47.48)
	3:48.83 (46.19)	4:34.49 (45.66)	5:19.24 (44.75)
			3:02.64 (47.21)
			6:00.87 (41.63)
2 Paul Clarke	70	TEAM LUTON SWIMMING-	8:45.00
	55.82	1:59.92 (1:04.10)	3:06.68 (1:06.76)
	5:19.48 (1:06.18)	6:25.83 (1:06.35)	8:31.04 (2:05.21)
			4:13.30 (1:06.62)



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 27 Men 75-79 400 LC Meter Freestyle****Championship: 10:53.75 C 2011****Richard Skerrett**

1	Richard Skerrett	77	CARMARTHENSHIRE MASTERS	10:28.00	11:05.10
	1:13.60	2:36.43 (1:22.83)		5:18.94 ()	
	6:42.19 (1:23.25)	8:05.89 (1:23.70)	9:38.29 (1:32.40)	11:05.10 (1:26.81)	

Event 27 Men 80-84 400 LC Meter Freestyle**Championship: 12:19.89 C 18/03/2012****Robert Curr****Serpentine**

1	Robert Curr	83	SERPENTINE-	10:45.00	12:19.89 C
	1:13.15	2:49.41 (1:36.26)	4:29.38 (1:39.97)	6:12.57 (1:43.19)	
	7:50.87 (1:38.30)	9:25.54 (1:34.67)	11:01.15 (1:35.61)	12:19.89 (1:18.74)	

Event 28 Women 35-39 200 LC Meter Backstroke**Championship: 2:43.59 C 2006****Ana Paula Grilo**

1	Jessica Wooddisse	37	STROUD MASTERS-	3:00.00	2:58.44
	43.62	1:28.29 (44.67)	2:13.67 (45.38)	2:58.44 (44.77)	

Event 28 Women 45-49 200 LC Meter Backstroke**Championship: 2:36.59 C 2004****Lesley Wilde**

1	Allie Price	47	CITY OF CARDIFF-	2:54.00	2:55.41
	40.15	1:24.96 (44.81)	2:10.77 (45.81)	2:55.41 (44.64)	
2	Hilary Coulson	45	BERKHAM SCEN-	3:09.22	3:06.74
	44.72	1:32.01 (47.29)	2:20.23 (48.22)	3:06.74 (46.51)	

Event 28 Women 50-54 200 LC Meter Backstroke**Championship: 3:13.95 C 2011****Carolyn Fox**

1	Carolyn Fox	51	READING-	3:12.00	3:15.07
	47.28	1:37.42 (50.14)	2:27.00 (49.58)	3:15.07 (48.07)	
2	Stella Farrar	53	ARFON MASTERS-	3:19.98	3:18.37
	48.38	1:39.72 (51.34)	2:30.76 (51.04)	3:18.37 (47.61)	

Event 28 Women 55-59 200 LC Meter Backstroke**Championship: 3:08.11 C 2008****Pauline Inwood**

1	Clare Willison	57	BOGNOR REGIS SC-	3:02.00	3:14.27
	47.20	1:37.20 (50.00)	2:27.06 (49.86)	3:14.27 (47.21)	
2	Marianne Davey	59	DORKING-	3:58.00	3:55.96
	58.12	1:59.52 (1:01.40)	2:59.83 (1:00.31)	3:55.96 (56.13)	

Event 28 Women 60-64 200 LC Meter Backstroke**Championship: 3:15.76 C 18/03/2012****Kath Tunnicliffe****Etwall Eagles**

1	Kath Tunnicliffe	60	ETWALL EAGLES-	3:15.00	3:15.76 C
	48.28	1:40.36 (52.08)	2:30.27 (49.91)	3:15.76 (45.49)	
2	Mary Johnson	62	MID SUSSEX MARLINS-	3:33.86	3:27.85
	46.46	1:39.37 (52.91)	2:34.73 (55.36)	3:27.85 (53.12)	

Event 28 Women 65-69 200 LC Meter Backstroke**Championship: 3:28.92 C 2007****Janet Brown**

1	Elaine Blower	67	BARNETT COPTHALL-	3:34.12	3:36.19
	51.24	1:46.73 (55.49)	2:42.17 (55.44)	3:36.19 (54.02)	

Event 28 Women 70-74 200 LC Meter Backstroke**Championship: 3:44.53 C 2008****Brenda Walker**

1	Janet Brown	71	SPENCER SWIM TEAM-	3:45.00	3:52.63
	53.07	1:53.64 (1:00.57)	2:53.89 (1:00.25)	3:52.63 (58.74)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****(Event 28 Women 70-74 200 LC Meter Backstroke)**

2	Helen Hughes	70	ARFON MASTERS-	3:55.00	4:16.36
	58.47	2:04.13	(1:05.66)	3:10.45	(1:06.32)
				4:16.36	(1:05.91)

Event 28 Women 85-89 200 LC Meter Backstroke**Championship: 5:23.25 C 2005 Willy van Rysel**

1	Susan Halter	85	CAMDEN SWISS COTTAGE S.C.-	5:41.00	5:48.94
	1:24.90	2:54.42	(1:29.52)	4:25.34	(1:30.92)
				5:48.94	(1:23.60)

Event 29 Men 25-29 200 LC Meter Backstroke**Championship: 2:23.86 C 2006 Ben Rooker**

1	Robert Langan	25	SALISBURY STINGRAYS ASC-	2:21.64	2:24.54
	33.35	1:09.64	(36.29)	1:47.24	(37.60)
				2:24.54	(37.30)

2	Joe Banns	25	CITY OF CARDIFF-	2:27.35	2:28.75
	34.66	1:12.47	(37.81)	1:51.05	(38.58)
				2:28.75	(37.70)

Event 29 Men 40-44 200 LC Meter Backstroke**Championship: 2:29.36 C 1996 Eddie Riach**

1	Patrick Gore	44	CITY OF CARDIFF-	2:33.50	2:38.78
	36.57	1:17.12	(40.55)	1:58.98	(41.86)
				2:38.78	(39.80)

Event 29 Men 50-54 200 LC Meter Backstroke**Championship: 2:31.27 C 2008 John Rittenhouse**

1	Keith Williams	54	GLOUCESTER MASTERS-	3:55.00	4:09.61
	1:00.15	2:04.55	(1:04.40)	3:08.93	(1:04.38)
				4:09.61	(1:00.68)

Event 29 Men 70-74 200 LC Meter Backstroke**Championship: 3:10.98 C 2006 Tom Walker**

1	Nigel Salsbury	72	SPENCER SWIM TEAM-	3:25.00	3:37.21
	47.99		2:42.33 ()	3:37.21	(54.88)

Event 29 Men 75-79 200 LC Meter Backstroke**Championship: 4:00.72 C 2011 Ted Evans**

1	Richard Skerrett	77	CARMARTHENSHIRE MASTERS	5:31.67	5:35.00
	1:21.88	2:50.17	(1:28.29)	4:13.14	(1:22.97)
				5:35.00	(1:21.86)

Event 29 Men 80-84 200 LC Meter Backstroke**Championship: 4:00.74 C 2004 John Davis**

1	Basil Owen	82	ARFON MASTERS-	4:52.06	5:25.67
	1:15.76	2:42.22	(1:26.46)	4:06.85	(1:24.63)
				5:25.67	(1:18.82)

Event 30 Women 18-24 100 LC Meter Butterfly**Championship: 1:07.26 C 2007 Sian Boulton**

1	Jenny Jones	22	CITY OF CARDIFF-	1:12.00	1:14.73
	33.41	1:14.73	(41.32)		

Event 30 Women 25-29 100 LC Meter Butterfly**Championship: 1:10.05 C 2011 Sian Boulton**

1	Fiona Kinsella	28	CITY OF CARDIFF-	1:16.59	1:12.46
	34.54	1:12.46	(37.92)		

Event 30 Women 30-34 100 LC Meter Butterfly**Championship: 1:09.07 C 2004 Kathryn Owens**

1	Michelle Matson	34	BASINGSTOKE-	1:18.70	1:18.62
	35.25	1:18.62	(43.37)		



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 30 Women 35-39 100 LC Meter Butterfly**

Championship:	1:13.80	C	18/03/2012	Gina Hobson		Otters
1	Gina Hobson		35	OTTERS SWIMMING CLUB-	1:12.00	1:13.80 C
	34.00		1:13.80 (39.80)			
2	Michelle Senecal		35	OTTERS SWIMMING CLUB-	1:20.50	1:14.15
	34.47		1:14.15 (39.68)			

Event 30 Women 40-44 100 LC Meter Butterfly

Championship:	1:10.11	C	2007	Kate Veale		
1	Nicola Latty		41	OUNDLE & DISTRICT-	1:11.40	1:10.73
	33.88		1:10.73 (36.85)			
2	Marie Holmberg		43	KUNGSBACKA SIMSALLSKAP-	1:20.20	1:20.10
	37.63		1:20.10 (42.47)			
3	Catherine Shearn		43	BASINGSTOKE-	1:22.82	1:23.82
	37.86		1:23.82 (45.96)			

Event 30 Women 45-49 100 LC Meter Butterfly

Championship:	1:15.68	C	2011	Allie Price		
1	Sonja Haglund		46	KUNGSBACKA SIMSALLSKAP-	1:27.46	1:36.87
	43.96		1:36.87 (52.91)			
2	Allison Donnelly		45	ARFON MASTERS-	1:53.42	1:52.85
	48.79		1:52.85 (1:04.06)			

Event 30 Women 50-54 100 LC Meter Butterfly

Championship:	1:11.43	C	18/03/2012	Judy Hattle		Carlisle Masters
1	Judy Hattle		52	CARLISLE MASTERS-	1:10.89	1:11.43 C
	33.73		1:11.43 (37.70)			
2	Delia Keen		51	CARMARTHENSHIRE MASTERS	2:13.00	2:15.95
	1:04.13		2:15.95 (1:11.82)			

Event 30 Women 55-59 100 LC Meter Butterfly

Championship:	1:34.25	C	2007	Julie Crayford		
1	Lorraine Crook		58	CALDICOT-	2:02.01	2:08.20
	1:00.46		2:08.20 (1:07.74)			

Event 30 Women 60-64 100 LC Meter Butterfly

Championship:	1:35.59	C	2009	Julie Crayford		
1	Karen Bellas		60	CAMDEN SWISS COTTAGE S.C.-	1:31.00	1:35.67
	46.17		1:35.67 (49.50)			

Event 30 Women 65-69 100 LC Meter Butterfly

Championship:	1:44.16	C	2008	Georgie Hamilton		
1	Diane Ford		69	SPENCER SWIM TEAM-	1:43.00	1:45.97
	48.73		1:45.97 (57.24)			

Event 31 Men 18-24 100 LC Meter Butterfly

Championship:	55.83	C	2008	Ian Hulme		
1	Craig Thomas		21	LLANTRISANT-	1:01.52	1:00.07
	28.32		1:00.07 (31.75)			
2	Gareth Cocks		23	CITY OF CARDIFF-	59.60	1:00.29
	28.02		1:00.29 (32.27)			



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Championship:	54.29	C	2008	Matt Bowe		
1 Alex Boyce				29 CAMDEN SWISS COTTAGE S.C.-	1:04.00	1:11.11
	30.76		1:11.11 (40.35)			

Event 31 Men 45-49 100 LC Meter Butterfly

Championship:	1:04.76	C	2009	Nick Vaughan		
1 Darren Beer				45 CREDITON-	1:10.05	1:12.35
	32.81		1:12.35 (39.54)			
--- Oggy East				45 ARFON MASTERS-	1:47.92	DQ
	46.23		DQ (1:11.06)			

Event 31 Men 50-54 100 LC Meter Butterfly

Championship:	1:18.23	C	1996	Matt Nelson		
1 John Anderson				53 GLOUCESTER MASTERS-	1:20.50	1:19.85
	36.93		1:19.85 (42.92)			
--- Alec Johnson				50 TRAFFORD METRO BOR-	1:04.00	DQ
	30.53		DQ (36.50)			

Event 31 Men 55-59 100 LC Meter Butterfly

Championship:	1:12.01	C	1996	Roger Lloyd-Mostyn		
1 Vladimirs Sveds				56 CITY OF CARDIFF-	1:25.00	1:32.11
	40.07		1:32.11 (52.04)			

Event 31 Men 60-64 100 LC Meter Butterfly

Championship:	1:34.28	C	2009	Peter Stephens		
1 Keith Rothwell				63 ARFON MASTERS-	1:42.00	1:41.25
	46.94		1:41.25 (54.31)			

Event 31 Men 70-74 100 LC Meter Butterfly

Championship:	2:03.04	C	18/03/2012	Paul Clarke	Team Luton	
1 Paul Clarke				70 TEAM LUTON SWIMMING-	2:04.00	2:03.04 C
	59.86		2:03.04 (1:03.18)			

Event 32 Women 18-24 50 LC Meter Freestyle

Championship:	27.97	C	2011	Hayley Bird		
1 Jenny Jones				22 CITY OF CARDIFF-	30.00	30.02
2 Alex Christie				24 READING-	32.29	32.76

Event 32 Women 25-29 50 LC Meter Freestyle

Championship:	28.40	C	2006	Fiona Marshall		
1 Laure Bacher-Fuentes				29 OTTERS SWIMMING CLUB-	29.89	29.90
2 Emma Power				27 CREDITON-	36.12	32.11

Event 32 Women 35-39 50 LC Meter Freestyle

Championship:	28.60	C	18/03/2012	Gina Hobson	Otters	
1 Gina Hobson				35 OTTERS SWIMMING CLUB-	28.80	28.60 C
2 Michelle Senecal				35 OTTERS SWIMMING CLUB-	32.55	31.57

Event 32 Women 40-44 50 LC Meter Freestyle

Championship:	30.26	C	2004	Joanne Bullock		
1 Penny Skyrme				42 CARMARTHESHIRE MASTERS	35.00	33.69
2 Denise Cuer				44 CALDICOT-	41.49	40.72



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 32 Women 45-49 50 LC Meter Freestyle**

Championship:	29.00	C	2009	Hayley Bettinson		
1	Hilary Coulson	45	BERKHAM SCEN-	33.59		33.95
2	Gillian Ellis-Williams	47	CARMARTHESHIRE MASTERS	36.00		37.34

Event 32 Women 50-54 50 LC Meter Freestyle

Championship:	32.67	C	1996	Judy Alden		
1	Bridget Edwards	52	ARFON MASTERS-	50.00		50.37

Event 32 Women 55-59 50 LC Meter Freestyle

Championship:	28.69	C	2009	Sue Haigh		
1	Amanda Heath	55	SPENCER SWIM TEAM-	33.00		33.40
2	Catherine Chase	55	CAMPHILL EDWARDIANS-	33.08		33.65
3	Clare Willison	57	BOGNOR REGIS SC-	33.31		33.68
4	Barbara Boxall	57	ROMFORD TOWN-	34.01		33.80
5	Marianne Davey	59	DORKING-	43.00		41.18

Event 32 Women 60-64 50 LC Meter Freestyle

Championship:	33.56	C	2005	Jean Howard-Jones		
1	Alison Gwynn	64	SPENCER SWIM TEAM-	35.50		34.24
2	Mary Johnson	62	MID SUSSEX MARLINS-	38.00		37.24

Event 32 Women 70-74 50 LC Meter Freestyle

Championship:	45.57	C	1996	Jo Milford		
1	Muriel Hitchcock	74	SPENCER SWIM TEAM-	46.00		49.63
2	Valerie Palmer	70	CALDICOT-	1:10.00		1:12.54

Event 32 Women 75-79 50 LC Meter Freestyle

Championship:	34.85	C	2006	Betty Condon		
1	Ann Humphris	75	BARNSTAPLE-	57.00		56.77

Event 32 Women 80-84 50 LC Meter Freestyle

Championship:	38.42	C	18/03/2012	Jane Asher	Kings Corm	
1	Jane Asher	81	KINGS CORMORANTS-	38.76		38.42 C

Event 32 Women 85-89 50 LC Meter Freestyle

Championship:	1:10.12	C	18/03/2012	Susan Halter	Camden Swiss	
1	Susan Halter	85	CAMDEN SWISS COTTAGE S.C.-	1:04.90		1:10.12 C

Event 33 Men 18-24 50 LC Meter Freestyle

Championship:	23.47	C	2008	Nathan Ford		
1	Roger Holland	19	CITY OF HEREFORD-	25.64		25.62
2	Craig Thomas	21	LLANTRISANT-	25.04		25.67
3	Ellis Pheasant-Green	19	CITY OF CARDIFF-	26.63		26.90

Event 33 Men 25-29 50 LC Meter Freestyle

Championship:	24.09	C	2010	Nathan Ford		
1	Phil Muspratt	27	SALISBURY STINGRAYS ASC-	24.08		24.55
2	Neal Taylor	27	CAMDEN SWISS COTTAGE S.C.-	25.50		25.58
3	Robert Brimacombe	29	CREDITON-	26.96		27.96
4	Alex Boyce	29	CAMDEN SWISS COTTAGE S.C.-	26.50		27.99
5	Robert Langan	25	SALISBURY STINGRAYS ASC-	27.84		28.37
6	Matt Hockin	28	CREDITON-	27.49		28.98
7	Pete Edwards	28	ARFON MASTERS-	44.80		34.35



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 33 Men 30-34 50 LC Meter Freestyle****Championship: 24.12 C 2004****Austyn Shortman**

1	Andrew Louw	33	OTTERS SWIMMING CLUB-	25.80	25.74
2	Chris Knee	33	EAST LEEDS-	26.73	26.63
3	Bahram Benisi	34	BLETCHLEY & DISTRICT-	28.55	28.61

Event 33 Men 35-39 50 LC Meter Freestyle**Championship: 25.19 C 2004****Kevin Harrison**

1	Gary Wraight	35	ROMFORD TOWN-	27.70	27.99
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Event 33 Men 40-44 50 LC Meter Freestyle**Championship: 26.03 C 18/03/2012****Paul Clemence****East Leeds**

1	Paul Clemence	42	EAST LEEDS-	26.23	26.03 C
2	Stretch Lane	41	ROMFORD TOWN-	25.00	26.08
3	Xavier Caseras	44	CITY OF CARDIFF-	30.00	29.84

Event 33 Men 45-49 50 LC Meter Freestyle**Championship: 26.15 C 2008****Mark Reynolds**

1	Mark Partridge	49	STROUD MASTERS-	27.50	28.24
2	Timothy Hitchcock	47	SPENCER SWIM TEAM-	31.00	29.84
3	Brian Phillips	49	HEADS OF THE VALLEYS-	31.88	32.41

Event 33 Men 50-54 50 LC Meter Freestyle**Championship: 27.41 C 2011****Colin Stephenson**

1	Tom Enright	53	ROMFORD TOWN-	30.00	30.03
2	Paul Pycroft	54	CITY OF CARDIFF-	33.00	30.33
3	Patrick Allen	50	GLOUCESTER MASTERS-	35.00	30.75
4	John Anderson	53	GLOUCESTER MASTERS-	30.50	30.81
5	Michael Battersby	54	CITY OF CARDIFF-	33.90	33.84

Event 33 Men 55-59 50 LC Meter Freestyle**Championship: 28.94 C 18/03/2012****Steve Weston****Glos Masters**

1	Steve Weston	57	GLOUCESTER MASTERS-	28.80	28.94 C
2	Gordon Baxter	58	CITY OF CARDIFF-	34.00	32.73

Event 33 Men 60-64 50 LC Meter Freestyle**Championship: 30.28 C 2005****Tony Cherrington**

1	Chris Thorp	62	CITY OF DERBY-	31.91	31.85
2	Keith Rothwell	63	ARFON MASTERS-	37.20	36.94

Event 33 Men 65-69 50 LC Meter Freestyle**Championship: 29.94 C 2006****Bill Letch**

1	Chris Trueman	65	UEA CITY OF NORWICH-	34.50	35.76
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Event 33 Men 70-74 50 LC Meter Freestyle**Championship: 32.35 C 2008****Don Leatherbarrow**

1	Nigel Salsbury	72	SPENCER SWIM TEAM-	35.00	37.51
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Event 34 Women 200-239 400 LC Meter Medley Relay**Championship: 7:24.52 C 18/03/2012****Arfon Masters****Arfon Masters**

1		ARFON MASTERS		A		7:00.00		7:24.52 C	
1)	Helen Hughes W70	2)	Bridget Edwards W52	3)	Allison Donnelly W45	4)	Stella Farrar W53		
	55.38		1:55.01 (1:55.01)		2:58.33 (1:03.32)		4:07.56 (2:12.55)		
	4:56.60 (49.04)		5:58.97 (1:51.41)		6:38.91 (39.94)		7:24.52 (1:25.55)		



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2 CALDICOT	A	NT	8:18.71
1) Alison Varley W60	2) Margaret Weare W68	3) Lorraine Crook W58	4) Denise Cuer W44
1:00.12	2:06.08 (2:06.08)	3:16.52 (1:10.44)	4:34.71 (2:28.63)
5:36.06 (1:01.35)	6:44.64 (2:09.93)	7:29.74 (45.10)	8:18.71 (1:34.07)

Event 35 Men 120-159 400 LC Meter Medley Relay

Championship: 4:58.21 C 18/03/2012 City of Cardiff CO Cardiff
P Gore, J Banns, P Pycroft, T Stewart

1 CITY OF CARDIFF	A	NT	4:58.21 C
1) Patrick Gore M44	2) Joe Banns M25	3) Paul Pycroft M54	4) Tomas Stewart M26
35.70	1:14.43 (1:14.43)	1:50.71 (36.28)	2:31.13 (1:16.70)
3:06.30 (35.17)	3:55.96 (1:24.83)	4:25.07 (29.11)	4:58.21 (1:02.25)

Event 35 Men 200-239 400 LC Meter Medley Relay

Championship: 7:27.16 C 18/03/2012 Arfon Masters Arfon Masters
B Owen, P Edwards, K Rothwell, O East

1 ARFON MASTERS	A	7:00.00	7:27.16 C
1) Basil Owen M82	2) Pete Edwards M28	3) Keith Rothwell M63	4) Oggy East M45
1:11.70	2:24.09 (2:24.09)	2:43.59 (19.50)	
3:09.43 (25.84)	4:03.43 (1:19.84)	4:55.06 (51.63)	7:27.16 (3:23.73)

Event 36 Women 25-29 400 LC Meter IM

Championship: 5:35.29 C 2006 Carole Eyles

1 Fiona Kinsella	28 CITY OF CARDIFF-	6:02.86	5:59.96
38.26	1:20.80 (42.54)	2:08.96 (48.16)	
3:46.36 ()	4:37.86 (51.50)	5:18.61 (40.75)	5:59.96 (41.35)

Event 36 Women 35-39 400 LC Meter IM

Championship: 5:29.51 C 2006 Anna Paula Grilo

1 Jessica Wooddisse	37 STROUD MASTERS-	5:50.73	5:46.59
38.07	1:19.43 (41.36)	2:07.10 (47.67)	2:53.12 (46.02)
3:43.15 (50.03)	4:32.33 (49.18)	5:10.22 (37.89)	5:46.59 (36.37)

Event 36 Women 40-44 400 LC Meter IM

Championship: 5:35.01 C 2004 Nuala Muir-Cochran

1 Nicola Latty	41 OUNDLE & DISTRICT-	5:45.50	5:40.18
35.68	1:15.01 (39.33)	2:02.02 (47.01)	2:46.31 (44.29)
3:35.45 (49.14)	4:25.50 (50.05)	5:03.18 (37.68)	5:40.18 (37.00)
2 Lucy Roper	40 READING-	8:30.00	7:12.61
	1:48.59 ()	2:44.48 (55.89)	3:39.83 (55.35)
4:39.55 (59.72)	5:39.96 (1:00.41)	6:27.78 (47.82)	7:12.61 (44.83)

Event 36 Women 45-49 400 LC Meter IM

Championship: 5:47.76 C 2004 Lesley Wilde

1 Allison Donnelly	45 ARFON MASTERS-	8:33.33	8:42.92
52.50	2:01.44 (1:08.94)	3:11.21 (1:09.77)	4:19.92 (1:08.71)
5:30.57 (1:10.65)	6:40.10 (1:09.53)	7:43.09 (1:02.99)	8:42.92 (59.83)

Event 36 Women 50-54 400 LC Meter IM

Championship: 5:49.43 C 18/03/2012 Judy Hattle Carlisle Masters

1 Judy Hattle	52 CARLISLE MASTERS-	5:57.42	5:49.43 C
	1:18.54 ()	2:05.14 (46.60)	2:51.33 (46.19)
3:40.36 (49.03)	4:28.61 (48.25)	5:10.01 (41.40)	5:49.43 (39.42)



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****(Event 36 Women 50-54 400 LC Meter IM)**

2	Stella Farrar	53	ARFON MASTERS-	7:05.37	6:46.90
	46.30	1:41.39 (55.09)	2:35.20 (53.81)	3:25.63 (50.43)	
	4:24.60 (58.97)	5:24.02 (59.42)	6:05.78 (41.76)	6:46.90 (41.12)	

Event 36 Women 55-59 400 LC Meter IM**Championship: 6:26.53 C 2009****Sue Haigh**

1	Catherine Chase	55	CAMPHILL EDWARDIANS-	6:33.00	6:37.90
	45.47	1:37.40 (51.93)	2:34.24 (56.84)	3:27.51 (53.27)	
	4:20.20 (52.69)	5:13.25 (53.05)	5:56.85 (43.60)	6:37.90 (41.05)	
2	Lorraine Crook	58	CALDICOT-	8:54.70	9:01.05
	1:01.46	2:10.03 (1:08.57)	3:21.22 (1:11.19)	4:32.14 (1:10.92)	
	5:44.27 (1:12.13)	6:56.41 (1:12.14)	7:58.83 (1:02.42)	9:01.05 (1:02.22)	

Event 36 Women 60-64 400 LC Meter IM**Championship: 7:02.63 C 2009****Julie Crayford**

1	Karen Bellas	60	CAMDEN SWISS COTTAGE S.C.-	7:10.00	7:08.85
	47.98	1:44.18 (56.20)	2:42.27 (58.09)	3:40.00 (57.73)	
	4:37.94 (57.94)	5:36.18 (58.24)	6:23.17 (46.99)	7:08.85 (45.68)	

Event 36 Women 65-69 400 LC Meter IM**Championship: 7:39.86 C 1996****Jane Asher**

1	Elaine Blower	67	BARNETT COPTHALL-	7:53.58	7:51.70
	51.65	1:55.31 (1:03.66)	2:56.90 (1:01.59)	3:55.98 (59.08)	
	5:01.58 (1:05.60)	6:09.96 (1:08.38)	7:03.03 (53.07)	7:51.70 (48.67)	
2	Margaret Weare	68	CALDICOT-	10:12.72	10:31.27
	1:14.25	2:42.84 (1:28.59)		5:26.68 ()	
	6:51.66 (1:24.98)	8:14.82 (1:23.16)	9:23.84 (1:09.02)	10:31.27 (1:07.43)	

Event 36 Men 25-29 400 LC Meter IM**Championship: 5:04.46 C 1996****Paul Griffiths**

1	Joe Banns	25	CITY OF CARDIFF-	5:16.32	5:11.57
	30.51	1:09.36 (38.85)	1:51.61 (42.25)	2:31.99 (40.38)	
	3:15.74 (43.75)	4:00.42 (44.68)	4:36.43 (36.01)	5:11.57 (35.14)	
2	Andrew Young	28	CAMDEN SWISS COTTAGE S.C.-	5:24.00	5:13.73
	31.63	1:09.11 (37.48)	1:52.34 (43.23)	2:33.45 (41.11)	
	3:18.50 (45.05)	4:02.26 (43.76)	4:39.64 (37.38)	5:13.73 (34.09)	

Event 36 Men 50-54 400 LC Meter IM**Championship: 5:18.87 C 2007****Simon Veale**

1	Jon Hopkins	52	CITY OF CARDIFF-	5:42.00	5:45.11
	33.80	1:15.59 (41.79)	2:01.02 (45.43)	2:45.07 (44.05)	
	3:35.35 (50.28)	4:26.52 (51.17)	5:06.25 (39.73)	5:45.11 (38.86)	

Event 36 Men 60-64 400 LC Meter IM**Championship: 7:19.63 C 2004****Herbie Adams**

1	Keith Rothwell	63	ARFON MASTERS-	7:34.00	7:49.61
	51.12	1:50.95 (59.83)	3:00.94 (1:09.99)	4:04.75 (1:03.81)	
	5:06.49 (1:01.74)	6:07.14 (1:00.65)	6:59.66 (52.52)	7:49.61 (49.95)	

Event 37 Women 25-29 100 LC Meter Breaststroke**Championship: 1:15.61 C 2010****Louise Henley**

1	Kimberley Durno	25	CITY OF CARDIFF-	1:31.00	1:30.37
	43.20	1:30.37 (47.17)			



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****(Event 37 Women 25-29 100 LC Meter Breaststroke)**

2	Emma Power	27	CREDITON-	1:42.19	1:30.57
	42.90	1:30.57	(47.67)		

Event 37 Women 30-34 100 LC Meter Breaststroke

Championship: 1:16.50 C 2011 Katie Henderson

1	Laura Parry	30	CITY OF CARDIFF-	1:22.00	1:28.16
	41.21	1:28.16	(46.95)		

Event 37 Women 35-39 100 LC Meter Breaststroke

Championship: 1:21.04 C 18/03/2012 Sharon Burchell

1	Sharon Burchell	36	CRAWLEY-	1:20.78	1:21.04 C
	37.73	1:21.04	(43.31)		

Event 37 Women 40-44 100 LC Meter Breaststroke

Championship: 1:19.27 C 18/03/2012 Helen Gorman Long Eaton

1	Helen Gorman	40	LONG EATON SC-	1:20.50	1:19.27 C
	37.96	1:19.27	(41.31)		
2	Sharon Lock	43	MELTON M'BRY-	1:25.15	1:24.73
	38.78	1:24.73	(45.95)		

Event 37 Women 45-49 100 LC Meter Breaststroke

Championship: 1:22.65 C 2008 Ruth Cheema

1	Hannah Ueckermann	49	WITHAM DOLPHINS-	1:28.62	1:31.23
	43.82	1:31.23	(47.41)		
2	Hilary Coulson	45	BERKHAM SCEN-	1:36.10	1:35.61
	44.26	1:35.61	(51.35)		
3	Anne Raymond	49	SEVENOAKS TRI-SWIM CLUB-	1:40.00	1:40.01
	47.44	1:40.01	(52.57)		
4	Allison Donnelly	45	ARFON MASTERS-	1:59.57	2:06.23
	58.46	2:06.23	(1:07.77)		

Event 37 Women 50-54 100 LC Meter Breaststroke

Championship: 1:24.85 C 2007 Amanda Heath

1	Carolyn Fox	51	READING-	1:45.00	1:43.30
	48.68	1:43.30	(54.62)		
2	Bridget Edwards	52	ARFON MASTERS-	2:05.00	2:07.44
	1:02.38	2:07.44	(1:05.06)		

Event 37 Women 55-59 100 LC Meter Breaststroke

Championship: 1:27.94 C 2006 Jennifer Merrit

1	Amanda Heath	55	SPENCER SWIM TEAM-	1:28.00	1:29.38
	42.74	1:29.38	(46.64)		
2	Elsa Stewart	58	CITY OF CARDIFF-	2:05.87	1:54.80
	54.75	1:54.80	(1:00.05)		
3	Christine Parry	55	CITY OF CARDIFF-	2:00.00	1:57.16
	55.45	1:57.16	(1:01.71)		

Event 37 Women 60-64 100 LC Meter Breaststroke

Championship: 1:35.61 C 2006 Diane Ford

1	Karen Bellas	60	CAMDEN SWISS COTTAGE S.C.-	1:45.00	1:42.07
	49.05	1:42.07	(53.02)		



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 37 Women 65-69 100 LC Meter Breaststroke**

Championship:	1:33.69	C	2008	Diane Ford		
1 Diane Ford	46.70		1:38.14 (51.44)	69 SPENCER SWIM TEAM-	1:42.00	1:38.14

Event 37 Women 70-74 100 LC Meter Breaststroke

Championship:	1:59.59	C	18/03/2012	Muriel Hitchcock	Spencer Swim	
1 Muriel Hitchcock	55.40		1:59.59 (1:04.19)	74 SPENCER SWIM TEAM-	1:52.00	1:59.59 C
2 Valerie Palmer	1:21.93		2:49.14 (1:27.21)	70 CALDICOT-	2:55.00	2:49.14

Event 38 Men 18-24 100 LC Meter Breaststroke

Championship:	1:10.91	C	18/03/2012	Roger Holland	CO Hereford	
1 Roger Holland	33.44		1:10.91 (37.47)	19 CITY OF HEREFORD-	1:09.62	1:10.91 C
2 David Cocks	33.49		1:12.42 (38.93)	22 CITY OF CARDIFF-	1:10.84	1:12.42

Event 38 Men 25-29 100 LC Meter Breaststroke

Championship:	1:06.27	C	2004	Mike Chappel		
1 Pete Edwards	45.25		1:35.17 (49.92)	28 ARFON MASTERS-	1:49.70	1:35.17

Event 38 Men 35-39 100 LC Meter Breaststroke

Championship:	1:06.23	C	2004	Nick Gillingham		
1 Gary Wraight	36.41		1:19.96 (43.55)	35 ROMFORD TOWN-	1:18.00	1:19.96

Event 38 Men 40-44 100 LC Meter Breaststroke

Championship:	1:17.49	C	2009	Richard Slater		
1 Henrik Holmberg	41.97		1:28.40 (46.43)	43 KUNGSBACKA SIMSALLSKAP-	1:29.30	1:28.40

Event 38 Men 45-49 100 LC Meter Breaststroke

Championship:	1:15.32	C	2008	Stuart Forbes		
1 Ogy East	50.36		1:46.11 (55.75)	45 ARFON MASTERS-	1:45.07	1:46.11
--- Timothy Hitchcock	42.05		DQ (49.27)	47 SPENCER SWIM TEAM-	1:36.00	DQ

Event 38 Men 50-54 100 LC Meter Breaststroke

Championship:	1:15.90	C	2000	Barry O'Brien		
1 Ian Yates	39.90		1:25.31 (45.41)	50 BRIDGEND CTY-	1:26.70	1:25.31
2 Michael Battersby	42.46		1:28.45 (45.99)	54 CITY OF CARDIFF-	1:28.00	1:28.45

Event 38 Men 60-64 100 LC Meter Breaststroke

Championship:	1:32.20	C	2004	Morris Dick		
1 Keith Rothwell	50.84		1:44.27 (53.43)	63 ARFON MASTERS-	1:39.80	1:44.27



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 38 Men 65-69 100 LC Meter Breaststroke**

Championship:	1:29.96	C	2008	Morris Dick		
1	Chris Trueman		65	UEA CITY OF NORWICH-	1:42.00	1:47.82
	48.09			1:47.82 (59.73)		

Event 38 Men 70-74 100 LC Meter Breaststroke

Championship:	1:28.80	C	2006	Tom Walker		
1	Morris Dick		70	SPENCER SWIM TEAM-	1:37.81	1:39.76
	47.81			1:39.76 (51.95)		
2	Robert Lloyd-Evans		70	POOLE-	1:44.00	1:42.58
	48.90			1:42.58 (53.68)		
3	Paul Clarke		70	TEAM LUTON SWIMMING-	1:55.00	2:01.11
	57.76			2:01.11 (1:03.35)		

Event 38 Men 75-79 100 LC Meter Breaststroke

Championship:	1:52.42	C	2011	Ted Evans		
1	Richard Skerrett		77	CARMARTHENSHIRE MASTERS	2:25.00	2:28.49
	1:11.57			2:28.49 (1:16.92)		

Event 38 Men 80-84 100 LC Meter Breaststroke

Championship:	2:12.85	C	2006	John Davis		
1	Basil Owen		82	ARFON MASTERS-	2:30.81	2:40.30
	1:20.23			2:40.30 (1:20.07)		
2	Robert Curr		83	SERPENTINE-	2:50.00	2:55.38
	1:21.02			2:55.38 (1:34.36)		

Event 39 Women 18-24 50 LC Meter Butterfly

Championship:	30.04	C	2004	Clare Grundy		
1	Beatrice Holmberg		21	MALARHOJDENS SIMALLSKAP-	36.10	35.93
2	Cari Randall		24	CITY OF CARDIFF-	40.42	38.09

Event 39 Women 25-29 50 LC Meter Butterfly

Championship:	29.67	C	1996	Maxine Lock		
1	Kimberley Durno		25	CITY OF CARDIFF-	38.00	37.23

Event 39 Women 30-34 50 LC Meter Butterfly

Championship:	30.53	C	2004	Kathryn Owens		
1	Michelle Matson		34	BASINGSTOKE-	33.50	32.56

Event 39 Women 35-39 50 LC Meter Butterfly

Championship:	31.92	C	2009	Kathryn Owens		
1	Sharon Burchell		36	CRAWLEY-	34.93	34.48
2	Jessica Wooddisse		37	STROUD MASTERS-	34.33	34.87

Event 39 Women 40-44 50 LC Meter Butterfly

Championship:	32.74	C	2005	Joanne Bullock		
1	Marie Holmberg		43	KUNGSBACKA SIMSALLSKAP-	34.50	34.34
2	Catherine Shearn		43	BASINGSTOKE-	35.75	36.08
3	Penny Skyrme		42	CARMARTHENSHIRE MASTERS	45.00	36.14

Event 39 Women 45-49 50 LC Meter Butterfly

Championship:	33.46	C	2010	Allie Price		
1	Allie Price		47	CITY OF CARDIFF-	33.99	34.25
2	Hilary Coulson		45	BERKHAM SCEN-	38.48	39.81
3	Sonja Haglund		46	KUNGSBACKA SIMSALLSKAP-	39.10	41.66



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****(Event 39 Women 45-49 50 LC Meter Butterfly)**

4 Allison Donnelly	45 ARFON MASTERS-	45.00	48.55
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Event 39 Women 50-54 50 LC Meter Butterfly

Championship: 31.97 C 18/03/2012		Judy Hattle		Carlisle Masters	
1 Judy Hattle	52 CARLISLE MASTERS-	31.98	31.97C		
2 Heidi Gore	50 CITY OF CARDIFF-	37.50	37.85		

Event 39 Women 55-59 50 LC Meter Butterfly

Championship: 36.37 C 18/03/2012		Clare Willison		Bognor Regis	
1 Clare Willison	57 BOGNOR REGIS SC-	36.15	36.37C		
2 Catherine Chase	55 CAMPHILL EDWARDS-	39.74	40.68		
3 Lorraine Crook	58 CALDICOT-	51.68	57.42		

Event 39 Women 70-74 50 LC Meter Butterfly

Championship: 42.62 C 2005		Jane Asher			
1 Helen Hughes	70 ARFON MASTERS-	1:10.00	57.78		

Event 39 Women 80-84 50 LC Meter Butterfly

Championship: 47.75 C 18/03/2012		Jane Asher		Kings Corm	
1 Jane Asher	81 KINGS CORMORANTS-	51.00	47.75C		

Event 40 Men 18-24 50 LC Meter Butterfly

Championship: 25.43 C 2008		Ian Hulme			
1 Gareth Cocks	23 CITY OF CARDIFF-	27.17	27.76		
2 Gareth Fowler	23 AMERSHAM SC-	27.76	28.00		
3 Craig Thomas	21 LLANTRISANT-	29.81	28.38		
4 Ellis Pheasant-Green	19 CITY OF CARDIFF-	27.97	28.56		

Event 40 Men 25-29 50 LC Meter Butterfly

Championship: 26.83 C 18/03/2012		Christian Whelan		Welsh Indi	
1 Christian Whelan	25 WELSH INDIVIDUAL-	27.00	26.83C		
2 Alex Boyce	29 CAMDEN SWISS COTTAGE S.C.-	27.45	27.86		
3 Andrew Young	28 CAMDEN SWISS COTTAGE S.C.-	30.29	29.52		
*4 Richard Lander	26 EXMOUTH SWIMMING CLUB-	30.37	29.70		
*4 Adam Trapp	27 EXMOUTH SWIMMING CLUB-	30.50	29.70		
6 Robert Brimacombe	29 CREDITON-	30.36	30.33		

Event 40 Men 30-34 50 LC Meter Butterfly

Championship: 26.87 C 2009		Jason Cook			
1 Andrew Louw	33 OTTERS SWIMMING CLUB-	29.00	28.42		
2 Olly White	34 EXMOUTH SWIMMING CLUB-	30.50	31.19		
3 Bahram Benisi	34 BLETCHLEY & DISTRICT-	31.01	31.27		

Event 40 Men 40-44 50 LC Meter Butterfly

Championship: 28.26 C 2004		Mike Brett			
1 Patrick Gore	44 CITY OF CARDIFF-	31.20	30.05		
2 David Stannard	41 READING-	32.00	31.86		
3 Xavier Caseras	44 CITY OF CARDIFF-	33.00	32.44		

Event 40 Men 45-49 50 LC Meter Butterfly

Championship: 27.73 C 2009		Nick Vaughan			
1 Darren Beer	45 CREDITON-	30.60	30.49		
2 Mark Partridge	49 STROUD MASTERS-	30.00	31.20		



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****(Event 40 Men 45-49 50 LC Meter Butterfly)**

3	Timothy Hitchcock	47	SPENCER SWIM TEAM-	33.00	35.81
4	Oggy East	45	ARFON MASTERS-	36.47	42.62

Event 40 Men 50-54 50 LC Meter Butterfly

Championship: 27.95 C 18/03/2012		Alec Johnson		Trafford Metro	
1	Alec Johnson	50	TRAFFORD METRO BOR-	28.50	27.95 C
2	John Anderson	53	GLOUCESTER MASTERS-	32.80	32.30
3	Paul Pycroft	54	CITY OF CARDIFF-	36.00	32.88
4	Mark Straw	54	BASINGSTOKE-	35.70	34.90
5	Michael Battersby	54	CITY OF CARDIFF-	37.00	36.09
6	Iwan Ellis-Williams	52	CARMARTHENSHIRE MASTERS	38.00	38.09
7	Keith Williams	54	GLOUCESTER MASTERS-	45.00	49.65

Event 40 Men 55-59 50 LC Meter Butterfly

Championship: 30.55 C 2005		Peter Godfrey			
1	Steve Weston	57	GLOUCESTER MASTERS-	33.50	33.00

Event 40 Men 60-64 50 LC Meter Butterfly

Championship: 31.01 C 2007		Peter Godfrey			
1	Chris Thorp	62	CITY OF DERBY-	36.80	36.46
2	Keith Rothwell	63	ARFON MASTERS-	42.10	43.31

Event 40 Men 65-69 50 LC Meter Butterfly

Championship: 32.95 C 2005		Bill Letch			
1	Peter Godfrey	65	CITY OF CARDIFF-	35.08	34.42
2	Chris Trueman	65	UEA CITY OF NORWICH-	39.00	41.28

Event 40 Men 70-74 50 LC Meter Butterfly

Championship: 37.75 C 2009		Don Leatherbarrow			
1	Paul Clarke	70	TEAM LUTON SWIMMING-	52.50	52.10

Event 41 Women 120-159 200 LC Meter Freestyle Relay

Championship: 2:00.89 C 1996		CLAMS			
1	CITY OF CARDIFF	'''	A	NT	2:15.16
	1) Kimberley Durno W25	2) Charmaine Kinson W44	3) Rhian Andrews W44	4) Laura Parry W30	
	33.59	1:08.17 (34.58)	1:44.05 (35.88)	2:15.16 (31.11)	

Event 41 Women 200-239 200 LC Meter Freestyle Relay

Championship: 2:27.99 C 18/03/2012		City of Cardiff		CO Cardiff	
		H Gore, C Parry, E Stewart, A Price			
1	CITY OF CARDIFF	A		NT	2:27.99 C
	1) Heidi Gore W50	2) Christine Parry W55	3) Elsa Stewart W58	4) Allie Price W47	
	35.23	1:16.18 (40.95)	1:56.55 (40.37)	2:27.99 (31.44)	
2	ARFON MASTERS	A		3:15.00	3:03.98
	1) Helen Hughes W70	2) Bridget Edwards W52	3) Allison Donnelly W45	4) Stella Farrar W53	
	44.16	1:38.66 (54.50)	2:23.42 (44.76)	3:03.98 (40.56)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 41 Women 240-279 200 LC Meter Freestyle Relay**

Championship: 2:28.88 C 2007 Spencer Swim Te

1	SPENCER SWIM TEAM	''' A	NT	2:38.43
	1) Amanda Heath W55	2) Muriel Hitchcock W74	3) Diane Ford W69	4) Alison Gwynn W64
	33.79	1:22.66 (48.87)	2:04.20 (41.54)	2:38.43 (34.23)
2	CALDICOT	A	3:41.00	3:42.24
	1) Lorraine Crook W58	2) Margaret Weare W68	3) Valerie Palmer W70	4) Alison Varley W60
	48.97	1:46.00 (57.03)	2:58.19 (1:12.19)	3:42.24 (44.05)

Event 42 Men 120-159 200 LC Meter Freestyle Relay

Championship: 1:47.37 C 1996 CLAMS

1	CITY OF CARDIFF	''' A	NT	1:51.20
	1) Vladimirs Sveds M56	2) Patrick Gore M44	3) Tomas Stewart M26	4) Joe Banns M25
	28.83	56.59 (27.76)	1:23.65 (27.06)	1:51.20 (27.55)

Event 42 Men 200-239 200 LC Meter Freestyle Relay

Championship: 2:00.08 C 2005 Gloucester Mast

1	CITY OF CARDIFF	''' A	NT	2:12.08
	1) Xavier Caseras M44	2) Terry John M56	3) Gordon Baxter M58	4) Malcolm Wilson M59
		1:08.75 ()	1:41.01 (32.26)	2:12.08 (31.07)
2	ARFON MASTERS	A	3:15.00	2:52.63
	1) Oggy East M45	2) Basil Owen M82	3) Keith Rothwell M63	4) Pete Edwards M28
	35.27	1:36.40 (1:01.13)	2:17.57 (41.17)	2:52.63 (35.06)

Event 42 Men 240-279 200 LC Meter Freestyle Relay

Championship: 2:24.29 C 18/03/2012 Spencer Swim Team Spencer Swim

G Stokes, N Salisbury, H Dick, T Hitchcock

1	SPENCER SWIM TEAM	A	NT	2:24.29 C
	1) Geoff Stokes M73	2) Nigel Salisbury M72	3) Morris Dick M70	4) Timothy Hitchcock M47
	36.55	1:12.61 (36.06)	1:53.99 (41.38)	2:24.29 (30.30)

Event 43 Mixed 72-99 200 LC Meter Freestyle Relay

Championship: 1:52.72 C 2006 Swansea Uni

1	CITY OF CARDIFF	''' A	NT	2:00.11
	1) Jenny Jones W22	2) Cari Randall W24	3) Ellis Pheasant-Green M19	4) David Cocks M22
	30.01	1:03.68 (33.67)	2:00.11 (56.43)	

Event 43 Mixed 120-159 200 LC Meter Freestyle RelayChampionship: 1:51.72 C 2011 Great Britain P
E Clayton, H Bird, L Chidgey, B Steatham

1	CITY OF CARDIFF	A	NT	2:12.73
	1) Laura Parry W30	2) Charmaine Kinson W44	3) Tomas Stewart M26	4) Terry John M56
	31.47	1:05.84 (34.37)	1:33.43 (27.59)	2:12.73 (39.30)

Event 43 Mixed 160-199 200 LC Meter Freestyle Relay

Championship: 1:51.77 C 2004 Nottm Leander

---	CITY OF CARDIFF	''' A	NT	DQ
	1) Heidi Gore W50	2) Allie Price W47	3) Xavier Caseras M44	4) Paul Pycroft M54
	35.40	1:08.88 (33.48)	1:38.19 (29.31)	DQ (30.73)



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 43 Mixed 200-239 200 LC Meter Freestyle Relay****Championship: 2:14.75 C 2010 City of Cardiff**

1	CITY OF CARDIFF	'''			A	NT	2:30.81
	1) Peter Godfrey M65	2) Vladimirs Sveds M56	3) Elsa Stewart W58	4) Christine Parry W55			
	31.87	1:05.00 (33.13)	1:45.09 (40.09)	2:30.81 (45.72)			

Event 43 Mixed 240-279 200 LC Meter Freestyle Relay**Championship: 2:47.99 C 2008 Cardiff Masters**

1	ARFON MASTERS	'''			A	3:15.00	3:28.15
	1) Helen Hughes W70	2) Bridget Edwards W52	3) Basil Owen M82	4) Oggy East M45			
	46.27	1:41.42 (55.15)	2:45.81 (1:04.39)	3:28.15 (42.34)			

Event 44 Mixed 120-159 400 LC Meter Medley Relay**Championship: 4:27.73 C 2011 Great Britain P****H Bird, L Chidgey, E Clayton, B Steatham**

1	CITY OF CARDIFF	'''			A	NT	5:22.70
	1) Malcolm Wilson M59	2) Kimberley Durno W25	3) Joe Banns M25	4) Rhian Andrews W44			
	41.10	1:23.16 (1:23.16)	2:06.00 (42.84)	2:54.05 (1:30.89)			
	3:24.76 (30.71)	4:02.97 (1:08.92)	4:41.55 (38.58)	5:22.70 (1:19.73)			

Event 44 Mixed 160-199 400 LC Meter Medley Relay**Championship: 6:40.71 C 18/03/2012 Arfon Masters****Arfon Masters****S Farrar, P Edwards, A Donnelly, O East**

1	ARFON MASTERS	'''			A	7:00.00	6:40.71 C
	1) Stella Farrar W53	2) Pete Edwards M28	3) Allison Donnelly W45	4) Oggy East M45			
	51.89	1:44.27 (1:44.27)	2:30.30 (46.03)	3:25.50 (1:41.23)			
	4:15.52 (50.02)	5:25.15 (1:59.65)	6:01.88 (36.73)	6:40.71 (1:15.56)			

Event 44 Mixed 280-319 400 LC Meter Medley Relay**Championship: 6:30.96 C 18/03/2012 Spencer Swim Team****Spencer Swim****N Salsbury, M Hitchcock, D Ford, G Stokes**

1	SPENCER SWIM TEAM	'''			A	NT	6:30.96 C
	1) Nigel Salsbury M72	2) Muriel Hitchcock W74	3) Diane Ford W69	4) Geoff Stokes M73			
		1:36.29 (1:36.29)	2:29.70 (53.41)	3:33.89 (1:57.60)			
	4:19.18 (45.29)	5:12.45 (1:38.56)	5:50.01 (37.56)	6:30.96 (1:18.51)			

Event 45 Women 30-34 800 LC Meter Freestyle**Championship: 10:16.27 C 2010 Nari Lawrey**

1	Kay Hamilton	34 ROMFORD TOWN-			10:51.90	10:40.33
	35.13	1:13.88 (38.75)	1:54.58 (40.70)	2:34.70 (40.12)		
	3:15.24 (40.54)	3:55.63 (40.39)	4:36.03 (40.40)	5:16.09 (40.06)		
	5:56.79 (40.70)	6:36.86 (40.07)	7:17.67 (40.81)	7:57.96 (40.29)		
	8:39.69 (41.73)	9:20.25 (40.56)	10:01.34 (41.09)	10:40.33 (38.99)		
2	Michelle Matson	34 BASINGSTOKE-			11:30.00	11:50.50
	36.72	1:18.07 (41.35)	2:00.52 (42.45)	2:43.48 (42.96)		
	3:26.75 (43.27)	4:11.32 (44.57)	4:56.34 (45.02)	5:41.58 (45.24)		
	6:27.37 (45.79)	7:13.67 (46.30)	8:00.22 (46.55)	8:47.50 (47.28)		
	9:34.68 (47.18)	10:20.75 (46.07)	11:06.21 (45.46)	11:50.50 (44.29)		



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 45 Women 40-44 800 LC Meter Freestyle**

Championship: 9:37.51 C 2004		Nuala Muir-Cochra			
1	Catherine Shearn	43	BASINGSTOKE-	12:00.43	11:47.21
	39.14	1:23.22 (44.08)	2:08.71 (45.49)	2:53.52 (44.81)	
	3:39.27 (45.75)	4:23.65 (44.38)	5:09.46 (45.81)	5:54.08 (44.62)	
	6:39.04 (44.96)	7:23.50 (44.46)	8:08.62 (45.12)	8:52.98 (44.36)	
	9:37.50 (44.52)	10:21.84 (44.34)	11:05.57 (43.73)	11:47.21 (41.64)	
2	Lucy Roper	40	READING-	12:30.00	12:41.30
	42.53	1:29.18 (46.65)	2:16.32 (47.14)	3:04.51 (48.19)	
	3:52.48 (47.97)	4:41.25 (48.77)	5:29.74 (48.49)	6:19.05 (49.31)	
	7:07.88 (48.83)	7:56.65 (48.77)	8:44.52 (47.87)	9:32.66 (48.14)	
	10:20.27 (47.61)	11:08.28 (48.01)	11:55.60 (47.32)	12:41.30 (45.70)	
3	Karen Molloy	40	AERLINGUS-	13:30.00	14:09.01
	45.77	1:37.12 (51.35)	2:30.01 (52.89)	3:23.38 (53.37)	
	4:16.54 (53.16)	5:10.64 (54.10)	6:04.70 (54.06)	6:58.68 (53.98)	
	7:53.19 (54.51)	8:47.18 (53.99)	9:41.24 (54.06)	10:35.64 (54.40)	
	11:29.57 (53.93)	12:24.06 (54.49)	13:17.90 (53.84)	14:09.01 (51.11)	

Event 45 Women 45-49 800 LC Meter Freestyle

Championship: 11:13.46 C 2008		Stel Farrar			
1	Allie Price	47	CITY OF CARDIFF-	11:56.23	11:16.49
	35.76	1:16.44 (40.68)	1:58.48 (42.04)	2:41.91 (43.43)	
	3:24.32 (42.41)	4:08.21 (43.89)	4:51.43 (43.22)	5:35.59 (44.16)	
	6:17.89 (42.30)	7:01.68 (43.79)	7:44.72 (43.04)	8:28.36 (43.64)	
	9:10.48 (42.12)	9:53.32 (42.84)	10:35.57 (42.25)	11:16.49 (40.92)	
2	Hannah Ueckermann	49	WITHAM DOLPHINS-	11:12.96	11:18.72
	38.77	1:20.13 (41.36)	2:01.73 (41.60)	2:43.51 (41.78)	
	3:25.54 (42.03)	4:07.75 (42.21)	4:50.52 (42.77)	5:33.07 (42.55)	
	6:15.72 (42.65)	6:59.32 (43.60)	7:42.63 (43.31)	8:26.14 (43.51)	
	9:10.02 (43.88)	9:53.88 (43.86)	10:37.37 (43.49)	11:18.72 (41.35)	
3	Anne Raymond	49	SEVENOAKS TRI-SWIM CLUB-	13:15.00	13:10.88
	42.51	1:31.31 (48.80)	2:20.82 (49.51)	3:10.69 (49.87)	
	4:01.23 (50.54)	4:51.26 (50.03)	5:41.96 (50.70)	6:31.98 (50.02)	
	7:21.63 (49.65)	8:12.23 (50.60)	9:02.80 (50.57)	9:53.35 (50.55)	
	10:43.38 (50.03)	11:33.77 (50.39)	12:23.11 (49.34)	13:10.88 (47.77)	
4	Gillian Ellis-Williams	47	CARMARTHENSHIRE MASTERS	13:40.00	13:43.42
	46.63	1:37.52 (50.89)	2:29.78 (52.26)	3:22.01 (52.23)	
	4:14.23 (52.22)	5:06.86 (52.63)	6:00.02 (53.16)	6:52.64 (52.62)	
	7:44.48 (51.84)	8:36.46 (51.98)	9:28.63 (52.17)	10:20.55 (51.92)	
	11:12.29 (51.74)	12:04.38 (52.09)	12:55.86 (51.48)	13:43.42 (47.56)	

Event 45 Women 50-54 800 LC Meter Freestyle

Championship: 10:23.49 C 18/03/2012		Dymphna Morris		Aerlingus	
1	Dymphna Morris	51	AERLINGUS-	10:40.00	10:23.49 C
	35.60	1:14.44 (38.84)	1:54.36 (39.92)	2:34.17 (39.81)	
	3:13.80 (39.63)	3:53.63 (39.83)	4:33.27 (39.64)	5:12.58 (39.31)	
	5:52.20 (39.62)	6:31.38 (39.18)	7:10.67 (39.29)	7:49.76 (39.09)	
	8:28.68 (38.92)	9:07.86 (39.18)	9:46.75 (38.89)	10:23.49 (36.74)	
2	Maggie Smith	54	CITY OF OXFORD-	11:55.00	11:33.30
	39.17	1:22.39 (43.22)	2:06.30 (43.91)	2:50.37 (44.07)	
	3:34.99 (44.62)	4:19.54 (44.55)	5:03.92 (44.38)	5:48.17 (44.25)	
	6:32.26 (44.09)	7:15.85 (43.59)	7:59.57 (43.72)	8:43.40 (43.83)	
	9:26.61 (43.21)	10:10.11 (43.50)	10:53.20 (43.09)	11:33.30 (40.10)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****(Event 45 Women 50-54 800 LC Meter Freestyle)**

3	Stella Farrar	53	ARFON MASTERS-	11:45.00	11:37.63
	39.16	1:22.62 (43.46)	2:06.97 (44.35)	2:51.31 (44.34)	
	3:35.93 (44.62)	4:20.03 (44.10)	5:04.11 (44.08)	5:48.62 (44.51)	
	6:32.68 (44.06)	7:16.45 (43.77)	8:00.03 (43.58)	8:44.00 (43.97)	
	9:27.68 (43.68)	10:11.61 (43.93)	10:55.31 (43.70)	11:37.63 (42.32)	
4	Delia Keen	51	CARMARTHENSHIRE MASTERS	15:52.91	16:43.27
	55.39	1:56.37 (1:00.98)	2:57.66 (1:01.29)	3:59.38 (1:01.72)	
	5:01.00 (1:01.62)	6:03.80 (1:02.80)	7:06.34 (1:02.54)	8:08.96 (1:02.62)	
	9:12.47 (1:03.51)	10:15.76 (1:03.29)	11:19.83 (1:04.07)	12:24.18 (1:04.35)	
	13:29.56 (1:05.38)	14:34.74 (1:05.18)	15:40.57 (1:05.83)	16:43.27 (1:02.70)	
5	Gill Miles	52	BRISTOL HENLEAZE-	17:30.00	17:22.71
	58.03	2:01.06 (1:03.03)	3:05.02 (1:03.96)	4:09.84 (1:04.82)	
	5:15.64 (1:05.80)	6:19.54 (1:03.90)	7:25.26 (1:05.72)	8:30.74 (1:05.48)	
	9:37.13 (1:06.39)	10:43.43 (1:06.30)	11:50.29 (1:06.86)	12:57.02 (1:06.73)	
	14:03.58 (1:06.56)	15:10.74 (1:07.16)	16:17.68 (1:06.94)	17:22.71 (1:05.03)	

Event 45 Women 55-59 800 LC Meter Freestyle

Championship: 11:07.96		C	18/03/2012	Anne Bourne	Camphill Ed
1	Anne Bourne	58	CAMPBILL EDWARDIANS-	11:32.66	11:07.96C
	38.08	1:19.48 (41.40)	2:01.82 (42.34)	2:44.44 (42.62)	
	3:26.79 (42.35)	4:08.94 (42.15)	4:51.27 (42.33)	5:33.54 (42.27)	
	6:15.40 (41.86)	6:57.67 (42.27)	7:39.66 (41.99)	8:21.99 (42.33)	
	9:03.85 (41.86)	9:45.66 (41.81)	10:27.56 (41.90)	11:07.96 (40.40)	
2	Elsa Stewart	58	CITY OF CARDIFF-	15:09.81	14:38.21
	45.77	1:38.22 (52.45)	2:32.21 (53.99)	3:26.50 (54.29)	
	4:21.36 (54.86)	5:15.71 (54.35)		7:05.37 ()	
	8:00.38 (55.01)	8:55.75 (55.37)	9:51.91 (56.16)	10:48.09 (56.18)	
	11:45.17 (57.08)	12:42.88 (57.71)	13:42.57 (59.69)	14:38.21 (55.64)	
3	Lorraine Crook	58	CALDICOT-	15:56.67	16:28.29
	55.64	1:56.34 (1:00.70)	2:57.23 (1:00.89)	3:58.72 (1:01.49)	
	5:00.63 (1:01.91)	6:02.16 (1:01.53)	7:05.20 (1:03.04)	8:07.28 (1:02.08)	
	9:10.54 (1:03.26)	10:12.80 (1:02.26)	11:16.20 (1:03.40)	12:19.62 (1:03.42)	
	13:23.16 (1:03.54)	14:26.24 (1:03.08)	15:29.59 (1:03.35)	16:28.29 (58.70)	

Event 45 Women 65-69 800 LC Meter Freestyle

Championship: 13:04.40		C	2010	Elaine Blower	
1	Rose Dudeny	65	MID SUSSEX MARLINS-	14:00.00	13:39.96
	46.26	1:37.44 (51.18)	2:29.91 (52.47)	3:21.77 (51.86)	
	4:14.52 (52.75)	5:06.05 (51.53)	5:58.59 (52.54)	6:50.21 (51.62)	
	7:42.65 (52.44)	8:34.16 (51.51)	9:26.23 (52.07)	10:18.08 (51.85)	
	11:09.35 (51.27)	12:00.80 (51.45)	12:51.82 (51.02)	13:39.96 (48.14)	
2	Margaret Weare	68	CALDICOT-	19:11.99	18:16.59
	1:00.57	2:10.64 (1:10.07)	3:18.24 (1:07.60)	4:27.44 (1:09.20)	
	5:37.21 (1:09.77)	6:46.28 (1:09.07)	7:55.26 (1:08.98)	9:03.88 (1:08.62)	
	10:13.60 (1:09.72)	11:24.33 (1:10.73)	12:32.32 (1:07.99)	13:41.41 (1:09.09)	
	14:50.57 (1:09.16)	15:59.39 (1:08.82)	17:08.61 (1:09.22)	18:16.59 (1:07.98)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012**Wales National Pool, Swansea****Results****Event 45 Women 75-79 800 LC Meter Freestyle**

Championship: 20:11.04 C 18/03/2012		Ann Humphris		Barnstaple	
1	Ann Humphris	75	BARNSTAPLE-	19:50.00	20:11.04 C
	1:04.64	2:20.63 (1:15.99)	3:37.16 (1:16.53)	4:53.08 (1:15.92)	
	6:08.73 (1:15.65)	7:27.01 (1:18.28)	8:43.23 (1:16.22)	9:59.69 (1:16.46)	
	11:16.49 (1:16.80)	12:32.90 (1:16.41)	13:49.42 (1:16.52)	15:06.96 (1:17.54)	
	16:23.61 (1:16.65)	17:41.73 (1:18.12)	18:57.17 (1:15.44)	20:11.04 (1:13.87)	

Event 45 Men 18-24 800 LC Meter Freestyle

Championship: 9:03.16 C 18/03/2012		Kieran Mackenzie		Bridgend Cty	
1	Kieran Mackenzie	18	BRIDGEND CTY-	9:06.18	9:03.16 C
	29.97	1:02.70 (32.73)	1:36.32 (33.62)	2:10.49 (34.17)	
	2:44.55 (34.06)	3:18.99 (34.44)	3:53.39 (34.40)	4:28.17 (34.78)	
	5:02.65 (34.48)	5:37.31 (34.66)	6:12.30 (34.99)	6:46.85 (34.55)	
	7:21.18 (34.33)	7:55.91 (34.73)	8:29.95 (34.04)	9:03.16 (33.21)	

Event 45 Men 50-54 800 LC Meter Freestyle

Championship: 9:41.35 C 2007		Simon Veale			
1	Iwan Ellis-Williams	52	CARMARTHENSHIRE MASTERS	12:00.00	12:24.82
	41.38	1:26.69 (45.31)	2:13.40 (46.71)	3:00.67 (47.27)	
	3:48.04 (47.37)	4:35.99 (47.95)	5:23.60 (47.61)	6:11.35 (47.75)	
	6:57.79 (46.44)	7:45.30 (47.51)	8:32.81 (47.51)	9:20.40 (47.59)	
	10:07.38 (46.98)	10:54.81 (47.43)	11:41.96 (47.15)	12:24.82 (42.86)	
2	Michael Battersby	54	CITY OF CARDIFF-	13:30.00	12:28.47
	39.58	1:25.20 (45.62)	2:13.33 (48.13)	3:01.95 (48.62)	
	3:49.40 (47.45)	4:37.71 (48.31)	5:25.85 (48.14)	6:13.81 (47.96)	
	7:02.09 (48.28)	7:49.99 (47.90)	8:37.89 (47.90)	9:25.11 (47.22)	
	10:12.59 (47.48)	10:59.66 (47.07)	11:45.87 (46.21)	12:28.47 (42.60)	

Event 45 Men 60-64 800 LC Meter Freestyle

Championship: 10:33.65 C 2008		Duncan McCreadie			
1	Paul Carr	60	SWANSEA SHARKS-	12:10.00	12:11.49
	38.03	1:20.40 (42.37)	2:05.92 (45.52)	2:52.20 (46.28)	
	3:39.14 (46.94)	4:26.12 (46.98)	5:13.24 (47.12)	6:00.86 (47.62)	
	6:48.16 (47.30)	7:34.93 (46.77)	8:22.50 (47.57)	9:09.58 (47.08)	
	9:55.57 (45.99)	10:42.75 (47.18)	11:29.14 (46.39)	12:11.49 (42.35)	
2	Peter Rank	60	CITY OF CAMBRIDGE-	13:01.00	13:23.87
	43.33	1:32.18 (48.85)	2:21.49 (49.31)	3:12.72 (51.23)	
	4:03.13 (50.41)	4:54.86 (51.73)	5:46.07 (51.21)	6:38.29 (52.22)	
	7:29.24 (50.95)	8:21.79 (52.55)	9:11.89 (50.10)	10:03.28 (51.39)	
	10:54.32 (51.04)	11:46.02 (51.70)	12:35.87 (49.85)	13:23.87 (48.00)	

Event 45 Men 70-74 800 LC Meter Freestyle

Championship: 12:06.52 C 2009		Geoff Stokes			
1	Geoff Stokes	73	SPENCER SWIM TEAM-	12:40.00	12:27.38
	42.80	1:29.74 (46.94)	2:17.36 (47.62)	3:05.12 (47.76)	
	3:53.65 (48.53)	4:41.64 (47.99)	5:30.55 (48.91)	6:19.02 (48.47)	
	7:06.01 (46.99)	7:53.16 (47.15)	8:40.41 (47.25)	9:27.41 (47.00)	
	10:14.70 (47.29)	11:00.80 (46.10)	11:45.77 (44.97)	12:27.38 (41.61)	
2	Tony Cherrington	70	GLOUCESTER MASTERS-	12:20.00	12:36.28
	42.85	1:29.42 (46.57)	2:16.85 (47.43)	3:04.51 (47.66)	
	3:52.76 (48.25)	4:41.32 (48.56)	5:30.02 (48.70)	6:19.49 (49.47)	
	7:07.18 (47.69)	7:54.38 (47.20)	8:41.77 (47.39)	9:29.15 (47.38)	
	10:16.11 (46.96)	11:03.15 (47.04)	11:50.76 (47.61)	12:36.28 (45.52)	



British Gas/Swim Wales Welsh Open Masters 2012 - 17/03/2012 to 18/03/2012

Wales National Pool, Swansea

Results

Event 45 Men 75-79 800 LC Meter Freestyle

Championship: 14:36.63 C 2008

Edward Askew

--- Richard Skerrett

77 CARMARTHESHIRE MASTERS 22:45.00

DQ

2:33.23 () 3:53.07 (1:19.84) 5:28.11 (1:35.04)

